

girl
GET
IT
DONE

FORTITUDE
to FINISH
WHAT YOU START

DONNA SNEED

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*This book is dedicated to every female who
is determined to do her best to show up ---
every single day - to be her best self.*

*For every woman who has ever struggled
along the way but decided (or is ready to
decide) to rise up, square her shoulders and
walk in the space as if she owns it.*

*For every girl who dreams of being
whatever she is created to be.*

Never (and I mean, never) stop dreaming.

*And for those who may have been told (a
time or two) that you are not good enough.
Or perhaps, you convinced yourself of that
lie; you have no more time to waste. Let the
power of God work in you.*

*You have the fortitude to finish what you
start. You just have to start.
Girl, get it done!*



ACKNOWLEDGEMENT

First and foremost, I give God all the glory for the gifts He has given me - with the expectation that I will multiply (what's in my hand) and continue to increase them until He returns.

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PRAYERS

MOTIVATIONAL QUOTES

INTRODUCTION

The first step is usually the one that makes us the most nervous. It's the thought of having to let go of what has become very familiar for however long it has been.

Many of us have held on to multiple reasons (excuses) to keep the pile; even though it has been months or years since we last dug into it. This is what makes that first step the most difficult. But as you take inventory of where you are, you realize the time is now. Time to assess every situation, every closet, every thought you have hidden away in the corridors of your mind and begin the process of elimination.

Breathe in. Breathe out. You have survived many situations you thought were going to take you out of this world. You can get through this.

Yes, today is the day. Open the room, walk in. Open the closet, reach in. Fix your eyes on the clutter and allow your mind to think about what **could** be. Imagine the space you would have to display what is actually valuable. Imagine the neat, clean, organized space this could be. Can you see the end results of the project? What about the startup business or the unfinished book you need to write? Oh, the potential! Oh, the possibilities!

You see, to hold on to what you really don't need is really a hindrance to people, places, and things waiting to enter and impact your life.

Your family, organization, ministry, or relationship depends on the next move you make. Girl, get it done.

GIRL, GET IT DONE



Your life is a
whole book.
Every day is a
chapter.

- DONNA SNEED

CLEAR THE CLUTTER

Do you have multiple projects going on but can't seem to get any of them completed? Perhaps it is time you considered pausing and reflecting on exactly what you are doing at the moment. Are you truly busy getting things done or are you simply, doing "busy" work to avoid cleaning out the junk that has piled up all around you?

Yes. You read that correctly. Lots of people would rather continue in the cycle than take time to clear the room of all debris. This is sometimes the very thing we need in order to move toward the finish line: clearing the clutter!

Did you know clutter can affect your anxiety levels, sleep, and ability to focus. Yes. It can also trigger strategies to avoid what must be done and lead into eating *junk food* and binge-watching shows to avoid coping with situations.

Many people who see their homes as having clutter show signs of higher levels of cortisol, the stress hormone that is linked with chronic stress.

Do yourself a favor and pay attention to your body language the next time you walk into a space full of clutter. You will most likely **feel** the difference in your entire countenance.

When that happens, you know it is time to take action.

CLEAR THE CLUTTER



This is your moment to replace what slows your progress with what helps to promote your growth. It really is simple but like many people, we make it harder than it is. It takes a well made up mind, a will, and of course, prayer and faith to replace old habits with good ones. And don't forget about emotions.

Emotions are a necessary part of life but do not let them take over your life. Learn to hear beyond what is spoken and even beyond your own intellect. See the big picture and purpose for your life. This may require a deeper walk with God; asking for His guidance and especially His wisdom for every situation. He will give you the very strategy you need to finish what you have started.

It starts with the assessment of self. Give yourself the grace today. Yes, the grace you, often, give to others is available to you as well.

The grace of God is sufficient for the day. It is the enabling power to complete every project and to utilize the gift you have within you. Fix your focus.

It may be a slow start but it is a start. Grab the necessary tools and began to make haste. You have much to present to those who are waiting. One step at a time. Throw out the garbage. Empty your mind of thoughts that are dishonest and debilitating. Clearing the clutter around you will change the trajectory of your life.

GIRL, GET IT DONE



Be strong in
the Lord and
in the power
of His might.

EPHESIANS 6:10

JUST BE

We are living in a time when people are busy trying to be, act, or resemble someone else. Rather than enjoy the beauty they have been given, they spend money, effort, and time trying to be different from who they are created to be.

There is absolutely nothing wrong with admiring others. Truth be told, many of us have watched the lives of our parents, grandparents, friends and countless others and learned the good, the bad, and yes, the ugly. Some of those examples may have helped you become the person you are today. The challenge is to know exactly who you are and determine if you are who God has called you to be.

Children have the most incredible ability to pretend and imagine some of the wildest and greatest things. And over time as life happens, they grow up and soon allow the stuff of life to cloud their thoughts. Perhaps you are experiencing this even now. Well, today is your day to not just **exist** but to live!

You are blessed to **be** the person God intended you to be. If you are unsure of His plan for you, ask Him. He is willing and ready to give you the answer. Do not settle for a life or lifestyle that leads you to becoming what others want you to be.

You are uniquely, fearfully, and wonderfully made. Do not settle for the *knockoff* version of yourself. You are an original.

JUST BE

Remember that and act like it.

Quit **trying to be** and just be. Be content in the state that you are in but do not settle there. Strive to be the best version of yourself. No one else can be better at being **you**, than you. There are way too many people who depend on you but do not let the pressure of that thought cause you to bury your head in the sand.

Get busy growing. Get busy learning your craft, developing in your gifts and increasing your knowledge as it relates to doing business and life in general. Learning to be your authentic self will give you so much liberty that you will wonder why it took you so long to reach that place of peace.

No one can do what you have been gifted to do; as well as you can. Sure, there may be many doing what looks to be similar but no one can do what only you are called to do. Be you. Be strong in the Lord and in the power of His might. He has equipped you to do it and not only that, He is expecting you to do it well.

Don't settle for being like
everyone else. BE your
authentic self.

GIRL, GET IT DONE



Brethren, I count not myself to
have apprehended: but this
one thing I do, forgetting
those things which are
behind, and reaching forth
unto those things which are
before...

PHILIPPIANS 3:13

ONE THING

Friends, don't get me wrong: By no means do I count myself an expert in all of this, but I've got my eye on the goal, where God is beckoning us onward—to Jesus. I'm off and running, and I'm not turning back. Philippians 3:13 MSG

Sometimes it helps to fix our minds on one thing at a time. No attempts to juggle a dozen different sizes of problems. This is your day to focus on the task at hand. After all, who wants to go against the natural flow of grace (that enabling power to complete what is ready)?

Perhaps you are not the expert in the field, but one thing you must know is that you have a mission to accomplish. And the question is always, *if not you, who? If not now, when?*

One of the worst enemies to achievement, is procrastination. Yes, procrastination is a tactic to delay your successful completion of a project or chore. Many times the enemy is the person you see in the mirror. Don't misunderstand what is at stake or make the mistake of pointing the finger at anyone else. Simply, take a moment to calm your thoughts, silence anxiety and the overwhelming pressure, and do one thing at a time. Focus on **one thing**. One task. One chore. One chapter. One scripture.

ONE THING

Decide, today will be the day you move the needle. No hesitation and absolutely no doubt. Without doubt, you will get what you speak because you believe. Not that you have all the answers but you know the One who holds them all. And He is only one call away.

There is a saying that has been around for many years. *"the quickest way to tackle the elephant in the room is one bite at a time."* This is your assignment for each day. Make it your goal to do at least one thing toward your success. And by all means, try something different. That is, a different way of seeing the end result. Imagine a different way of getting to your desired destination. It may be a different road but as long as you get to the desired point, you will be okay.

“

Don't
apologize for
being there.
Apologize for
not being able
to stay longer.

- DONNA SNEED

UNAPOLOGETICALLY PRESENT

Are you anxious about what is next? Do you find your mind wandering off into the clouds, distracted by tomorrow? My friend, you are promised **today** and today only. Right now. This very moment.

There is much to be done today and you are the person for the job. So take your head out of the clouds, get in the game and take the shot, for heaven's sake! The buzzer is about to sound aloud and you are still holding the ball --- or the bag.

What if the decision for which you are responsible is not the supposed "winning" shot. The greatest message is that you are bold enough to get in the game and work. Girl, hold your head up because you have come a long way. The position that you hold may be a tough one but you are in it. Do not apologize.

Second guessing is not an option for you anymore. Seek the Lord in faithful prayer, speak to the mountains on your journey and declare this is your God-ordained path. He will give you the strength to move those mountains and safely guide you through the valleys of life.

As a matter of fact, God will make your feet like hinds' feet and cause you to be lifted above the stumbling blocks.

UNAPOLOGETICALLY PRESENT

Remember, he gives the Angels charge over you; to keep you from hurting yourself. There comes a time when you must truly walk and live by faith. Today. This moment is the time. Take advantage of the time. Work one thing each day to accomplish your goal.

Sometimes the problem is not the goal itself but perhaps you need to start at the very beginning and work one piece at a time. Forget about yesterday. For yesterday is over. The only thing you can do is learn from the lessons of yesterday and move forward in the present.

Girl, press! Push yourself toward that "to-do" list. Mark those tasks you complete for the day and move to the next. Sometimes, this may require you to say **no** to some invitations to socialize. But it won't always be like this.

Stand firm in your position and intent to finish and those who love you will understand. The most important thing for you and perhaps your family and any other relationships, is that you be present. In the "now" --- unapologetically. Because you have goals to reach and a divine purpose to fulfill; by the grace of God.



GIRL, GET IT DONE

“

fortitude:

courage in

pain or

adversity.

TAKE COURAGE

*"it takes courage to do something no one else
around you has tried."*

Take: to lay hold of (something) with one's hands; reach for and hold.

To "take" something isn't always a bad thing. In this case, we are speaking of courage. The internal strength that shows up in strange places of testing is courage. You never truly know how courageous you are until you have been faced with a situation that, at first glance, seems scary. But "something" inside of you will rise up when you have a desire to live - to overcome.

It may be necessary for you to lay hold of that boldness and speak the word of God over your life. After all, we cannot take credit for the quick, powerful, authority of the word but we are authorized to use it.

When the weight of responsibilities come - and they do - take courage into the decision-making process with you. Call for godly wisdom to carry you through. Perhaps this time you need the help of those around you, Some seasons require you to walk alone while others provoke you to call on courage: let go of pride and call for backup.

TAKE COURAGE

That is, allow the gifting of others to satisfy the place where you lack the creativity or the knowledge in specific areas. This takes courage and better yet; trust.

You may need to interview others or do a little more market research and analysis to determine who has the skill sets you need to complete your project. Take courage in **knowing** exactly what you need to finish strong. As you meet new people, you will become aware of their gifting and from there, you will be able to make better judgments about the friendship or partnership.

Do not be afraid of the distinction between friendship, partnership or both. There will come a time when the network will succeed only for a season. And you must be okay with that.

When you understand what you are purposed to do; you can identify the things and people that do not belong in the season you are in. It is imperative that you are courageous in these seasons. Otherwise, you will not be able to maneuver through the differences or finish what you start. Take courage, my friend.

GIRL, GET IT DONE



...in honor
preferring one
another; not
slothful in
business;

ROMANS 12: 10b, 11a

KEEP UP THE PACE

Striving to excel!

Do not be slow about putting things in order. Organize your thoughts. Organize your project. This is the way to a finished product or service for your customers, company, or individual partners.

As you look around, take notice of those who are doing business and doing it well. Consider what they are doing, take notes and follow some of their patterns of success. Learn what you can from others who are working their business with excellence.

Remember, you are competing with no one. Your challenge is to set your own pace and keep up. In other words, remain diligent in business; ***no lagging behind.***

For years, we have heard the old adage, '*the early bird catches the worm*' which, simply put, still holds truth. The one who gets up early enough, makes time to prepare for the day. Before everyone else has the chance to get in and offer up any input or crowd the room, prepare yourself.

Find out what is required for your next move, promotion, or elevation and get busy attending to those things. And by all means, educate yourself.

Timing is everything and you must be in tune (in sync) in order for you to keep up the pace and strive to excel.

KEEP UP THE PACE

The only way to do it
is to execute a plan that
will ensure your
excellence in whatever
you do!



GIRL, GET IT DONE

“

Never, never,
never, never
give up.

-WINSTON CHURCHILL

PERSEVERE

The gift (giftedness) on the inside of you is pleading and groaning to be released. Yes. It has already received exactly what is required to operate successfully.

Are you the hold up? Have you made a decision to give up on your dreams? Perhaps the very reason you are reading this particular book is because you have not. Perhaps today is the day you have chosen to persevere. If that is the case, it is indeed a day of celebration!

Frankly, everything around you has been awaiting this day. A day of re-calibration and reset is necessary to help get back on track. Be encouraged to keep going; even through the bumps in the road. By now you know *winner never quit* nor do *quitters ever win*. So it is your time to choose which side you want to be on.

Every day is not going to be sunny but with every day you're alive, comes your chance to choose to go forth. To use the strength of the day, the smile on the faces of your loved ones, a social media "positive" post, or a reminder that God is faithful. And He expects you to utilize your faith in Him to help you on this journey to get to the end of the work that is embedded in you.

Perseverance through the pain will bring great benefits and blessings into your life. Don't quit now.

P E R S E V E R E

Some days may require you to wait but you do not get a pass to excuse yourself from the race.

When you think about the body builder, you notice the ripples of every muscle. You can't help but take note of the biceps, triceps and hamstring muscles that look strong and the body that screams of great health. Well, this did not happen overnight. No doubt there were days and months of hard work and perseverance. Days and perhaps nights of fighting through temptations to eat everything in sight and skip the workout.

At some point in life, everyone faces temptations to quit; to throw in the towel. But with every temptation there is **always** a way of escape. But you must choose the way.

Rise up dear heart. Brush off the residue of the past (even if it was just hours ago) and push on!

GIRL, GET IT DONE

*It doesn't hurt to
map out the
plan of action.
It can only help.*

1



2



3

MAP IT OUT

If you are looking at your project and it seems overwhelming, back away from it for a bit. Take a break and come back to it. However, do not lose sight of your goal.

Grab a notepad and pencil. This is going to be fun!

What is the very first step that must be done? Even though it may seem menial, write it down. Yes, literally write down every.single.step. Beginning with number one, then number two, number three, and so on and so forth.

Keep going in this flow even if it means you must grab another sheet of paper or sharpen your pencil. Do not stop until you have mapped out your entire task.

Believe it or not, for some people, this is the only way they are able to get started. Trust yourself in this process. Even if you have to go back to the top and insert other steps you may have left out, use the eraser. It is going to be okay. The point is to write your steps out ---- all the way to the end; at the finish line.

Now the work begins as you actually **do** what you have written. No skipping. Start at the top and work your way through. "Mapping" your process will definitely provide some relief as you think through it.

You may find it much easier than you thought.

It may surprise you to finally realize just how good you are at what you do. Others have been trying to tell you how much they appreciate your product or service but perhaps it has been difficult for you to believe.

After investing the time to plan out the way to reach your end goal, perhaps you can see in yourself what others have been expressing all along. The hardest part is done when you have written the outline or sincerely thought through the way you are going to get things done from now on.

Now you can breathe easy. Set aside "pockets" of time; specifically to support your dream, vision, or goal. Before you know it, you will have completed the first task and already on to the next. *Girl, get it done!*

GIRL, GET IT DONE

Trust in the LORD with all your heart and do not lean to your own understanding. In all your ways, acknowledge him and he shall direct your paths. Proverbs 3: 5-6



People are more
willing to work
with those
whom they trust.

BUILD TRUST

Trust: *assured reliance on the character, ability, strength, or truth of someone or something; one in which confidence is placed.*

There are multiple components that are important when it comes to great relationships. But one that stands out is **trust**. In successful relationships, this works in a couple of ways: (1) you must trust those with whom you serve and support, (2) they must be able to trust you.

With all of the technology and ways to get things done these days, people don't seem to be as trusting. That lack of trust comes years after hackers and scammers began stealing from the elderly, the misinformed, the disadvantaged and those who often, do not pay close attention to these deceivers.

So with that stated, if you want to gain friends, build your business, or complete a personal project, you must learn to build trust. For the most part, people pay attention to those they feel most comfortable following or listening to. Set yourself in position to learn from and listen to others. Perhaps you may know a lot of things. In other words, you may be very resourceful but in some circles and seasons, you may have to just "listen" for a while.

BUILD TRUST

Keep in mind, your life speaks volumes about you. How you maneuver and handle yourself in the crowd or in the room alerts those who are watching. Yes, your actions (what you do) truly speak louder than words; more often than not.

Observe what is happening in the room sometimes. You never know. This could be your opportunity to build friendships or partnerships with other like-minded individuals in that space. You are reading this particular book because - truth be told - you recognize you have a need for some straight-forward talk! Yes. The kind of encouragement that provokes you to get back in the game; to wake up and shake off whatever has been preventing you from diligently working to finish (whatever you need to accomplish) THIS year.

The point of this chapter is to get you to consider what you are doing to help others be or become confident that what you say, you will do. And if you are in business, do it in such a way that what you sell or present is done in a first class way. You must be trustworthy, accountable and dependable in whatever capacity you decide to work.

Don't make this difficult. Give yourself that grace and start somewhere. Start with prayer, receive God's divine empowerment, then **trust yourself** to "serve" until it is finished.

“

Get to know
yourself again.

You will be
pleasantly
encouraged.

STRANGER DANGER

This is not what you are thinking.

Well, maybe it is. But let's look at it this way before your mind starts wandering. Consider asking yourself a few questions.

Have you been *away from* your project, chore duties, family, marriage, ministry, money or mind so long that you have become a stranger? You know, that person who no one at the house party even knows. Or that strange individual you warned your children or family members about. Do you even know what it is that you are supposed to be doing right now?

If your answer is a resounding *yes* and *no* - in that order - you are officially a stranger to your own success. And this can be dangerous, in the sense that you hinder (or slow) your own good success because you have not kept up with the tasks.

Now before you go getting all serious, misty-eyed and feeling guilty, stop right there. This is an **opportunity** to get to know yourself and the assignment...again.

STRANGER DANGER

This is the right time to truly consider what you want to do from here. You see, in times like these (having been away from your assignment for quite some time), it is necessary to gain clarity again.

Without a clear path, you will find yourself doing multiple things, working on many different projects and completing none of them. Talk about frustration!

So get to know your goals once again. Rewrite them if you must. But be confident in the very thing you want and go for it! Familiarize yourself with the steps along the way and by all means, do not allow yourself to lose focus or become a stranger to your own success this time.

This may take a few days or a few weeks. So be kind to yourself and push at the same time. Sometimes telling someone you can count on to hold you accountable may be necessary. Consider reaching out to an individual or join a group with the same or similar vision as yours. And don't worry, what you are equipped and assigned, belongs to you. No one else can take over your assignment unless you volunteer it away.

Go on. Jump back in. You have a goal to reach and what better time is there...than right now!

GIRL, GET IT DONE

“

See beyond
the weight
and get to the
core of the
matter.

EXERCISE. EXERCISE. EXERCISE.

No, this is not a drill. This is the day the Lord has made and you are going to rejoice and be glad in it! You have been carrying on about how much you have gained weight so let's get it girl! Here's the scenario...

Ah, yes! The thought of the two dreaded words that often send many into a tailspin: weight loss. There they are staring you right in your face and the only thing you can do is shake your head. You have tried and tried and tried but for some awful reason, you just can't seem to keep the momentum.

Well, that was then. This is now. You no longer have the excuses you have held onto for months because there are lots of things you can do from the comfort of your home. Yes! Right now.

You have looked yourself in the mirror time and time again. And each time, you see the face of disappointment in no one except you. Well, look again. Yes, look at yourself in the mirror.

EXERCISE. EXERCISE. EXERCISE.

Are you truly satisfied? Are you truly happy with who you see looking back at you? If you are not, do something about it! See the beauty beyond the weight. Remember the things you once were able to do but now feel limited.

This time, don't talk yourself out of caring for yourself. Next, for your own sake, do not compare yourself with anyone else. There is absolutely nothing wrong with admiring those whom you consider mentors but remember, you are not your mentor. You are you and no one can be better at being **you**. Let's go!

Grab a few cans from the pantry and begin lifting them up over your head. It's okay to start small. Lift one arm at a time in repetitions of five and build from there. Next, sit in a straight back chair from the dining room or from wherever there is one. Sit comfortably but don't sit all the way back in the chair. Place your hands on each side (near your butt) and stretch your legs forward, heels touching the floor, then back in the flat position. Practice a few repetitions, then work each leg individually. Take a quick break and do it again.

These are the simple things you can do without stressing yourself to join a fitness center. Of course, when you are ready to take it to that level, do it for yourself! The point is to hold yourself accountable to take charge of your body. Exercise will give you lots of energy and get rid of that feeling of brain fog that steals the life you were meant to live.

“

If you are
going to go
for it, go big.
Go BIG or go
home!

GO FOR IT!

Have you ever heard of Hadassah, from the Bible? Perhaps you may remember her by the name of Esther.

Esther had lost her parents and was raised by her cousin Mordecai, a man of great faith, who taught her all about God. She grew up watching him worship his God and soon became a young woman growing into her own faith in the same God.

Well, little did she know, there was an opportunity headed her way that would drastically change, not only her life, but the lives of her people. The story goes on and soon her cousin told her about the word on the street. That the King was looking for a new wife, a new Queen and she was going to get the opportunity to go to the palace (as she had dreamed of).

Esther, like many, briefly doubted herself. She wondered how she would even compare to others within the land. Surely, there would be others more beautiful than she - or so she thought.

Are you like Esther? Doubting your abilities and the greatness that you have yet to discover about yourself?

GO FOR IT

Before you count yourself out, give yourself a chance. Instead of asking, 'why me God?' Instead, speak well of yourself and say, 'try me God.'

Every good gift and every perfect gift comes from above. You are that gift to the earth and never, ever forget that. There are others who need exactly what you have on the inside of you. That assurance, confidence, and boldness that you have is what others are looking for. If those are not your strengths, perhaps you have the ability to listen well and provide great wisdom to those who trust you.

Regardless of what your unique gifts are, you must realize, like Esther, that you have experienced some tough situations and now is the time for you to rise up, find your purpose, and help others to find theirs.

Go for the interview. Go for the promotion. Go for the business venture. Go for the class. Just don't fall prey to the sneak attack of the enemy who tells you that you are not good enough. Remember, the devil is a liar, the father of **all** lies. He cannot tell the truth. But you know the truth. Now go for it!



Self-love is a pre-
requisite of the
greatest command
*to love others as
you love yourself.*

MATTHEW 22:39

HONORING ME.

These two words can sometimes be the most difficult to handle because many of us are always in the mode of honoring others even at the expense of our own. While it is necessary for you to put others first, your support to them will only be as strong (or as weak) as your support to self.

Seriously, the world will not go down if you took some time out to do something you actually *want* to do. Usually those who are so loving towards others become negligent or perhaps don't even know *how* to give themselves time to simply, relax or take a drive on a beautiful day.

Yes. Try it sometimes. Ask yourself the question and truly consider the answer: *what do I want to do today?* If you are not the one who would go to a movie alone, call a friend you haven't spent time with and have some fun time out. There is absolutely nothing wrong with a spa day or a taking a day off when everyone else (including your husband) is working.

HONORING ME

If you are one who enjoys precious quiet time, find the opportunity, adjust your schedule to make it work for **you**, and take it! You are a valuable source of strength and wisdom to many. Build your strength. Take some time to finish reading or writing that book you started. Do a driveby to your favorite store, window shop, or simply, go grab some lunch. Regardless of what it is, do something for you!

Everything else will be alright while you indulge in your own life for a moment. After all, you will be much better prepared to support others when you are recharged and feeling great.

Something else to think about...

As you respect others, do whatever is necessary to ensure they show the same respect. This is another way of honoring self. The truth of the matter is, people will disrespect your time, talent, and resources as long as you allow them to do so. If this is happening in your life, decide today that you will not honor it anymore, cut some necessary ties, and just *get it done*.

GIRL, GET IT DONE



TURN YOUR
FACE TO THE
WALL AND
PRAY.

ISAIAH 38:2

HEAL.

It is very painful when someone you love cuts you with sharp words - even if they are true. Do not cut off your life because of what someone else has done. Do what is necessary to get those lingering thoughts out of your mind. And by all means, stop allowing the "replay" of that day or those words to stifle your movement.

Remember the old way of recording messages with a tape recorder? Once you press the record and play buttons together, it was on! The recording would not stop until you pressed the stop button. Today is that day!

As hard as it may seem, you have got to get up from this spot. It is okay to mourn the loss of someone you loved and even feel some type of way toward the loss of a once "great" relationship. What is NOT okay is that you stay in a state of loss, sorrow, and defeat forever.

Shake yourself. Or at the very least, allow those who love you to truly "love on you" during the difficult times. You trust them when things are great so let them help you up so you can heal.

HEAL

And if no one comes to your rescue when you think they should, it is still not an excuse to linger in sorrow and continue feeling sorry for yourself. Your "rise up" starts in your mind.

When Hezekiah (Isaiah 38) became sick (unto death), he turned his face to the wall and began to talk to God. Let's be honest. Some of the sickness and pain we have endured will be removed when we turn to God in prayer. Yes, some of the issues you face will diminish because of the demonstration of God's power in your life.

Today begins a new day of learning how to let go and allow the Holy Spirit to work in you and on your behalf. Keep hold of the beautiful memories you have been blessed to receive and experience. Work on building new relationships and creating new memories.

You may have moments of tears in the future, but life doesn't stop at the tears. Use them to propel you into better days ahead. Let healing be your portion today. *Girl, get it done.*

“

Be not weary
in well doing:
for in due
season we
shall reap, if
we do not
faint.

GALATIANS 6:9

KEEP MAKING MOVES.

So, you're ready to quit and you have given yourself multiple reasons why that's the answer. Really? So what if no one knows your name! Who cares that they don't even know what you do!?!

Think of all the superstar athletes who work their butts off in practice or singers who rehearse their songs over and over again and no one even acknowledges them for the hard work they have put in. Regardless of whether someone notices or not, please know God sees you. Yes! He sees the effort you have put into building your portfolio, developing your craft, and taking classes to get better at what you do.

Though no one recognizes you and the spotlight is not on you, your gift will make room for you. Keep making big moves - even when no one is looking! Rest assured that what you do behind the scenes will pay off. Just don't quit.

You do not want to look back years down the road and regret that you didn't keep going and growing. Put your best effort forward and always work with excellence.

KEEP MAKING MOVES

Continue to shine bright in dark places. Time will not always be in your favor but remember, every day you are alive is an opportunity to take advantage of the day you are given. Don't waste it sulking in sorrow, jealousy, envy, bitterness, or competition. Release yourself (and others) from the weight of these things that keep you from **being great**.

When the light shines on you (in your season), others will know that you have spent your time working. They will know you committed the time you were allotted to practice behind the scenes. When the timing is perfect, you will be able to demonstrate externally what you have been working on "internally."

You see, it really doesn't matter if they know you. What matters is that you know who you are and to whom you belong. What matters is that you have put in the work and now the doors are opening and God is making good on the promises He made in your life! Keep working and serving with excellence. Everything you are doing is to be a blessing to others. Don't settle for the sideline. Keep making BIG moves!

GIRL, GET IT DONE



The teachers of the law
and the Pharisees sit in
Moses' seat.

So you must be careful
to do everything they
tell you. But do not do
what they do, for they
do not practice what
they preach.

MATTHEW 23:2-3

LIVE WHAT YOU PREACH.

Don't be hypocritical. Yes, let's jump right on into this. We see it way too much in society where those who are in high positions, sitting in the highest (best) seats take advantage of the benefits they receive from those positions but they do absolutely NOTHING they say or force others to do.

Do not be like this. If you are to be the best leader God has made you to be, you must not conform to this type of hypocritical lifestyle. There are people watching you and they need to see some solidarity and stability. These days while many are wishy-washy and all over the place mentally, be the constant in your community. Be the one upon whom others can depend.

Let truth be first and foremost in your own life so that when you stand before others, they may not be able to accuse you of being "fake". Sure, there will be some doubters in every crowd, but do not let your good be evil spoken of. In other words, just because they say it doesn't make it true unless it is.

LIVE WHAT YOU PREACH

At the end of the day, it is more important to actually "BE" the example you talk about. Strive to share the same great character qualities inside your home as you do outside of it. There are enough people walking around with fake identities, living fake lives, and missing out on the benefit of simply being their authentic selves.

Be Authentic.

Don't waste time beating others over the head - especially if you are not a good example. In other words, walk the talk and practice what you preach. You will find - it goes a long way and those around you will see you as someone trustworthy they would want to be around or do business with.

GIRL, GET IT DONE



When our enemies
heard that we were
aware of their plot and
that God had
frustrated it, we all
returned to the wall,
each to our own work.

NEHEMIAH 4:15 (NIV)

STAY ON THE WALL.

Do you remember Nehemiah, the King's cupbearer, who had a desire to help rebuild the walls of Jerusalem? He had a burden on his heart, he took action, and went before the King to ask for permission to assist. Not only did he receive the King's authorization but also favor. Yes. He received support such as funding, material, supplies, and other resources to begin the mission.

Whatever task you are face with, will take support and resources. Especially if it is bigger than you. After all, those that are purposed by the Lord, will most likely be much bigger than you and your personal resources so get ready. This may just be your opportunity to open your heart to those who may not look like you or live in your neighborhood but they have what you need to finish the task.

Don't worry about those things. Pray for divine direction and listen intently for God's answer. Surely, He will answer you when you call on him in truth and sincerity of heart, mind, and spirit.

STAY ON THE WALL

Build sis!

While you are working, remain vigilant and alert. Your enemies (procrastination, excuses, distraction, fear, etc) are lurking around looking for any opportunity to cause you to give up on job and come down. Do like Nehemiah when his enemies showed up day after day. Keep your focus forward. Refuse to listen and keep working until you are done. **Stay on the wall!**

GIRL, GET IT DONE

“

The apostles
said to the
Lord, “Increase
our faith!”

LUKE 17:5

STRETCH.

In context, Luke 17 speaks of Jesus as he instructs the Disciples about rebuke, repentance, and forgiveness. He tells them to *watch themselves* when brothers or sisters (those closest to you) come against you. He says rebuke them and if they repent, forgive them. And if they come to you seven times to ask for forgiveness, *'you must forgive them.'* Immediately, the Disciples respond to Jesus with a resounding, *'Lord increase our faith.'*

Beloved, there will times when you will want to respond to naysayers, backbiters, shade-throwers, and fiery darts thrown by loved ones alike. You may be tempted to quit just at the break of day and when you are almost at the finish line but don't you dare!

Stretch your faith like this is your last chance and as if someone's very life is dependent upon the release and completion of the project, start of the business, writing of the next chapter, or ministry endeavor. The reality is, your purpose is at stake here. No one deserves to sit in the place where the Lord belongs. Not even you.

STRETCH

Pick up the broken pieces and begin from where you are. If for some reason, you have already lost your footing, stand still and get your stance back. Flick off the dust, clean your face, pop in some worship music if you have to, and get back on track. You want to be in sync with God ---- not one step behind Him.

This project may require a little extra information or resources, but it is not a reason to doubt the value of it or yourself. STRETCH YOUR FAITH. God is not through with you. He is right there with you in every step of this process.

Speak to the mountain or whatever is in your way. Declare it defeated and tell it to MOVE out of your way.

Finish Strong.

“

In everything
give thanks,
for this is the
will of God in
Christ Jesus
concerning
you.

1 THESSALONIANS 5:16-18

REMAIN THANKFUL.

With all of the weird and crazy things that are happening around us on a daily basis, it can become easy to lose focus and forget to be thankful. When you remember and trust that God is fully in charge, it allows Him to work - by His Spirit - and release the power to fix your focus and get back on track.

No matter what is going on, seek to do what is right and expect what is good to come your way. This doesn't mean you won't face challenges, but it does mean you will be able to get through them because the joy of the Lord is your strength. It is during the toughest of times that God's strength is made perfect in your weakness. He is looking for your heart of gratitude because He knows it is your weapon.

Even in the midst of wrong-doing, you can remain thankful. Develop a prayer life full of the Scripture and watch the word rise with power during those times. In 1 Timothy 2:1, we are encouraged to make supplications, prayers, intercessions, and thanksgiving for all people.

REMAIN THANKFUL

Yes! This can be easier said than done but it is certainly do-able.

God wants you to be reminded of His great, faithful love which never ends. And according to Lamentations 3:23-24, His mercies never cease, great is His faithfulness, and His mercies are new and fresh every morning!

That is enough to begin your day with a heart of thanksgiving and a mouth filled with praise unto the LORD. If this is difficult, begin to think about where you could have been but the Lord brought you through and out of a terrible situation - or helped you make the best decision of your life.

Begin your day with whatever you are grateful for. This will help develop a habit of gratefulness. You will see the progress of your thought patterns as you begin to look around and be thankful for the simple things.

Girl, get it done. You cannot afford to lose momentum now. Give thanks in **all** circumstances; for this is the will of God in Christ Jesus for you.

“

Sometimes
it's necessary
to **be the**
leader (who
shows the
group) how to
follow.

TAKE THE LEAD

(and follow the leader)

Great leadership comes from those who have learned how to serve well. Perhaps, they were privileged to observe how other successful men and women maneuvered through difficulties and decisions. Whatever the situation, it is most beneficial to be mindful of how you handle what belongs to others; especially if you are on their team.

If you want to excel in personal, business, or ministry matters, the best class is the one where you connect with those who are walking in sync with the God of the Bible (the One you claim to serve). Way too often, those who have been genuinely called to serve, move too fast. They are anxious and ambitious -- with no proper training. And soon, they find themselves burnt out because they have gone *ahead of God* instead of waiting on His timing and release.

Look around you for those who are solid in their faith. Yes, someone whose lifestyle indicates faithful commitment to whatever they do. Remember, just because you choose to follow, doesn't mean you are not a leader.

TAKE THE LEAD

If you are on a team being led by someone else, find your role, do it with excellence, and offer the best support possible to the one in charge. This level of commitment will bring you joy and for sure --- promotion (from God).

“And if you have not been faithful in what is another man’s, who will give you what is your own?” Luke 16:12 NKJV

God is watching and He is most assuredly, interested in what you do while you are not the head person in charge. Can you be depended upon to continue being faithful to the vision of another leader? Or will, at the end of the investigation, your fingerprints be the ones that show up at the scene of the crime, but you are MIA (*missing in action*)?

Keep in mind, your teammates are watching you. And it is important for you to know and understand the impact you have on their lives as well. It is even more important that you realize the account you will have to give for allowing the undermining, under-handed schemes of the enemy to work through you.

Don’t fall into the trap of trying to hurriedly put yourself in the position that is being held by someone else. Thinking you can do it better. When the time comes, perhaps you will. But for now --- take the lead --- and **follow**.



A double-
minded man
is unstable in
all his ways.

JAMES 1:18

MAKE A DECISION

(and stick with it)

There are multiple decisions to be made every day. These can be overwhelming and stressful depending upon the impact to our lives, but we must learn to make the right choices. Of course, choosing the right path is not always easy.

Connect with those who are strong leads - in community, church, corporate, and more importantly, in character. It is your responsibility to truly know them that work and live amongst you. Surely, you will be able to learn and grown from them - and even the mistakes they may have made (a time or two).

As you develop friendships, decisions will have to be made regarding some of those same relationships. Sometimes the hardest decisions to make are the ones that lead us to crossroads. Yes, those are the times we have the most hesitation. Why? Because we are a people who enjoy close knit families and friends. Of course, there is nothing wrong with this, but seasons change and sometimes, in order for you to get to your own personal finish line, you must choose...

MAKE A DECISION

...and choose today. **WHAT DO YOU WANT?**

Do you want to complete the project within the set timeframe, or do you want to wallow in regret as time passes you by? Making good decisions is crucial to your life purpose. There are a number of benefits that can come from good decision-making skills.

If you desire to get to your finish line, making good decisions can positively affect your team objectives and personal goals. During times of indecision, Psalm 25:4 is a great prayer which encourages us to ask the LORD to show us his ways and teach us his paths. And when you don't know which path to take, this is the perfect start.

When it comes to the purpose to which you are called, you cannot afford to doubt or become unstable in your thinking. This leads to procrastination and if not dealt with immediately, you will find yourself at a stand-still. Another great prayer is found in Psalm 86:11 - *“Teach me your way, LORD, that I may rely on your faithfulness; give me an undivided heart, that I may fear (reverence, respect) your name.”* Let's be real, there will be times when you simply, cannot rely upon your strength and for your own sake, do not trust your emotions. They are way too fickle.

If you need to step back for a bit, do so but not for long. Pull up your garments soldier! Straighten your crown and move it. There's no time to waste teetering and tottering between multiple decision points. Make a decision on what you want, where you want to be, and stick with it!

GIRL, GET IT DONE

“

Because of
Ruth's
steadfastness
and
determination,
she found the
right field...

RUTH 1

Come on Ruth!

FIND YOUR FIELD

The Biblical story of Ruth (chapter 1) is an amazing testament of love and purpose in action. Ruth, a young Moabite woman followed her mother-in-law, Naomi to her homeland - an unfamiliar place where she knew no one.

She willingly left her birthplace and her family. In other words, she decided - after the loss of her husband - to step out of her comfort zone and leave the familiar place behind. In doing so, she committed to the care of Naomi. This decision led her to a field that was managed and kept by Boaz, a kinsman of Naomi's husband who was a mighty man of wealth.

Because of Ruth's steadfastness and willingness to submit herself to Naomi's God, she obtained favor. This is the wealth that is waiting for you today. This level of wealth and insight comes by way of faithful, commitment to give of yourself. Yes! You must be willing to serve and do it with a heart of gratitude. So that while you wait (serve), God has great plans for your life.

FIND YOUR FIELD

When you come to the realization that your back is against the wall, you soon realize the need to depend on the Lord for every provision. Knowing He will take care of you. This is the confidence you must have in Him.

When times seem to be the most difficult, there is hope. When it seems as if there is no way out of the situation, there is a field - an opportunity - that cannot be filled until you show up.

After you have suffered, God strengthens you. He establishes you (your footing) and prepares you for the next (spiritual) place or journey. Take this opportunity to pay attention to your surroundings. Notice the movement around you and dispel what is contrary to your growth and learning. Refuse and reject what stands in the way of your future, go after the One who owns the field, and glean from it! Learn from it!

This is the time to work the field - in your area of expertise and purpose. Never mind that there are already others there. Focus on the fact that you're there **now**. It's time to work. It's time for you to eat the good of the land you have been serving and working in.

There is a great responsibility but an even greater blessing when you find the field that has been tilled and kept for you. It may require you to leave a place of familiarity and comfort, but it will be worth it. Go find your field! It will produce exactly what you need - when you need it.

“

Integrity is a
principle that
cannot fail.

LEAD WITH INTEGRITY

Can you be trusted? Are you dependable? Can anyone rely upon your wisdom, strength, or commitment?

The task you have been dealt may be too big of a deal to others but if you are *worth the weight*, you can handle it. With the way life is set up, every person has an innate ability to not only produce but to do good. The challenge with everything you do is whether or not you choose to do it with integrity.

When temptation comes to lead you away from what you know is the right way, how do you respond? It is imperative to remain loyal and refuse to compromise your standards - no matter the threat. Don't forget about what you experienced to get to where you are today. You worked hard to accomplish the successes and you understand that God has blessed you tremendously.

Don't throw that away. Be the example of integrity in the workplace and even in your home. Do what you say you are going to do, when you say you will do it and reap the respect of simply demonstrating integrity.

LEAD WITH INTEGRITY

When others think of you, do they think of fairness and integrity? Would you be considered one who dare to do right even when it would be easier to be contrary?

**Integrity guides us safely through life
with moral purity.**

Stay focused. Don't fall prey to the temptations of the world or worldly people who are swayed by whichever way the wind blows. You have come too far to slow or sway now. Think about the one or multiple people who depend upon you to do the right thing.

Unwavering integrity in the face of adversity. This is your portion. Wear it with confidence. Wear it well and pursue your work with confidence - considering the effect on others.

“

Return quickly
to normal
condition
after a difficult
event.

BOUNCE BACK!

There was a man who found himself in a precarious situation when he went down to Jericho. The scriptures declare he fell among thieves. At that point, his life was going to be changed dramatically. Though he was there for other reasons, there were some who had their own agendas in mind for him.

When the opportunity came, the thieves approached him and began to beat and rob him; leaving him there to die. As a matter of fact, the Bible says they left him half dead. One thing most important to remember is to regain your footing. Sometimes the offense and battle come seemingly out of nowhere. Those are the challenges that most of us face week in and week out. But don't allow them to stifle your ability to get up.

We can all admit some of those hits are hard to overcome and may even take a little longer to overcome than others. But it is doable. Gather your thoughts, shake yourself to get back on track, and get up from that place of defeat.

BOUNCE BACK

All is not over. Think about it. It is no secret. The thieves left him half dead which means he was still alive. Keep that in mind as you ponder what to do next.

He was down and those leaders who could have helped him intentionally walked on the other side of the road to avoid him and passed him by. This may be your story as well but instead of complaining and turning to blame them for what happened to you, rise up.

Sometimes, the temporary place can become permanent but not today. Today is a good day to gather your things, tend to your wounds to allow for healing, and decide where you need to go from here. You may not get the help you need from this low place, but rest assured there is enough already in you to win. Refuse to lie down and die in a place you know you don't belong.

If where you ended is not where you were supposed to be in the first place, change your route and make steps toward your destination. Bounce back dear heart. It may be necessary to help others in order for you own healing to begin. Look around and be intentional about serving those who may be in the same place you once were.

This is not the time to give up on the dreams you have of reaching your destined place of victory. You have much work to get done and though the blow was hard, your life is not over. Life is calling for you to take action. When "life be lifing", bounce back, answer the call and get it done!

GIRL, GET IT DONE



Be totally and
genuinely committed
in words and deeds.
Dr. Isha Odom

COMMIT YOURSELF

There is nothing new under the sun. Although it sometimes feels as if you are alone in your specific situation, the truth is - others have faced the same or similar scenarios. Rather than waddle in the puddles, go around them and commit again.

God is faithful to forgive you, wipe the slate clean, and set your foot aright. Now, if only you would trust him enough to receive his help, you can start today. Yes, now. Dedicate this time. Not to make outlandish vows you know you won't keep. Besides, God knows as well.

But commit to do all of what you say. Make good on the promises you make to yourself. Get going. No time to lose but much to get done. Make these next few days your mission to reach out to someone you have not spoken to in a while. Or send a personal note to brighten the day of an old (or new) friend.

Whatever you choose to do, do it with your sincere heart of love, appreciation, and gratitude. It will show and others will take notice. All of us have faced times of minor setback but don't get stuck (again).

COMMIT YOURSELF

Before the minor setback becomes a hard seed to pluck up, do the work immediately. Remind yourself of why you set out on the track you were on **before** the situation. Make the commitment to “commit again.”

The first step in reaching the goal you have set is to make the commitment to be faithful in it and DO IT! Surround yourself with people who will push you to the limit. It can be frustrating when you first start out, but you will be satisfied when you reach the end of the challenge.

Do the work!

Let your speech and your action (lifestyle) be harmonious. Don't be a hypocrite - doing the opposite of what you tell others. You will be doing “good” if you “be the example” you want to see in your community or workplace.

What are you waiting on to get started? If you know the assignment, get moving. If you need to ask questions or ask for help, then do it! But you no longer have the luxury of excusing yourself. Time is winding up (and down).

MAKE THE COMMITMENT to finish what you start (or have started).

GIRL, GET IT DONE

“

Don't sleep
too long. You
might miss
your move.

WAKE THE HECK UP!

This one may not be for you. If you are alert and aware of what you are doing or *should* be doing, but you are not, perhaps this is for you. There comes a time in our lives when we just need someone to poke us real good. Yes, a real, honest-to-God push would do some major justice because life has literally lulled you to sleep.

You used to dream bigger than you do right now. What happened? Where did you put those amazing ideas you wrote down or spoke about? Sometimes, traumatic situations have a way of helping us to become **and remain** in a state of oppression and even depressed to the point of taking on a lifestyle of defeat.

Tough times can challenge us so much that we allow them to push us into dark corners and the very weight of life seems to take life from us and we stay in that frame of mind - alert enough to do certain “normal” things. At least enough to fool others into believing we are okay but not enough to believe it ourselves.

Our coworkers are looking for us to lead but be honest with yourself --- you cannot lead from the front if you are

WAKE THE HECK UP

asleep on the job. You cannot win if you are too tired and unaware of where you are and what's going on around you.

Girl, wake up! It is time you stop making excuses for why something isn't going right in your life. It is time for you to quit complaining about what someone else did to you --- several years ago (or even last month). Stop giving the enemy a reason to keep snatching your joy. If you let him (the devil), he will continue to wreak havoc in your mind and you will wake up one day in total regret.

Wipe your face, brush your teeth, fix your hair, and get moving again! If there is someone in your life (a mentor) who challenges you to do better, you had better cling to that person. You absolutely DO NOT need anyone in your life who is going to pat you on the back and rub you down as if you are a little girl anymore. WAKE THE HECK UP!

You are a full-grown woman and it's time to do *full-grown-woman things*. Hold yourself accountable. When you do that, there will be no need for your leader, supervisor, manager, or anyone else to do it for you. If you are reading this book, you are old enough to be able to take a good shaking. So take it and move on, girl! Cry about the thing and move forward. God has plans for your life. It is not about you but more about the Glory God gets when you get in line with the purpose for which you are called.

WAKE THE HECK UP

WAKE THE HECK UP! Put on your clothes and fight the good fight (of faith). And for your own sake, cut ties with anyone who is always giving you a shoulder to cry on but never encouraging enough to give you the nudge you need. Yes. That person who seems to be your “friend” but somehow you **know** she is only pacifying you because she isn’t really a **good** friend, but just as insecure. And the sad thing is...you like it because you **refuse to grow up** and face reality because fear has gripped your mind. Today is a good day to cast the devil out of your mind!

Yep. This chapter may be a little jarring. If it is, perhaps you will give yourself grace, love yourself enough, step back and take another look at what you have been doing all this time. Find someone who will be truthful to you. Not to hurt you but someone you can trust to really “hear” and speak truth to you. When the alarm of life goes off, you don’t want anyone in your life who knows you have purpose but refuse to wake you up when they see you asleep. You should be up, alert, and on a mission. Girl, wake the heck up!

God has not given you the spirit of fear but (the spirit) of power, and of love, and of a sound mind. Make a move toward the purposes of God. He (God) is not slack concerning his promises. You have what it takes. Believe in Him and by all means, believe in yourself. Now, let’s get it done.

Manipulation is bold.

It walks up to the weak (emotional),
stares you in the eye and attempts
to draw you away from your stance.

#bemindful #stand
#takedown4nothing
#giveNOplace
#giveupNOground

Whether you believe you can or
cannot, you are right.

It has been said - “age ain’t nothing but a number” - and sometimes it doesn’t resonate until you reach an age that is beyond those around you.

So what!

If you are still alive and able to read this book, you still have opportunity.

GIRL, GET IT DONE

You
are
a **BIG**
deal.

CELEBRATE YOU

CELEBRATE YOU!

If this topic makes you nervous, it only means you haven't celebrated yourself enough. It certainly means you should take a self-assessment and reflect on personal tasks you were able to complete and celebrate yourself for seeing them through to the end.

So many people go about their lives celebrating others and there is nothing wrong with that. But at some point, in the juncture, we have got to learn to celebrate our own successes along the way. Besides, if you don't, who will? We are living in a time of chaos and a level of selfishness that leaves no room for us to be proud of what we have done to make a difference in the lives of others and in our on lives.

This, by NO way form or fashion, is a way to leave the Lord God out of the equation. For this entire writing starts with Him in mind. It is not God's will for us to walk around heavy-burdened or depressed. But we are to rejoice in the Lord always. This includes rejoicing over those trials He has brought us through.

There are people waiting to rejoice with you. Allow them that privilege and allow yourself the privilege to give God the glory by being (and remaining) thankful in the celebration.

Remember, the motivation for what you are doing must be in alignment with God's divine purpose for you. The WHY must be in line with WHAT He has planned.

The moment you get in agreement with Him, the better off you will be. The way will become clearer and even on those days when the way doesn't seem as clear, you will know - without doubt - that the LORD is with you. With that in mind, you can CELEBRATE.

Girl, celebrate you. God did when He created and formed you in His likeness and in His image. What are you waiting on? Do not delay. The day of rejoicing is now.

Statistics can
be used to
support,
undermine, or
undercut any
situation.

SINGLE?
WITH CHILDREN?

This is not a deal breaker. Many
have this as their personal
testimony, and they have succeeded
beyond the statistics.

Trust the Lord.

Lord,
create in me a clean heart and
renew a right spirit within me.
Forgive me for doubting your
ability to see me through the tough
places.

Help me to see you even through
the fiery trials and trust your way -
even when I don't understand it all.

Praise the Lord.

Thank you, Lord for waking me
up today.

Thank you for making me
strong in you and in the power
of your might.

Thank you for being my strong
tower and my hiding place in
this world of hatred and
multiple distractions.

I give you praise just because of
who you are.

Invite the Lord.

Father, I invite you to come into my
(whole, entire) life.

Have your way and do what only
you can do.

Teach me your statutes so I may
glorify you in my body, mind, and
spirit.

You are welcome to invade my
thoughts and take over. Help me to
know how to put on the mind of
Christ and walk in obedience to
you.

Seek the Lord.

Lord, today, I seek you first.



It doesn't matter how
long it took you to get
started.

As long as you “start”
somewhere.



Don't look to your left or
right.

There are enough people
watching you.

Don't waste any more time
mocking time.

Let them watch you work!

“

Do not scale back to make
others feel better about
themselves.

You're a whole brand.

Work!

~ DONNA SNEED

“

You have come too far
to give up now.



Keep walking.

GIRL, GET IT DONE

Satan is the accuser of
the brethren.

Don't let what he says
about you be the truth.

Stand in God's truth.

Then, you know...

You are free!

Today is a good day...

*Annihilate the lies of the
enemy and proclaim the
victory!*

*Feed your soul
the word of God.*

BE in good health; even
as your soul prospers.

GIRL, GET IT DONE



((write your own motivational quote))

GIRL, GET IT DONE

I returned, and saw
under the sun, that the
race is not to the swift,
nor the battle to the
strong, neither yet bread
to the wise, nor yet
riches to men of
understanding, nor yet
favour to men of skill;
but time and chance
happeneth to them all.

Ecclesiastes 9:11

Take advantage of your time.

GIRL, GET IT DONE

Look around you.

You will find some of the best inspirations to push you to that finish line; even when it seems you have lost the race.

About the Author

Donna Sneed is a Pastor's wife, mother (of 3 beautiful daughters she birthed + 3 beautiful *bonus* daughters), grandmother, great-grandmother, Evangelist/Teacher, content creator, entrepreneur, and author.

She is an avid reader of all types of books; especially those which help strengthen, increase wisdom, and provide some level of healing - which is why she has created multiple journals and notebooks (also on Amazon).

She believes journaling is therapeutic and her hope is that you would take advantage of every opportunity to write your thoughts - regardless of your mood. She believes writing is the perfect opportunity to rid ourselves of harmful thoughts and internal pain; especially when it becomes difficult to express to others.

Donna has been publishing for more than 20 years and she's looking forward to writing more; as the Lord (God) leads her.

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