From the Earth

Mountains

LINDA CARTER

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Devotions From the Earth - Mountains

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Introduction





The earth has music for those who listen.
- George Santayana

"In the beginning, God created the heavens and the Earth" Genesis 1:1 TPT

I find pure delight in nature and things created. The endless uniqueness of every created thing astounds me. A walk through a forest has me searching for how many

different kinds of trees, flowers, grasses, birds, and animals I can find. I find myself marveling at how every tree is different, in fact every leaf is different! I love to discover a new plant, a new bug or another colorful sunset. Every one is different. What a creative God we serve!

He made you & I unique too. I remember reading something quite surprising from one of my favorite authors, Lisa Bevere. In one of her books, she said that God doesn't love us all the same... I was thinking, What? She went on to say, 'He loves us all uniquely'. What an aha moment! He loves us all uniquely, because every one of us is different. It's so true. I don't have to be like anyone else... I am me, and He loves me!

I recently moved to northern California to a small rural community and bought a 'cabin in the woods' on the ridge of a mountain. I had always dreamed of living in a pine forest, and I know my Father had prepared this place just for me. Living in this beautiful, wild place has given me an appreciation for the things of nature that I've never had before. I notice the littlest things, and I see beauty where I never noticed it before. I was inspired to write down these notes that really are a picture of my devotion to all He has given us on the Earth, and to share with others the lessons and beauty to be found.

I hope these pages will encourage and inspire you to slow down a bit and take another look at how the Earth tells us it's story, and how it all reflects the creator. He has so much to say to us through His creation!

~Linda Carter

Royal Cedars





The clearest way into the Universe is through a forest wilderness. — John Muir

1 Kings 7:2 NIV

He built the Palace of the Forest of Lebanon a hundred cubits long, fifty wide and thirty high, with four rows of cedar columns supporting trimmed cedar beams. 've always loved pine forests, and had never been in a cedar forest until earlier this year when we were looking to buy a house in a new state. I was immediately in love with the lacey leaves and stately shape of these trees. The scripture that says He can give us "way beyond anything we can ask or imagine" comes to mind. (Ephesians 3:20) If I always wanted to live in a forest, I never imagined it could be a Cedar forest! The cedars on my property are very tall, and have beautiful red bark and fragrant wood. No wonder cedar wood is so coveted for building 'special' things - even Kings palaces! What a joy to live among them.

When was the last time you recognized your Father's special gifts? Sometimes I ask for things, and then forget about them, until years later I am suddenly aware that God did answer my prayers! Sometimes it wasn't even a prayer, it was just a simple desire in my heart. It's those moments that take my breath away and move me to tears as I recognize the presence of the Lord. It feels like I just noticed My Father winking at me. Answers to prayer can be so subtle that we can miss them. Take a moment today to look around and see if you can recognize anything in your life that represents an old prayer or a desire in your heart come true that you might have missed. It might be something very small, or hugely big, but when you see it, you'll know... He just winked at you!

Father, open my eyes to see the little gifts and surprises you have placed in my life. I don't want to miss a thing! Thank you for the secret things in my heart that you have always known about me, and for answers to prayers. Amen

Pine Cones





The words of God are not like the oak leaf which dies and falls to the earth, but like the pine tree which stays green forever.

-Mohawk Wisdom

Proverbs 27:9 NIV
Perfume and incense bring joy to the heart, and the pleasantness of a friend springs from their heartfelt advice.

Have you ever looked closely at a fresh pine cone? There are many styles and shapes, and a short study in my own back yard has amazed me at their diversity and beauty. The Fir trees, which look like your typical Christmas tree, actually have small pine cones with paper thin petals, yet their colors and patterns match the giant pine cone petals from the Sugar Pine tree. Some pine cones are smooth and others are prickly! The Ponderosa pine have the typical pine cones we think of in shape and size, and they are abundant around my property. They seem too beautiful to just rake up & throw away, so I started researching the many uses for them and got creative. There are a lot of ways to use pine cones.

The same could be said of how we use our words. Sometimes they are caring and bring encouragement to others, and other times our words are hurtful and prickly. It seems I'm constantly trying to figure out how to be more gracious and loving with my words. How I wish all my words were as beautiful as a fresh pine cone. I have pine cones around my house, and when I need to get control of my words, I can pick one up and turn it in my fingers to help give me pause in the conversation. I feel the prickly points and remember not to speak that way to those I love. Maybe a pine cone around your house can help you from being too prickly with your words too.

Papa God, continue to help me with my words. Continue to show me the life lessons I need to speak 'heartfelt advice' to those who hear me, and may I more often than not, speak out of love. Amen

The Mighty Oak





Think of the fierce energy concentrated in an acorn! You bury it in the ground, and it explodes into an oak!

— George Bernard Shaw

Isaiah 61:3B NIV

...Beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair.. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor. You might be surprised at all the references for the Oak tree in the Bible. Some of my favorite passages talk about the 'Mighty Oak', which seem to represent well the Black Oak trees on my property. Because they are growing among the tall pines and cedars, they grow extremely tall as well, competing for the sun at the top of the canopy. Many oaks that the local power company has cut down in our area are almost hollow, and I wonder how the trees ever survived like that. They are sturdy and determined trees that hang on to life even as their insides are dying. I was examining a cut out of one of our Oaks and it mesmerized me for a time to study the character of the wood. The rings spoke of many good and bad years, and the cracks spoke of an extremely dry season that was upon the tree at the time of it's death. In places the bark was gone and a fiberous growth covered up the wound. These trees are resilient

No wonder God's word speaks so often about them, using them to teach many life lessons. He compares the righteous person to a tree planted by streams of water (Psalm 1:3). I believe that when we are planted in the Lord's family, we become more resilient to the world's harshness. So when things seem hard, I need to remember and even speak out loud that the Lord calls me an 'oak of righteousness', and I am a planting of the Lord to display His splendor. What a beautiful thought to distract me from a momentary spirit of despair.

Thank you Father, for calling your scriptures to my mind when I need them most. Help me to hide more of it in my heart, so I can be refreshed and redirected by your words. Amen

Grassy Fields





Flourish: Flur•ish

- 1. To grow well or luxuriantly, Thrive
- 2. To do or fare well, prosper
- 3. To be in a period of highest productivity, or excellence

Psalm 72:16 NLT

May there be abundant grain throughout the land, flourishing even on the hilltops. May the fruit trees flourish like the trees of Lebanon, and may the people thrive like grass in a field.

Grass is one of the most resilient growing things on planet Earth. As I write this, it's the beginning of winter, and the rainy season where we live. We have been so surprised and pleased to see the grass on the hills greening up like a second Spring. It has been such a dry, hot summer - the rain is so welcome - an answer to prayer. The rain brings everything to life again.

It reminds me of how the Holy Spirit is like a refreshing rain in our lives that brings freedom and life to the dry places. When we feel dull and lifeless, we must seek the presence of the Lord.

A couple years ago I was in a dry spell spiritually speaking. One day my husband stumbled upon a worship set online that stopped me in my tracks. I dropped everything and worshiped for 45 minutes, on my knees and in tears as I was drawn into the presence of God. "That's what I'm hungry for!" I said to myself. I began watching the online services from that church - 1000 miles away, and I wanted more. It sounds crazy to uproot my life to move across the country to go to a church that feeds my spirit, but it began to feel like a 'calling'. A year later we relocated to Northern California to follow that call. This is home. This is where we can flourish and thrive. Come to find out we weren't the only people hearing the call. Others from all over the world were coming to this place!

Thank you Father for the dry times that make us hungry for more of You. Holy Spirit, come to us in those dry times and fill us up again. Lead us to where we need to be, to flourish and thrive in both our physical and spiritual lives. Amen

Earth Rhythms





In every walk with nature one receives far more than he seeks. ~John Muir

Psalm 96:11-12 TVT Let joy be the earth's rhythm... Let all the trees of the forest dig in and reach high with songs of joy before the Eternal... ost people have favorite seasons of the year. I have found that my favorite seasons can change with where I live. When I lived in the desert, the summer months were agonizingly hot, and the perfect time for a get away. Living on the east coast, I loved the colors of fall. Today, living on a mountain ridge in an Oak/Pine forest has given me a new wonder for all seasons, as I learn how to read the finer points of the rhythms in nature. The way the wildlife comes and goes, the dry and wet weather patterns, the grasses and moss greening up with even the slightest bit of rain. I can almost sense the joy in nature that comes with small changes and rhythms.

When I recently came across Psalm 96, I felt my heart leap! It made so much sense to me that JOY is the earth's rhythm. I started speaking it over my trees... "Dig deep! Reach high! - and praise the Lord. Let joy be your rhythm!"

Can we speak encouraging words like that over our own lives? I think we can. I think we should. Gods' Word is a powerful force when spoken with conviction and faith. I encourage you to find a scripture that touches your spirit and start speaking it over your life. Dare to believe in the promises spoken over you, even if it's you doing the speaking. Look for (and expect) the joys that come with the rhythm of God's Word speaking into your spirit at times that only He knows you need it.

Father, thank you for your Word - an endless source of life and encouragement. Help me to embrace the rhythms of your promises as they apply to me day by day, moment by moment. Amen

Day Five Journal

Royal Cedars: write about a special gift or prayer answered.
<u>Pine Cones:</u> write about being more gracious with your words.
Mighty Oak: write about being an 'Oak of Righteousness'.

<u>Grassy Fields:</u> write about God's refreshing rain in a dry place.
Earth Rhythms: write an encouraging word over your life.
Other Reflections:

Mountains Majesty





You are not in the mountains. The mountains are in you.

- John Muir

Psalm 48: 2 TVT Situated high above, Mount Zion is beautiful to see, the pleasure of the entire earth. Mount Zion, in the north... From my kitchen window is a breathtaking view of Mt Shasta. I never get tired of it. I always catch my breath when I see it. When the clouds obscure it, I sigh. What an amazing gift we've been given - all the beauty of creation, and the insight and passion to be able to appreciate it.

There's a saying, "Stop and smell the roses", which reminds us to slow down and appreciate the beautiful things that are right in front of us. I spent a lot of years in a busy, stressful blur of work, raising my daughter, running a business, etc. It took so long to break out of that cycle.

I hope that taking a few minutes reading these devotions will give you the 'pause' you need in life to pursue the quiet moments that bring us closer to God. But more than just a pause, we need to recalibrate. Psalm 39:6 says, "In truth, each of us journeys through life like a shadow. We busy ourselves accomplishing nothing, piling up assets we can never keep..."

Lord help us to have wisdom in knowing what is truly important in life. Teach us to live in the sweet space of appreciating everything you've given us every day. Help us find what it is you would have us do. Life is too precious to live like a shadow. Amen

Eagles Wings





When a storm is coming, all other birds seek shelter. The eagle alone avoids the storm by flying above it. So, in the storms of life may your heart be like an eagle's and soar above. ~Anonymous

Isaiah 40:29 & 31 TVT

God strengthens the weary and gives vitality to those worn down by age and care.... those who trust in the Eternal One will regain their strength. They will soar on wings as eagles. They will run - never winded, never weary. They will walk, never tired, never faint.

The first day we arrived at our new home in the mountains, we saw an eagle soaring right over our property. It was such a blessing for us, and especially for my husband, because he has a special place in his heart for the Eagle. It was like a 'sign' if you will, of God showing us we had arrived. Our journey was finally completed. That eagle sighting on that day really gave us new strength after the long hard process of buying/selling/moving and finally landing at our new place to call home.

The birds in this area are completely different than what we were used to at our old house. Instead of finches, robins and sparrows, we have eagles, hawks, vultures and turkeys. Some days you can catch the big majestic birds soaring over our property in all their glory. Everything is different here, which was exactly what God had in mind for us. It felt like we had been promoted, but sometimes promotion comes with responsibility, trials and tests. We didn't know what trials were ahead, but the eagle sighting helped us know we were where we needed to be, and that God was with us.

Sometimes God speaks in unusual ways. Try opening your heart to allow Him to speak to you in unconventional ways. Listen for His voice in beautiful and surprising things. He loves to give us those confirmations and little 'hugs'.

Father, I don't want to miss your voice in the little things. Help me to have ears to hear, and eyes to see what your Spirit is saying. Amen

Secret Places





Mountains know secrets we need to learn. That it might take time, it might be hard, but if you just hold on long enough, you will find the strength to rise up. ~Tyler Knott

Psalm 16:11 TVT You direct me on the path that leads to a beautiful life. As I walk with you, the pleasures are never-ending, and I know true joy and contentment.

P art of our property is on a steep mountain ridge, where you can easily find solitude and quiet on a short (although strenuous) walk through the forest. I cleared a small path that leads to my 'secret place' and put a couple of comfortable chairs there. It's a special place that I can go to get centered in the tough times, have quiet meditation in spiritual moments, and take friends to have quiet, reflective talks.

These secret places can be very defining moments in our lives. It's where we get quiet enough to allow the Holy Spirit to lead us on the correct path of life, directing our thoughts and decisions, showing us truth from the lies and giving us convictions to move ahead.

If you don't already have one, I encourage you to find your own secret place. A place where you can 'Be Still' and listen for the Lords voice.

Thank you for giving me quiet times of reflection to slow down and seek your wisdom so I can confidently walk the paths that lead to the true joy and contentment you have for each of us. Amen

Surefooted Deer





The more I see of deer, the more I admire them as mountaineers. ~ John Muir

Psalm 18:32-33 NLT God arms me with strength, and he makes my way perfect. He makes me as surefooted as a deer, enabling me to stand on mountain heights. PIt's been amazing to watch the wildlife come and go in my back yard. Over time they have gotten more and more comfortable with us. I now have a 'critter corner' setup with water and nibbles, and some of them will even come running when they hear me calling, to see what goodies I've put out for them. The deer are the most gracious and beautiful creatures coming to visit by far. After months of watching them, I am amazed at how alert they are and yet how comfortable they can be when they know there is no present danger. They can jump and run so quickly when they sense alarm, flying down the mountain and never trip up on the forest floor or the steep terrain.

They present a beautiful lesson on being relaxed enough to let go of tensions and anxieties when we have done all we know to do, while at the same time being ready to move when the time comes for it. It takes total trust in our God (and a little patience), to do that. How often I've had to force myself to take a deep breath and let go of things I have no control over, or to wait for answers instead of forcing them. I continually have to give my worries to God and take my mind and hands off of things. I believe that the more we do that, the less we'll have to. It's ok to let go. Give your worries to the Lord. Go forward as sure footed as the deer. We can trust that our Father is working everything out for our good.

Thank you Lord for arming me with strength and making my way perfect. Help me to be so comfortable with my trust in you that I walk and run without stumbling - just like the deer. Amen

Mountain Storms





Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky.

~ Rabridanath Tagore

Psalm 107:29-30 NLT ...He calmed the storm to a whisper and stilled the waves. What a blessing was that stillness... Sometimes our house on the mountain ridge sets us right in the clouds, like living in the 'misty mountains'. The sun pokes through now and then to make rays of golden light. The rains can be hard and steady, or gentle and soaking. The snow is quiet and fluffy. Some storms come in with great gusts of wind that shake off the dead leaves and pine needles, which can leave a mess to clean up, but when the storm passes, the trees are so fresh, clean and sparkly. The forest seems to perk up afterwards with new growth and color.

Maybe that's the way we should look at the storms in our lives... they are a part of life that is not always bright and sun-shiny, but necessary to water the deep, dry seasons and help us navigate to a clean fresh new beginning. Yes, there may be damages to clean up, but with the Lord's help we come out on the other side ready to turn the corner, and go on to what ever is next. Without the prompting of the storm, we might not move at all, and miss out on new and better things that God has for us.

Lord, help me to not fear the storms so much. Help me to remember you are there to help me through every one... ready to still the waves and lead me on to better places. Amen

Day 10 Journal

Mountains Majesty: write about pausing and recalibrating.
Eagles Wings: how does God speak to you in unusual ways?
Secret Places: plan your next quiet time in your secret place.

<u>Surefooted Deer:</u> is there a worry you need to trust God with?
Mountain Storms: Is a storm navigating you to a better place?
Other Reflections:

The Nature of Wisdom





Look deep into nature, and then you will understand everything better. ~Albert Einstein

Psalm 119:98-99 NLT
Your commands make me wiser than my enemies
because they are always with me, I have more
discernment than all my teachers because I study and
meditate on Your testimonies.

I f we pay attention along this journey called life, we learn lessons and become wiser and more discerning as we grow. It may take a lot of trial and error, but the lessons are there. Life is a great teacher, but I feel like I found the real treasure of wisdom and discernment in the Bible... God's Word and love letter to us. It's such an amazing and insightful book, that has spoken to me on literally every aspect of life.

So many of my 'sabbatical' road trips end up in a mountain forest. It's not that the forest gives the wisdom, as much as it's the special place where I can 'be still and know' my Father. It's where I can be inspired by what is created, because all of it points to Him. In that state of mind, and in the special quiet places where beauty is all around, I tend to be able to listen and 'hear' better. If you're looking for answers but find that life doesn't slow down long enough to have quiet time with God, I recommend taking an overnight sabbatical trip to get away from everything so you can listen better. The mountains and the forest are my favorite place for that.

Thank you Lord for always answering our prayers for more wisdom. Thank you for your Spirit that gives us discernment. Help us to quiet ourselves long enough to really listen and learn. Amen

A Forest Home





Forests are like churches, hallowed places. There's a stillness about them, a sort of reverence. - Sabrina Elkins

Psalm 104:16-18 TVT

The forests are Yours, Eternal One - stout hardwoods watered deeply, swollen with sap - like the great cedars of Lebanon You planted, where many birds nest. There are fir trees for storks, high hills for wild goats, stony cliffs for rock badgers. For each place, a resident, and for each resident, a home.

The wild places of the Earth are beautiful, and the wildlife that lives in the mountain forests are fascinating to watch—when you can spy them. Cities are for people. We are only visitors in the forest, although we sometimes carve out places to call our own. God made a place for everything to live, and how special it is to live among the wild things.

The wild turkeys started coming around at the end of summer, so I started putting out bird seed for them. The blue jays and smaller birds found the seeds and started helping themselves to what ever the turkeys left. Then the squirrels and rabbits started coming to see what might be there for them. The deer also love bird seed, and apples and carrots. A doe and her baby look for my treats regularly, and the turkeys roost in the trees on my property sometimes. How sweet to share the forest with them.

Let's never lose our childlike wonder for the things of creation. When we see how nature works in harmony for every living thing, we can know it's not an accident. It's intelligent design by a loving, very creative God. Take a breather from man made cities and visit the forest once in a while to remember the wonder of nature. The wonder of creation.

Thank you Father for the beauty of nature and wildlife that shows us what an amazing God you are. Help us not to lose our childlike faith. Amen

Mountain Birds





Be as a bird perched on a frail branch that she feels bending beneath her.. still she sings away all the same, knowing she has wings. ~Victor Hugo

Psalm 50:11 NLT I know every bird on the mountains and all the animals of the field are mine. Some birds and animals you can only see in the mountains. To get a glimpse of a soaring eagle or a white owl is so special and rare. The wild turkeys have been coming around by the dozens to my clearing behind the house, What fun it is to watch their antics as they go about their scratching and searching for food. They are big beautiful birds - and a real treat to see them open up their feathers in full display. I started sprinkling bird seed for them, and over time they have become almost friendly, making a cooing noise when I come out with the seeds.

All this beauty belongs to the Lord. We are only stewards as He sees fit to give us what ever small part He thinks we can handle. The scriptures tell us that when we do well with the small things, he will give us more responsibility. My pastor once taught that more responsibility IS the reward the Lord gives. Years ago I worked my way through a very difficult work place situation with integrity. The only way I could do it was remembering that I don't work for men... I work for the Lord. That experience led to starting my own business, and I'm sure that was the reward for doing my best, even for a demeaning, hot headed boss. Those days were filled with so many prayers for that man, and for my own patience! In the end, God actually used that man to help me get started being my own boss! I have to laugh at how that worked out... He really does work all things together for our good.

Thank you for the challenges and tests Lord, they always lead us from glory to glory when we follow your ways. You are a good God. All the time. Amen

Mountain Songs





Sing a new song unto the Lord; let your song be sung from mountains high. Sing a new song unto the Lord, singing alleluia... (Song by Dan Schutte)

Isaiah 42:10-12 NIV

....Sing a new song to the Eternal...The peaks of mountains, too, raise your voices with a great, glad cry. Let them all give glory to the Eternal. Let them praise the One who is, was and will be heard along the coasts.

We write songs about singing to the Lord on the mountain tops, and the Lord writes songs about the mountains themselves singing to Him with great glad voices! Somehow the mountains, and in fact all of creation know their creator. "Let all creation rejoice before the Lord..." (Psalm 96:13) Sometimes I can see rejoicing in the simple beauty of a flower blooming - giving it's all for the Lord. There was a day when people were born knowing our creator, but that all changed many thousands of years ago in the garden. Now, we are born into adversity and must search for Him as for hidden treasure to know Him. It's not easy for us to find our creator any more, but this is our destiny.

"All creation waits in eager expectation for the children of God to be revealed." (Romans 8:19) The "children of God"... that's us - the people who do find the hidden treasure of Jesus. What an amazing picture - all creation is watching the plan of the Lord unfold for us, His children, waiting for us to be revealed. In the waiting, all creation raises their voices to praise the God of creation. Even the angels watch in expectation; helping us along the way, and rejoicing when each one of us turn our hearts to God and welcome Him in. (see Luke 5:9-10) Now we are also waiting for all to be revealed. We know the truth, and it has set us free, but there are so many others that are lost. We must help them find this treasure as well. This is also part of our destiny.

Lord, thank you for opening our eyes and hearts to know you. Show us how to work with you in guiding others to find the treasure of Jesus. Amen

Note: Stephen Curtis Chapman wrote a beautiful song called "The Treasure of Jesus" you can find on YouTube.

Hiding Places





Right before I gave up, You saved me, You saved me...

One night you fell down from the stars, shining a light into the dark and you picked up all my broken parts...

(You Saved Me Song lyrics by Jake Miller)

Psalm 40:2 TVT

He reached down and drew me from the deep, dark hole where I was stranded, mired in the muck and clay. With a gentle hand, He pulled me out to set me down safely on a warm rock; He held me until I was steady enough to continue the journey again.

The mountain forests are beautiful, inspiring and a wonderful place to seek the Lord to get centered. Sometimes on my worst days they provide a hiding place from life's pressures. Did you ever feel like you want to run away from everything? Yeah, me too. Now I know that running away doesn't solve anything, but sometimes a 'get away' is just the ticket to take a breather and get with God about some serious business going on in my life. When my problems are caused by my own mistakes, they can be the hardest to overcome.

But the Lord is faithful to help me find myself - my beautiful self - again. Spending alone time with God helps me remember who I am in Him. Just like the scripture above says, He pulls me out of my own mucky muck and helps me wash away all the bad feelings, forgive myself and others, and move on. Everyone has trials, and though they weigh heavy on us at times, we must face them, ask for forgiveness and let them roll off our shoulders. In the book of Phillipians, Paul says, "But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me.." Living in the past and dragging our 'baggage' with us doesn't work.

Papa God, thank you for always bringing me back from the muck and mire and setting me back up on the high places - on the warm rocks - and holding me in your loving arms, listening to all my prayers, and drying all my tears, until I am ready to continue my journey again. Amen

Day 15 Journal

Nature's Wisdom: reflect on spending time with nature.
Forest Home: write about the wonder of creation.
Mountain Birds: how to be a better steward of God's gifts.

Mountain Songs: write about your destiny in finding Jesus.
Hiding Places: ask Papa God to pull you out of the muck.
Other Reflections:

Mountain Meadows





Cross the meadow and the stream and listen as the peaceful water brings peace upon your soul.

~Maximillian Degenerez

Psalm 118: 5-6 TVT
When trouble surrounded me, I cried out to the
Eternal; He answered me and brought me to a wide,
open space. The Eternal is with me, so I will not be
afraid of anything.

The forest is pretty thick where I live, so it's nice to come across meadows when driving or walking about. Sometimes I like to pause and stay in the wide open areas for a few minutes. They somehow represent a safe place. Maybe it's because I can see more of what is in my immediate space. The sky is wide open, and I can relax.

When I found what Psalm 118 said about the 'wide open spaces' being the Lord's answer to save people who are surrounded by trouble, I started speaking it when I found myself in any kind of trouble or dangerous place. When I feel backed into a corner by circumstances, or when I am out riding my motorcycle in rush hour traffic, I thank the Lord for 'wide open spaces'. Lots of room to see clearly and get through what ever is causing me fear. Turns out that most times, the fear was the worst of the situation, and nothing bad ever happens. The Lord takes care of me and teaches me day by day to trust Him more. Less fear, and more peace each time I speak out my faith in the middle of it. The next time you're afraid, try asking for your wide open spaces.

Thank you again Lord, for your words that I can lean on when I need help. Thank you for wide open spaces to give me protection from the fearful things in life. If I had perfect faith, I might not fear at all, and you increase my faith a little more each time you turn my fear into peace. Amen

Deep Truths and Hidden Secrets





Go to the trees to explore your questions and dreams.
Go to the trees to desire and seek. The world will listen as you walk, watch, soften and breathe.

~Victoria Frickson

Daniel 2:21-22 TVT He gives wisdom to the wise and grants knowledge

to those with understanding. He reveals deep truths and hidden secrets.

have worked from home for 30 years, but I have never had such an inspiring view from my desk as at this house in the forest. When the deer and other wildlife wander through my property within view of the window, it can be hard to concentrate on work. Other times when I get stumped by some computer dilemma, I take a break and step outside or gaze out the window into the woods to gather my thoughts and clear my head. A quick prayer is the usual course of action, asking God to give me wisdom beyond my years to figure things out and do a good job.

Let's not forget how easy it is to glean wisdom from the Bible. In his book, The Wisdom of God, AW Tozer wrote: "we have degraded Christianity to be a kind of soft vaccine against hell and sin... The purpose of God in redeeming men was not to save them from hell only, but to save them to worship, and to allow them to be born into that eternal wisdom that was the Father." The back cover description for the book says, "Wisdom is not some highbrow philosophical concept, but rather a highly practical tool for living the best possible life." If we want to have the best possible life, we just need to find and apply God's wisdom. The hidden secret about all this is that it's so simple. Tozer taught from the scriptures of Paul that eternal wisdom was fulfilled in Jesus. Our journey to wisdom starts by deciding to follow Jesus. Is there anything hidden from you that you need wisdom to understand? Let's ask God for it...

Papa God, thank you for revealing deep truths and hidden secrets to us. Thank you for continuing to giving us wisdom for the every day details of life when we turn to you. Amen

Giant Redwoods





Count your age by friends, not years. Count your life by smiles, not tears. - John Lennon

Joshua 13:1 TVT
"You have grown old and there is still work to do..."

The giant Redwood forests are magical places. The first time I saw them I was awestruck. It was like I had been transported to a real enchanted forest you read about in Lord of the Rings. There is a road called 'Avenue of the Giants' along the California coast that drives through the middle of a large giant Redwood forest for miles. There are endless trails to walk among them with unusual giant ferns and clover along the path that I've never seen anywhere else. It's a wonder how they still exist in our time. Some have even been alive since the time of Jesus. Just think about what these old trees have seen and been through. But they hold on year after year to just 'be' in the world for all to see and admire. If that is their only job, they do it well.

Are we ever too old to make a difference in the world? I don't think so. In fact, the older we are, the wiser we are, so we are far better equipped to mentor others or set an example. Older men and women can teach the young men and women how to live Godly lives (see Titus chapter 2). Even if you're still young, there will be someone younger than you to be a hero to. That's the way of the Kingdom, and there's still work to do.

Lord, help me to be the kind of person that can be used by you to be a godly influence to those around me... no matter how old I get. Amen

Walking in Love





The journey only requires you to put one foot in front of the other... again and again and again. And if you allow yourself opportunity to be present throughout the entirety of the trek, you will witness beauty every step of the way, not just at the summit. *Unknown*

1 Cor 16:14 TPT Let love and kindness be the motivation behind all that you do. Walking mountain trails is so pleasing and refreshing. There are serious hikers that like the challenge of a hard climb and like to press in to make it to the tops of summits, and then there are folks like me who just like to meander along the easy green trails taking in the view. Every walk in the woods is like a little adventure in the journey of life. There is always new beauty to see and inspire.

When I lived in Phoenix some years ago, I used to get together with a couple of girlfriends for walks. We used to call them our 'Walk of Faith' because it always turned out to be such a great time of ministry to each other as we shared the good and bad things going on in our lives. We rejoiced about the good things, or prayed for each other's needs. Fellowship with other believers is so sweet because we have that 'kindred spirit' that brings us together in a shared faith, and in the love of Christ. It's also such a joy when others can see the love between us that makes an unexpected imprint on their hearts. Sometimes that is all it takes to plant a seed in an unbeliever's life. It's like a natural ministry that happens without us even trying. We just let our love and kindness for each other be seen, and it makes a difference.

Thank you Father, that you don't waste anything. I pray you will continue to use me in natural and even unknown ways. Let my life be a testimony to you. Amen

Mountain Refuge





I always wanted to live in a log cabin at the foot of a mountain. I would ride my horse to town and pick up provisions. Then return to the cabin, with a big open fire, a record player and peace. - Linda McCartney

Psalm 2:12 TVT
But blessings await all who trust in Him.
They will find God a gentle refuge.

I f you've ever been to a cabin in the woods, you know what a special retreat they can be. When I was a young girl, I read a book called 'My Side of the Mountain", which was about a young boy about my age (at the time) that ran away to the mountains. He lived in a hollowed out tree and made friends with the wildlife. I used to day dream of doing it too. What a great adventure that would be... or so I thought at the time. Now that I'm older and wiser, I can't imagine what a crazy scary idea that would be. I mean a cabin in the woods is one thing, but living in the wild, that is quite another. I am very thankful to have a strong sturdy home to be safe and secure in the world

But in this life, there is more than just our physical safety to think about. If you've been awakened spiritually in even a small way, you know there is more. Our Father has put eternity in our hearts, and I know the only true safe and secure place is trusting in Him. He protects us in this life, and the one to come. He is the place our hearts and souls can take refuge.

Thank you Lord for giving us the sense to know you deep in our spirits, and to know that you have a plan for us. Thank you that we can know you are there for us to run to in every situation, and believe you will bring us to be with you one day. Amen

Day 20 Journal

Mountains Meadow: do you need safe, wide open spaces?
<u>Hidden Truths and Secrets:</u> a scripture that reveals truth to you.
Giant Redwoods: how can God use your talents?

Walking in Love: how can your love and kindness be seen?
Mountain Refuge: how can God be your refuge today?
Other Reflections:

High on a Hill





For we must consider that we shall be as a city upon a hill. The eyes of all people are upon us.

John Winthrop dreams of a city on a hill; 1630 before settlers reached New England

Psalm 62:6

He alone is my rock and deliverance, my citadel high on a hill; I will not be shaken. My salvation and my significance depend ultimately on God; the core of my strength, my shelter, is in the True God. hen I lived in Arizona, I used to visit the Grand Canyon on a regular basis. There is really nothing that can compare to the majesty of this place. There before your eyes is the most amazing landscape and evidence of Noah's flood we can find on planet Earth. There are many secular arguments about how it was formed, but just from looking at it, my common sense agrees with creationists who say it must have been a cataclysmic event on a giant scale. First, you see all the different soils that were deposited in perfectly flat layers as the water was moving and swirling the earth in a global flood. Then to imagine the amount of water that must have been present to carve out the canyon as the water was receding. Together with volcanos and earth quakes, mountains rising and falling - what a crazy time for planet Earth! But the evidence is there for all to see, so we are without excuse.

Today you can sit on the edge of the deep canyon high on a rock and gaze 15 miles across to the other side. What a testimony of how beauty can come from ashes. That high rock gives us a vantage point that can make the whole event clear. It makes me think about the scripture above - how our Lord Jesus is our 'Rock', our strength, our shelter. He sets us high on a hill with a great vantage point so we can see a bigger picture of what is going on in life, and not be shaken. Yes, there are things in life that will shake us up ~initially~, but that's when we gather our strength and look out from our vantage point and shake it off!

Lord I am in awe of the beauty You gave us here on planet Earth, and how it all points back to You. Thank you for the strength you give us and the vantage point of seeing things from a heavenly perspective. Amen

Mountain Pass





Difficult roads often lead to beautiful destinations. ~Unknown

James 1:12 TPT
If your faith remains strong, even while surrounded by life's difficulties, you will continue to experience the untold blessings of God!

When I was younger, I was fearless about driving on mountain dirt roads that led to who knows where, on the edge of cliffs with no room to pass should an oncoming car come along. I really thought it was an adventure everyone would love, but I found out I was sorely wrong when I took my brother and sister-in-law (who were visiting from another state) on a 'scenic route' home from Cripple Creek, CO on a precarious back road. What started out as a fun outing, turned into a trip of horrors for my guests. My giggling about their fears (trying my best to make light of a bad situation) didn't help. It wasn't just a scary ordeal for them. I was suddenly someone they despised and wanted to get away from asap. They left for home sooner than planned. I felt horrible and sincerely apologized, but the damage was done.

Sometimes life can be difficult when unexpected things happen from bad decisions made. Even with no bad intentions, we still have to deal with the heart ache of a wrong turn. It's easy to get depressed when things go wrong, and sometimes I allow myself to wallow in that place far too long. Eventually the time comes for me to snap out of it, and of course I turn to my Father. My faith is what always pulls me back to the place of blessings. It's when we're in the middle of our difficulties and turn back to our faith, that we rediscover the blessings that have been waiting for us all along. Is it time for you to let your faith pull you back to a place of blessing?

Lord, when I'm in a difficult place, please help me to keep coming back to You. Show me the way back, especially when I can't see it clearly. Amen

Mysteries





The "Mysterious Mountain" Symphony was written in 1955 by Hovhaness, who commented: "Mountains are symbols, like pyramids, of man's attempt to know God."

Psalm 73 TVT

Trying to solve this mystery on my own exhausted me; I couldn't bear to look at it any further. So I took my questions to the True God... I admit how broken I am in body and spirit, but God is my strength, and He will be mine forever.

The view out my kitchen window shows vistas of mountains and the grand peak of Mount Shasta in the distance. The shadows in between mountain ranges always intrigue me. Is it pure wilderness out there? Is there a road somewhere to explore those hills? I may never know, but I love the mystery. It seems that God gave a curious heart to each of us that draws us to the unknown. It makes me understand a little about why mountain climbers have to climb to the top, just to say they've done it.

There are other times when life's mysteries are not so interesting or intriguing. When life's troubles are weighing me down and I'm pressed to make hard decisions, it can be unbearable. I imagine everyone goes through anxious, trying times. It's part of the human condition, and if I didn't have my Father to turn to, I honestly don't know how I'd get through some of those difficult times. When I think about the people in the world who don't know Him, it truly saddens me to think of what a struggle life is without having the strength of the Lord to lean on. I love finding nuggets like the passage in Psalm 73 that tells me there is nothing unusual about what I'm going through - someone thousands of years ago faced a similar dilemma and shared how they found the answers. They admitted how exhausted and broken they were and turned to God for their strength. The deeper we look into the Word of God, the more we find that the answers are always in there.

Thank you Father for giving us your precious words of guidance in the Bible. Thank you for the stories that show us we are not alone, and the troubles we have are not unique to us, and that you are always there to give us strength. Amen

Gold Mines





Refine: re•fine remove impurities or unwanted elements

Proverbs 17:3 TPT
In the same way that gold and silver are refined by fire, the Lord purifies your heart by the tests and trials of life.

hen I lived in Arizona, I bought a cabin near a remote 100+ year old mining town called "Crown King". Half the adventure of spending time at the cabin was getting there - it was 28 miles of rough washboard dirt road to the town, and then another 8 miles of an even rougher 4x4 road full of ruts and boulders to get to my cabin. In the town's hey day the town drew people to try to "strike it rich" in gold mining. It seems that people are still trying to find the easy path to riches. A few may get lucky, but for the most part it takes hard work, and trying and failing a few times before you are successful at starting a business or climbing the ladder in a career.

In the same way, there is no instant way to become a Godly, righteous person. It's a journey that may take a lifetime. Saying yes to Jesus is only the first step. God gives us opportunities to grow and learn by way of the tests and trials we have in life. It took me some years to figure this out, but I am finally 'getting it' when the Bible says to "consider it pure joy when we face trials" (James 1:2), because God is building our character. Sure, I get frustrated by some of life's ups and downs, but I've learned to look for the lessons. Even if I can't quite define the lesson, I am learning to find peace in trusting that my Father has good plans for me, and is working everything out for my good, in spite of what I may be going through. Are you looking for the lessons in your difficult situation today?

Thank you Lord for purifying my heart and making me into a better person. Help me to see the lessons I need to learn so I can develop the character I need for the rest of the journey, and beyond. Amen

Moving Mountains





Earthquakes move mountains. - Mitigation Works

Psalm 46:2-3 TVT

No fear, no pacing, no biting fingernails. When the earth spins out of control, we are sure and fearless. When mountains crumble and the waters run wild, we are sure and fearless. Even in heavy winds and huge waves, or as mountains shake, we are sure and fearless.

The last couple years of living in a pandemic has felt like the world is spinning out of control for sure. It's been a crazy, wild ride with so many unexpected side effects of a tiny microscopic virus, that has left the whole world in a mess. Nothing will ever be the same. They say there's a 'new normal', and all of us are trying to adjust. So much loss, so much heartache. How do we overcome this 'spirit of fear' that has gripped the whole world?

The answer is to stand on our Rock, Jesus. This seems like such a simplistic statement, but most things with God are simple and profound like this. As the scripture above states, we are "sure and fearless" in the face of all the world issues when we have the Holy Spirit living on the inside of us. We can know that no matter what is going on around us, we are secure in the Lord. Yes, there will be hardships and sickness in this life. I'm not saying we can get out of any of it. But there is a peace deep inside a believer's heart that can't be denied, or explained. It is what gets us through even the chaos of a pandemic.

If fear is trying to get a grip on you, let it go right now. Give it to Jesus and stand on the Word that says we are "sure and fearless". Activate your faith - say it out loud, "I am sure and fearless", and lean into it. "God will never give you the spirit of fear, but the Holy Spirit gives you mighty power, love, and self-control." (2 Timothy 1:7 TPT)

Papa God, thank you for being my strength and my rock through the tragedies of life. Help me to keep coming back to that 'sure and fearless' heart. Amen

Day 25 Journal

<u>High on a Hill:</u> what do you need to shake off today?
Mountain Pass: coming back to God's place of blessing.
Mysteries: find the answer to a problem in God's Word.

Gold Mines: how are you growing through tests & trials?
Moving Mountains: write about letting go of a fear you have.
Other Reflections:

Restless Spirits





When I saw the mountains the weight lifted and my restless spirit calmed... I knew I was where I belong. ~Unknown

Galations 4:6 TPT

And so that we would know for sure that we are his true children, God released the Spirit of Sonship into our hearts - moving us to cry out intimately, "My Father!, You're our true Father!"

It's amazing how nature can bring us back to center when our spirits are out of sorts, and our mind is stressed. All our modern advancements and technologies have brought us many comforts in life, but there is nothing that can make us feel more at 'home' like getting back to nature. For me, it's like some kind of deep inner feeling that we are connected to "Mother Earth" in ways we can't explain.

In the same way, the Holy Spirit living within us is the thing that lifts our restless spirits to know in the depths of our hearts that God is our true Father. This was a real healing experience for me, because I never really had a loving father figure in my life. I remember the day the Holy Spirit set this knowledge into my heart - I was in a Vineyard Church service, and the pastor gave a word of knowledge that the Lord wanted to heal the hearts of the fatherless. All I had to do was receive it. Well, I knew that was me, but there were many others touched that day as well. In that instant of surrender, I knew that God was my Father; has always been my Father, and He loves me just the way I am. He adopted me to be His own. I am not alone or unwanted. That revelation broke something in me - my hardened heart - so it could be healed. Oh how sweet it is when the Holy Spirit leads us to places of healing. What freedom there is when we lean into it! I encourage you to lean into those moments when you feel God speaking to you - asking you to lean in and release something to Him. Don't hold back; let it go and be healed.

Thank you Holy Spirit for leading and guiding us on the paths of healing and into a deeper knowledge of Your love.

The Beauty of Nature





Nature is the art of God. ~Dante

Job 12:7-10 TVT

But ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth, and it will teach you, or let the fish in the sea inform you. Which of all these does not know that the hand of the LORD has done this? In his hand is the life of every creature and the breath of all mankind.

ur God is truly an artist. One of my favorite things to do is go exploring new places in nature. I love to drive to new destinations and spend time just gazing at more of God's beautiful creation. The southwest has the most spectacular landscapes I've ever seen. The red sands and monuments, the arches, and the magnificent Grand Canyon are truly inspiring. These kind of experiences live in our hearts and memories, and become a part of us. Things and people may come and go during our journey through life, but the beauty of nature and our time spent in it makes an impression on our soul that stays.

When was the last time you took some time out to marvel at creation and let it refresh your soul? I'm not talking about a vacation with every minute packed with activities and thrills like a theme park, but a quiet time away from everything where you can really still your spirit and rest. A time to see some natural beauty and soak it in, thanking Papa God for the wonderful creation that He has given to us. This is the essence of being still and knowing God. Speak to Him and wait to hear His still small voice. "Blessed are those who listen to me, watching daily at my doors, waiting at my doorway. Those who find me find life and receive favor from the Lord." (Proverbs 8:34-35 NIV) Now that's my kind of R&R.

Father God, I stand amazed by the beauty You created in nature. Thank you for giving us richly, all things to enjoy, (1 Timothy 6:17) Amen

Challenging Trails





It's only after you've stepped outside your comfort zone that you begin to change, grow, and transform.

~ Roy T. Bennett

Eph 2: 22 TPT

This means that God is transforming each one of you into the Holy of Holies, his dwelling place, through the power of the Holy Spirit living in you.

C ompleting a challenging mountain trail can change your life. I think it has something to do with facing and overcoming our fears, that really transforms us. I have several friends that have hiked to the bottom of the Grand Canyon and back, and they really do come back inspired and confident. I cannot hike the Canyon due to a foot ailment, and opted for rafting through it, which proved to be just as challenging and thrilling for me. I believe it's the challenges in life that cause us to grow in character and self-esteem. I have personally found that pressing into a challenge, rather than shrinking back, is where the real growth happens.

Another transforming experience in my life was choosing to follow Jesus. I knew I needed Him, but I really had no idea about the challenges ahead of me. I didn't realize I was signing up for the Holy Spirit to change me from the inside out to make me into His dwelling place. What a High honor! I'm sure if I knew this was the point, I might have shrunk back feeling like I was wholly inadequate for the job. In fact that kind of thinking kept me from surrendering to Him for some time. But my need for Him finally outweighed my insecurities about being good enough, and I stepped out in faith into the greatest adventure of my life. Since then the Lord has brought me through mountain tops and valleys low in reaching and healing the innermost parts of me, which has been the 'challenging' part. But the view from here (39 years later) is beautiful and amazing. Are you pressing into your spiritual adventure, or shrinking back?

Thank you Father for giving me the boldness to press in when you are leading me through the mountain tops and the valleys of life. Amen

Healing Mountains





Nature is our teacher, the divine force that can help guide us towards a path of healing.

~The Wellness Station

Proverbs:16:24 TPT
Nothing is more appealing than speaking beautiful, life-giving words. For they release sweetness to our souls and inner healing to our spirits.

ealing experts agree that there is something about spending time in nature that is healing to our minds and bodies. Part of the reason that works is because it gets us away from stresses and pressures of life, and gives us a peaceful setting to recover. Nature brings us closer to our Creator. The things God made have a built-in design to heal themselves, and nature helps us get back 'in tune' with that same design by which we were made.

But it's not just our minds and bodies that need healing. Sometimes our spirit being - the deepest part of what makes us who we are - is wounded. Things of the spirit can only be healed by the Spirit. I love the scripture above that teaches us how beautiful, life-giving words can release a sweetness to our souls and bring inner healing to our spirits. Recently I went through a class that had us form small groups and do an exercise of asking the Holy Spirit for encouraging words for the people in our group, and then speaking those words over them. Then we prayed to seal those words so they would accomplish what God sent them to do. I have to say, I walked away from that class feeling lighter and inspired, with confirming words to tell me I was on the right path. It is amazing how our words - when combined with the guidance of the Holy Spirit - can heal and direct. Do you know someone that needs inner healing? Try asking the Holy Spirit for words of encouragement to speak.

Holy Spirit, I ask you for more encouraging words to share with those you put across my path. Help me to speak those words in spirit and in truth, and help those words be received to bring inner healing. Amen

Mountaintop Moments





At some moments we experience complete unity within us and around us. This may happen when we stand on a mountaintop and are captivated by the view.

~Henri Nouwen

Matthew 14:23 TVT

After He had sent them away, He went up the mountain by Himself to pray. When evening came, He was there alone.

ountain tops are physically hard places to get to. Maybe that's why they have such a special effect on us. We know that so few have been there, and it ignites something inside us that makes us feel whole when we experience that unmistakably unique moment in our life that may never come again. This must be what drives mountain climbers to conquer the mountain tops of the world.

Jesus made a habit of going to the mountain tops to get alone and pray during the peak of His ministry. It's something we can learn to do to strengthen our ministry and our walk with God. I'm not a big hiker, but I do love to drive to the mountains to be inspired and get some alone time with God. If it was good for Jesus, it's got to be good for me!

Another way we experience 'mountaintop' experiences is on the inside, in our spirits. It's those moments in life that bring great rejoicing, and for that moment we feel on top of the world. Your first job, your wedding day, completing a long hard project, the day you said yes to Jesus. We would love for every day to have high moments, but real life is not like that. When the road leads us to the 'valleys', that's when we can recall the mountaintops and know this is only temporary. We can push through and look for that next day of rejoicing. If you find yourself stuck in a 'valley', don't stay there. Get up, get out and go find a mountaintop! Ask the Lord to meet you there, and lean into His presence. You'll come back a different person.

Thank you Jesus for your example of getting away to the mountains to be alone with our Father. Thank you for meeting us there and giving us strength. Amen

Day 30 Journal

Restless Spirit: lean in and release something to God.
Beauty of Nature: be still and listen-what is God saying to you?
Challenging Trails: pressing in to your spiritual adventure.

<u>Healing Mountains:</u> write about how to encourage others.
Mountain Top Moments: write about a mountain top moment.
Other Reflections:

Meet My Jesus





He died for you. (Yes, you.)

Romans 10:9 NIV If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead you will be saved.

aybe you already know my Jesus, but I could not close this book without giving you the invitation to receive Him into your heart, in case you've never taken that step.

Not sure? Then **let's make sure** you don't go another minute without knowing without a doubt that He knows you and loves you. That he actually died so that you could come into His household and become an adopted son or daughter of the Most High God. Come without hesitation into the life He has for you. A life full of freedom and peace deep in your soul, because you *know* you are accepted just the way you are. Believe, and receive the gift of the Holy Spirit placed in the middle of your heart to intimately know without a doubt *who's* you are.

The story of Jesus is well known - I'm sure you've heard it before. Father God sent His one and only son to be the ultimate sacrifice for us. He paid the price for sin in the world, so we don't have to. It was a horrible death, but then a miracle happened. He awoke from death and was the first to go to be with the Father. But His sacrifice made it possible for anyone who would believe to join Him. Not just in heaven, but on a spiritual journey here and now, to grow into the best version of ourselves - and maybe bring a few folks along with us.

It's this easy: If you believe in your heart, tell him directly: "Jesus, I believe You died for me! I believe You were raised from the dead. I ask You to breath the gift of the Holy Spirit on me so I can know you deep in my soul." Now tell someone! Find your tribe of other believers and get connected to a local church. Congratulations on beginning your spiritual journey! Welcome to the Family!

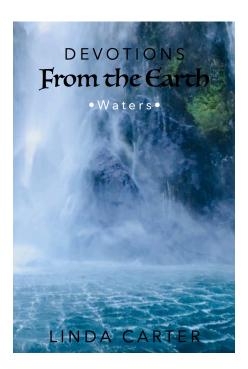
Would you do one more thing? Would you contact me and tell me you met my Jesus? Linda@LindasGarden.co

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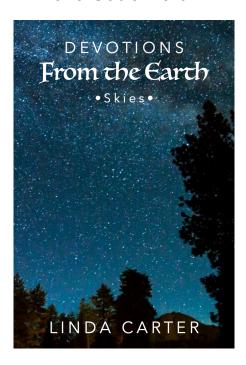


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About the Author



Linda Carter has a 40 year history as a Christian, being born again in a Vineyard Church of southern California in 1982. She has spent time serving in women's prison ministry, women's addiction recovery, women's mentorship programs and motorcycle ministry. She is a mother of 1, a

grandmother of 6, and is semi-retired with her husband, residing in Northern California in the high country and small mountain community of Oak Run.