

LIVE WISE

A 21-DAY DEVOTIONAL FOR WOMEN, EXPLORING THE
DEPTHS OF GOD'S WISDOM AND HOW TO APPLY IT TO
YOUR EVERYDAY LIFE

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I dedicate this book firstly to my Heavenly Father. Thank You for inspiring me to write this book and for giving me the courage to share it.

I also dedicate this book to my husband John. There is no one else in the world I would rather be on this wild exciting ride with. Thank you for all your love and support and for believing in me.

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FOREWORD

Beloved,

I see the fingerprint of the Lord upon this *Live Wise* devotional that Rachael "Rach" Whelan has written with the Lord for you, to embark on a journey with the Lord as you open yourself to Him and allow Him to do what only He can do.

Within these daily devotionals will be insight into deeper intimacy and revelation with the Spirit of the Lord and the wisdom in navigating through your life with Him. For upon this journey the Lord has beckoned you to more of Him and less of the many things that grapple for our attention and affection. He will guide you into more of Him as you give Him your yes. As you dive into the heart of your loving Father's embrace with each page you will dive deeper still into the beat of your Father's heart. May this devotional gifted by the hand of God guide you on the intimate journey with our blessed Trinity into the heights of His loving presence which comes through time with Him. The fingerprint I see upon this book is from your maker, your guide, your forever faithful and loving Father.

I first met Rach about a year after I broke my back and

sustained a spinal cord injury while tomahawking off a mountain in New Zealand. In March of 2016, I was falling to my death when I experienced the power of God in all things and all around me and He chose to save my life and lay me down gently on the mountain. As I took a moment with the Lord looking up to the sky on the side of the sheer drop-off in awe of Him asking why He saved me; He pressed upon me that I survived and would endure much warfare for the many. After many months and years of intimate time in which I fixed my eyes upon Jesus going into the quiet place to beat deeper still with the Trinity through my whole being and stepping in complete faith, the Lord not only healed the spinal cord injury and the trauma associated with the warfare but prepared me for walking with Him as one in the restoration coming. In the last few years, I have been stepping in complete faith going wherever the Holy Spirit leads in North America and New Zealand pouring into the many, the ones He highlights, which brings me to how I met Rach.

The Holy Spirit had guided me to a beach community in the Bay of Plenty, New Zealand and in time I met Rach, and we went for a coffee. Both of us felt the Lord's presence and His encouragement in our meeting, and from then on, I would spend time with Rach and her family surfing and in fellowship whenever I was in New Zealand. It wasn't until early 2020 when the Lord spoke to me while on top of the South Island mountains of New Zealand. I had an open vision of this virus, which would be like dominos falling around the world. God then showed me worshipping the Lord with Rach and John in their home. The Lord said I was to go to their home now and not to leave New Zealand as it's important I stay in this country for my part in His glory coming to New Zealand. I hopped on a ferry to the North Island and drove to Rach and John where they welcomed me with open arms trusting what God shared with me, then the pandemic hit. While chaos ensued around the world it was a time of resting in the Lord's presence for

each of us. It was during that time we realized God had bigger plans for a God-ordained alignment that was developing as we began worshiping together feeling the Lord's presence so strongly just as the Lord had shown me. We would also share some of what the Lord was revealing in the quiet place with each other, which was such an encouraging time for us.

Since that time Rach has stepped in faith as the Lord guided her family to relocate to an entirely new coastal community in New Zealand where she has been taking more time with the Lord, and her family, and partnering with the Lord to write this *Live Wise* devotional book for you. Rachael Whelan does not strive for wisdom or live from a place of man's wisdom but is seated in heavenly places with the Lord hearing from Him, which has been built upon her firm foundation in the quiet place with Him. It's through this quiet time with the Lord over the years that He has revealed insight to Rach to share with you in a way you can apply to your life to live wise within the Lord.

I pray that this devotional helps bring you into the depths of your relationship with the Trinity and your Father's wisdom for your life, your family, and those lives you are destined to touch. For the time has come to live in Spirit and Truth with your beloved.

With love,
Christian Little

INTRODUCTION

Sometimes, I truly believe that the world has gone mad. I look around me, and I see chaos everywhere. It can get quite overwhelming, especially as a representative of Christ. It can be an immense responsibility to show this chaotic world that there is hope, even when it appears like all hope is lost. So, how do we navigate these impossible storms? How do we keep our heads above the water while being a beacon of light for others? Well, my friend, the answer is quite simple: It's all about wisdom! No amount of knowledge will lead you to a place of peace. Only a true revelation of our Heavenly Father's wisdom can guide us in a world of chaos.

Perhaps you feel like me sometimes: Overwhelmed with the world and all its chaos, seeking some calm within the storm, with a hunger for more of Him. Do you feel the call for a deeper relationship with your Heavenly Father, desperate to experience His wisdom and guidance? Or perhaps you've been around the Christianity block a few times, and you're seeking a new spark, a fresh revelation of who He is. Well, no matter your story, you're in the

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right place. God is inviting you, right now, where you are, to come into deeper intimacy with Him. He wants to reveal His heart to you, impart His wisdom into your life, and like the good Father that He is, He wants to pick you up, dust you off, and set you on the path He created for you.

We were created by the Most High as His precious children. No matter the circumstances around you or the situation you find yourself in, this truth remains the same. Therefore, we were never meant to go about life in constant fear of making mistakes or feeling burnt out by the weight of the world. We're meant to live from a place of victory since He's already won the fight for us! So today, let's focus less on the chaos of the world and shift to focus on the call of our Father.

In Proverbs 4:8–9 in *The Passion Translation*, we read that “Wisdom will exalt you when you exalt her truth. She will lead you to honor and favor when you live your life by her insights. You will be adorned with beauty and grace, and wisdom’s glory will wrap itself around you, making you victorious in the race.” My lovely sister, the need that you experience for more of Him, or that spark you crave for a fresh revelation is an intimate invitation from your Father. He knows better than us that we cannot go through this world alone, but only with the help of the Holy Spirit and heavenly wisdom. I experienced for myself how the chaos of the world can often swallow us, but nothing is impossible for our Father. He always leaves the 99 to come to find the one. That parable never made sense to me until I was the one He came looking for.

Since I was little, I found myself split between the world and the Word: My mother was a Christian, and my father was an atheist. I was raised in a Pentecostal church, but I walked away from God in my late teens, ready to see what the world had to offer. In 2007, at the age of 30, I was celebrating New Year’s Eve like most people do—partying the night away. But God came looking for me,

and in the bathroom of a nightclub, I encountered the love of God in a radical way! It felt like scales fell from my eyes and the light went on, and for the first time in a long time, I could see clearly. I could see the truth, that God is more than a religion; He is alive! God spoke to me from the inside out, from a place within me that I didn't know existed. He spoke His truths over me and told me repeatedly that He loved me, just the way I am. He wasn't mad at me or condemning me for walking away. Instead, He was standing with His arms wide open, ready to welcome His daughter home. Since that radical encounter, I've had this burning desire in the deepest part of my being to pursue intimacy with God. And let me tell you, this pursuit has been a wild adventure, but one I have never regretted. God has been faithful throughout every season and every trial I've faced.

That is my heart for this 21-day devotional: For you to have a personal experience with God, a deep encounter, and a fresh revelation of who He is. This 21-day devotional will help you answer that yearning you've been feeling for more of Him. It will help you to cultivate a deeper relationship with God by building the habit of talking to your Father daily. This deeper relationship with Him will provide you with clarity and discernment to navigate this ever-changing world, equipping you with the wisdom to face every decision with confidence and certainty. This 21-day devotional will equip you with tools to bring healing, restoration, and hope to a world that is in dire need of love and light. I also trust that this devotional will guide you to a more intimate relationship with God, teaching you how to prioritize Him above all else. It will also teach you how to engage with His Word through meditating on it and implementing activations to make the Word practical in your daily life. I've been blessed with many practical opportunities to serve His kingdom, by being an elder, leading a team of intercessors, leading ministry teams, running a home group, serving in a

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worship team, preaching, and one-to-one mentoring. Over the years I have learned so much, and through a combination of pursuing intimacy and practical experience, I've deepened my relationship with God, and grown in His wisdom.

It's important to know, however, that this 21-day devotional doesn't hold all the answers to the chaos of the world, but it will lead you closer to the One who does. This book contains the wisdom that God has imparted to me through many hours of pursuing Him, but it's just the tip of the iceberg of God's limitless wisdom available to us all. This book is merely a small piece of what I've learned on my journey so far, but I truly feel like this is what God wants me to share with you. It is not a "one size fits all" formula or an easy fix in three steps. It's a guide to help you answer your personal call for a deeper intimacy with God. It is out of this intimacy, that practical wisdom will flow. This is not just a book of knowledge, but a guide designed to get you to engage and apply what you learn. It will require some of your time and your full attention, but it will be so worth it!

Practically, this 21-day devotional follows a four-step action plan. Each day we'll discuss a topic through testimonies, stories, and personal revelation, followed by the four-step action plan:

1. Scripture to read and meditate on.
2. A prayer or declaration.
3. An activation that will encourage you to engage with God in a deeper way and apply His wisdom throughout your day.
4. And lastly, journaling your experiences and encounters so that you'll be able to look back and see how far you've come and how much you've grown. I have a free digital journal available to download on my website www.rachaelwhelan.com so you can get started straight away.

Even though this is a 21-day devotional, there is no guilt or condemnation if you miss a day or cannot complete the 21 days consecutively. If you miss a day, pick up where you left off the next day. Don't skip the devotion of the day that you've missed. It is more important that you complete all 21 days than to complete the book in 21 days. Don't pressure yourself; allow the Holy Spirit to guide you on this personal journey. Although there is no judgment if you miss a day, I want to encourage you to make time for Him every day. Like any other relationship, our relationship with Father strengthens by spending time together. The only way to experience deeper intimacy with Him is through prioritizing spending time with Him.

One last thing to mention is that I use scriptures from the NKJV, NLT, NIV, AMPC, AMP, and TPT translations. I personally use a variety of versions, as I find that it gives me a fuller, more rounded understanding of what the scripture is saying. These particular versions are my favorites. If you prefer reading from another translation, I want to encourage you to read the daily scripture in the translation that you prefer during your four-step action plan each day. Make the journey as personal for you as it can be and allow Him to reveal His heart for you. Before we jump right in, I want to pray for you, this journey you're about to embark on, and the deep revelation you're about to receive from our Heavenly Father.

Father God, I thank You for Your wisdom, and I thank You for this beautiful daughter of Yours who is about to embark on a life-changing journey. Jesus, thank You that You already paid the ultimate price for us, and therefore we can enter Your presence with boldness and thanksgiving. Holy Spirit, we invite You into this 21 Day devotional to do what You do best. Come and reveal Your heart to Your daughter, Lord, and provide us with the wisdom that we need to face our circumstances and situations. Thank You, God, that we know the battle is already won and that You love us so deeply that You sent Your only son to die on the cross for us. Father, we honor You, and we

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welcome Your presence. We open our hearts to receive what You have for us, and we praise Your name. May Your wisdom run through the pages, and may You reveal to Your daughter how precious she is to You. I declare a deep and intimate relationship between You and all Your daughters. I pray all of this in the mighty and wonderful name of Jesus Christ. Amen.

SECTION 1: STRONG FOUNDATIONS

My child, never drift off course from these two goals in life: to walk in wisdom and to discover your purpose. Don't ever forget how they empower you. For they strengthen you inside and out and inspire you to do what's right; you will be energized and refreshed by the healing they bring. They give you living hope to guide you, and not one of life's tests will cause you to stumble. –Proverbs 3:21–23 TPT

THE IMPORTANCE OF STRONG FOUNDATIONS

Over the next couple of days, we'll journey on *wisdom* as a foundation for your life. Oftentimes, we see wisdom as a nice “add-on” to life. It's not necessarily the thing we crave or cultivate, but something we think would appear automatically when we become a Christian. The truth, however, is that wisdom is not a result of a Christian walk, but a successful Christian walk is the result of wisdom as a foundation in your life. When you have wisdom as a foundation, all your decisions, choices, and daily lifestyle will be based on whether it is wise or unwise in the eyes of the Lord. Therefore, we should prioritize wisdom as a foundation,

not as a “nice to have.” But how do we build strong foundations, and how can we ensure that we use wisdom as an important building block in our foundations of life? We walk in close relationship with our Heavenly Father, and we start by looking at three important building blocks:

1. The beginning of wisdom
2. The importance of seeking wisdom
3. The effect wisdom has on our identities

These three building blocks form the foundation of wisdom. Once we truly grasp what wisdom is, how important it is, and how it affects our lives, we can start building it into our strong foundations. Having firm foundations built on Christ will help us to withstand whatever comes our way. Like it says in Proverbs 3:23, we know that wisdom will prevent us from stumbling; therefore, it is a necessary building block in our foundations of life.

I pray that you'll take the next three days and see it as an opportunity to strengthen and ensure your strong foundation is in Him. May His wisdom find you in unexpected ways, and may you be blessed with a foundation of wisdom that surpasses all understanding. Amen.

DAY 1: THE BEGINNING OF WISDOM

The fear of the Lord is the beginning of wisdom, And the knowledge of the Holy One is understanding. –Proverbs 9:10 NKJV

I never quite understood what fearing the Lord really meant. I found it a bit confusing to see my true love, my creator and Father, as someone to fear. One night, at a home group event, our leader that night asked us to close our eyes and ask Father God to reveal something about Himself that He had never revealed to us before. I closed my eyes, and the prayer barely left my mouth when He took me into a supernatural encounter with Him. I saw white lights blurring and whizzing past me like you would see in a Star Wars movie when someone jumps into hyperspace. When the lights stopped, there was complete silence, and I saw what looked like a nebula right in front of me. It was a beautiful combination of colors. It felt like I was outside of time, and I knew in the depths of my being that where I was and what I was looking at had always been. I could feel raw power coming from the nebula, and I was completely overwhelmed by God's power and awesomeness. I had never experienced anything like that before! I've experienced His

love, joy, peace, and healing, but never His raw power as I did then. It felt like the kind of power that could create a universe. I then heard His voice saying, “I am the great I AM” The lights flashed again, and in a second, my encounter was over, but the effect it had on my life will be forever. I found a brand-new reverence and awe for God. I realized how small I’d made Him and how at that moment, I’d gotten a glimpse of how awesomely powerful God truly is. I finally understood what fearing the Lord meant: It wasn’t a case of fearing Him because He is mad or because He will punish me if I do something wrong but fearing Him by being in awe and reverence of Him. It blows my mind that the God of the universe is so powerful, yet He cares so much about me and the details of my life that He revealed a glimpse of His almighty power to me.

In Proverbs 9:10, we read that the fear of the Lord is the beginning of all wisdom, so only when we truly grasp what fearing the Lord means will we be able to encounter His wisdom. The Oxford Languages Dictionary defines wisdom as “the quality of having experience, knowledge, and good judgment.” Therefore, wisdom is more than just knowing what is right and what is wrong—it’s applying the knowledge to your everyday life. You can have all the knowledge in the world, but without application, wisdom will never become active in your life. The perfect example of how wisdom comes from understanding how powerful God is (fearing the Lord) can be found in Daniel 3. The story of Shadrach, Meshach, and Abednego is a well-known story and one you’ve probably heard and read a hundred times, but I want to encourage you to see it in a new way today. Their fear for the Lord was so great that even the wrath of a king did not make them compromise. They had the wisdom to know that God forbade them from bowing before other kings and statues, and therefore they refused to obey King Nebuchadnezzar. Their knowledge of God’s Word turned into wisdom when they chose to obey God, in awe of His power and might.

God is calling all of us to have the same revelation these three men had in Daniel 3. He wants us to have such a deep relationship with Him that nothing would scare us away from wisdom. He wants us to boldly approach His throne of grace, for He is a living and kind God, even though He is almighty and powerful. He wants to engage with us through a place of deep worship, reverence, awe, and wonder. He wants to reveal to you today how much He, the creator of all, the most powerful, the almighty, loves and cares for you!

FOUR STEP PLAN

Scripture

Take some time today to read the scriptures of the day. As you read each scripture, meditate on it and what it means to you.

Proverbs 9:10 TPT

The starting point for acquiring wisdom is to be consumed with awe as you worship Yahweh. To receive the revelation of the Holy One, you must come to the one who has living-understanding.

Psalms 111:10 TPT

Where can wisdom be found? It is born in the fear of God. Everyone who follows his ways will never lack his living-understanding. And the adoration of God will abide throughout eternity!

Prayer

Father God, I come before You now in complete awe and rever-

ence of who You are. With a humbled and surrendered heart, I acknowledge that You are the Most High, the King of all kings, the Almighty. Father, thank You for loving me and for caring about me, even though You are so powerful and awesome. Lord, You are the creator of all, and I stand in awe of who You are and what You are capable of. I thank You that I now better understand what fearing You means and that I get to experience the love of the Most High. Amen.

Activation

Set aside some time today and ask Father God to reveal something about Himself that He's never revealed to you before. Make yourself comfortable, close your eyes, and allow the Holy Spirit to move within you. You might have a completely different experience from me, but trust that whatever the Lord shows you is part of His plan for you and this journey of intimacy with Him.

Journal

Write down your experience, what God revealed to you, and what stood out for you from today's passage. Journaling is a great way to express how you are feeling and what you are experiencing, and it can encourage you greatly when you look back at it later in your life. If you're new to journaling, don't put pressure on yourself to write pages and pages. Ask God to guide you in what and how to journal.

Thank You, Lord, that You care enough about us to reveal to us who You are. Help me to see Your awesomeness in everything I do today. Amen.

DAY 2: SEEK WISDOM

Tune your ears to wisdom, and concentrate on understanding. Cry out for insight and ask for understanding. Search for them as you would for silver; seek them like hidden treasures. –Proverbs 2:2–4 NLT

My beloved daughter, how wonderful it is to spend time with you. I have longed for you, and My heart triumphs with joy when you speak to Me. My darling, today I want you to listen to the sweet sound of My voice. Become aware of My tangible spirit and open your heart to experience more of Me. I carry a special message for you, My beloved. A love letter straight from My heart! Within this note is the sweet essence of true wisdom, only attainable by seeking Me. Daughter, you have access to all the wisdom that you need. I do not hide it from you; neither will I deny you the goodness of wisdom and the blessing it provides. I lay it on a silver platter for you, ready to be inhaled like a sweet aroma. My daughter, I only require one thing from you: a surrendered heart. Tune your ears to hear My voice by allowing Me to remove the pride from your heart. Seek My wisdom as you would silver, even though I place it right in front of you. Humble

yourself and come into My throne room where wisdom is in abundance.

I have a surprise for you, My beloved! You've already taken the first step towards finding wisdom when you allowed yourself to start seeking Me on this journey you've embarked on. I am proud of you, and My heart overflows with love for you. You've been wondering how to acquire wisdom, and I lay the answer before you: Seek, and you shall find. My son, Solomon, asked for wisdom a long time ago when he realized he needed wisdom to reign successfully, just like his father did before him. Of all the things he could have asked Me, he placed the highest value on wisdom. Above wealth, possessions, honor, and long life, he chose to ask for wisdom. I was very pleased with My son's choice, just like I am pleased with you for seeking wisdom in all her glory. I gifted him with more wisdom than those who came before him because he chose to humble himself before Me. He realized that he didn't know it all, and only when you realize that you do not have all the answers on your own will you be able to fully grasp the gift of wisdom that I offer you.

My precious child, when you seek wisdom, you will find her. But what will you do with her once you've found her? I want to encourage you to keep her safe. Treasure her like you would a valuable stone or a loved one. I offer you wisdom daily, but I am a kind and gentle father; I will never force you to take something. It is your choice, your decision to make every day whether you allow wisdom and all her glory to walk with you or whether you want to do things in your own understanding. Even My son, Solomon, did not choose wisdom daily. He ignored her calls and guidance and acted unwisely. Don't fear, My dearly beloved. I have given you the Holy Spirit to help you make this decision every day. Allow Him to run free and welcome wisdom with open arms, just as I welcome you.

*FOUR STEP PLAN***Scripture**

Read the following scriptures and meditate on the meaning. What do you feel God is revealing to you with these scriptures? Read every scripture three times: Once to take in what is said, a second time to understand the context of the passage, and a third time to allow the Holy Spirit to speak to you through this passage.

Proverbs 2:1 TPT

My child, will you treasure my wisdom? Then, and only then, will you acquire it. And only if you accept my advice and hide it within will you succeed.

James 1:5 NKJV

If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

Proverbs 2:7–8 TPT

For the Lord has a hidden storehouse of wisdom made accessible to his godly ones. He becomes your personal bodyguard as you follow his ways, protecting and guarding you as you choose what is right.

Prayer

Father God, thank You that the gift of wisdom is available to us all. Thank You that You do not hide it away but open the store-

house of wisdom to those who ask it of You. Father, I repent for all the times that I tried to do things in my own understanding, ignoring Your wisdom and not knowing any better. I humble myself before You now, my God, in awe of who You are and with a fresh revelation of how powerful You are. Father, I cannot face the world without You. I am unable to make good decisions in my life without Your insight and wisdom. I humbly ask that You pour the gift of wisdom over me right now. Unlock new revelation and a deeper understanding within my heart for who You are. Let wisdom run over me like a river, stirring deep within me, until I overflow like a fountain. Holy Spirit, I ask that You guide me daily. Remind me to welcome wisdom into my home and into my thoughts and convict me when I try to accomplish things through my own understanding. Thank You, Father, for opening the vault to Your precious wisdom to me. Amen.

Activation

Today, we learned that wisdom is available to all who ask. It's not just for an elite team of spiritual leaders but for you and me. God cares enough about our daily tasks and situations that He wants to give us the wisdom to do these tasks well and to handle the situations and circumstances with His wisdom. Take some time today to spend in Father's presence. Ask Him to reveal the storehouse of wisdom accessible to you according to His Word in Proverbs 2:7. Engage with Him and allow Him to download His wisdom into your inner being.

Journal

Journal the experience you had with your Father today and ask Him what you need to write down to remember tomorrow. By journaling your experience, you are creating your own personal

book of wisdom that is straight from Father's heart to you. Write down the wisdom that God downloads into your heart and meditate on it in the days to come.

Father God, thank You for Your wisdom. Thank You that You care enough about me to impart Your wisdom into my life. I am humbled by Your goodness, and I will choose to welcome wisdom daily. Amen.

DAY 3: IDENTITY

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! –2 Corinthians 5:17 NLT

Hi there! My name is...well, my name isn't important to the story, but most of you refer to me as "The Prodigal Son." You know my story well, but there's something about my story that I find a lot of people miss. My story is best known for how my father welcomed me home after I embarrassed and dishonored him. Of course, I will always be thankful that my loving father welcomed me home, but the highlight of my story is not a special moment—it was something that happened behind the scenes. You see, I grew up truly blessed. My father loved me, and I never lacked anything, yet somehow, I was unsure of who I was. I found my identity in all my possessions, popularity, and parties, so I thought I knew who I was when I left. I figured it would be okay to ask my father for my inheritance since it belonged to me anyway, and I was desperate to prove my worth to everyone around me. When I left, I found my identity in all the things this world provided me. I bought and indulged in the things the world convinced me I

needed. I held fancy parties, and I built my identity on being popular. Well, you all know what happened next: My money ran out, along with my popularity and my so-called friends. I was ashamed and embarrassed, and as I was sitting in a pile of mud, all I could think of was how much of a disappointment I must be to my father. And there, my friends is the key to my story. Even in my darkest moment, I was still a son. My identity was never my friends or my money! My identity was always “son.” Even though I didn’t see it back then, I now know that I’ve always been and always will be a son, no matter my circumstances or my situation. Even though I don’t always get it right, being a son encourages me to try and do what pleases my father.

It’s the same with being a daughter of the Most High! God called you “daughter,” and nothing will ever remove that identity from you. Even though the world tries to pull us in different directions, you will always be a daughter of the King. So why is identity important when we’re on a journey to discover wisdom? Well, if I, the prodigal son, understood my identity before I left home, I would’ve made much better and wiser decisions! In order to embrace and understand wisdom fully, we need to start by realizing our identities. Wisdom will help you to navigate the twists and turns of this life, but without the heart conviction of your identity in Christ, it will be almost impossible to accept His wisdom. Here’s the beauty of the situation, though: God already gave us an identity. It’s not something we have to go and look for in the world! He is the same yesterday, today, and forever; therefore, we can look in the Word for our identity and not in the world. The Bible says that we are:

- Children of God—*For all who are led by the Spirit of God are children of God.* (Romans 8:14 NLT)
- New creations—*This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!* (2 Corinthians 5:17 NLT)
- Light of the world—*You are the light of the world—like a city on a hilltop that cannot be hidden.* (Matthew 5:14 NLT)
- A royal priesthood—*But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into his wonderful light.* (1 Peter 2:9 NLT)
- More than conquerors—*No, despite all these things, overwhelming victory is ours through Christ, who loved us.* (Romans 8:37 NLT)
- One in spirit with Him—*But the person who is joined to the Lord is one spirit with him.* (1 Corinthians 6:17 NLT)
- Heirs of Christ—*And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.* (Romans 8:17 NLT)
- Citizens of heaven—*But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior.* (Philippians 3:20 NLT)
- Kings and priests—*And you have caused them to become a Kingdom of priests for our God. And they will reign on the earth.* (Revelation 5:10 NLT)

Don't make the same mistake I did. Don't go out into the world looking for an identity. All of the above is already your identity! You don't have to work for it or achieve something. Just accept it and allow God to plant your identity within a deep foundation of your heart.

FOUR STEP PLAN

Scripture

Take your time as you read through these scriptures. I want to encourage you to highlight anything that stands out to you and meditate on that scripture today.

Romans 8:14 NLT

For all who are led by the Spirit of God are children of God.

Isaiah 60:1 NKJV

Arise, shine; For your light has come! And the glory of the Lord is risen upon you.

Prayer

My Father, thank You that You call me daughter. I am so sorry for the times I looked for my identity in the world and not the Word. I hold fast to who You say I am, and I praise You, Father, for never changing Your mind about my identity. Lord, I ask that You open my eyes right now to my true identity. Help me see who I truly am so that I can walk with that wisdom daily. Father, I ask that You engrave my identity as Your daughter into my heart so that I will never be able to forget it again. I praise You, Jesus! Amen.

Activation

Today, as you meditate on who Father says you are, allow these

truths to penetrate your heart and inner being. Allow the Holy Spirit to change the way you see yourself and give God permission to remind you during the day when you forget who you are. If you catch yourself thinking that you are not worthy, or when you start to believe the lies the world is communicating to you, revisit these scriptures and meditate on them for as long as you need. Soak in the truth and allow the light to shine in and through you.

Journal

Write down all the truths the Lord revealed to you today about who you are and who He called you to be. Write down how these truths make you feel and combat your negative thoughts with these truths. Ask yourself: Who am I in the eyes of the Lord?

Lord, thank You for calling me and giving me an identity. Thank You that I get to live with the wisdom of who I am. Thank You that You call me daughter and that nothing I do will ever separate us. Thank You that my identity is now a strong foundation, and that wisdom will flow from my identity in You. Lord, I praise Your holy name. Amen.

SECTION 2: WHAT DOES WISDOM LOOK LIKE?

You will find true success when you find me, for I have insight into wise plans that are designed just for you. I hold in my hands living-understanding, courage, and strength. –Proverbs 8:14 TPT

Now that we have our strong foundations set and we know that we must seek true wisdom from God, it's time to take the next step on this journey and ask ourselves: What does wisdom look like? Over the next couple of days, we'll dive into the specifics of what wisdom looks like and how we can welcome wisdom into our homes. There is a lot of confusion regarding wisdom, especially when we look at the world we live in. So many people, organizations, and even religions claim that they have the answer to true wisdom. As Christians, it can get quite difficult to navigate between the noise and find the truth about wisdom. The truth is that wisdom can only be found in our Heavenly Father. That's why we'll look at the following topics over the next four days:

1. The wisdom of God vs. the wisdom of man
2. How wisdom looks when it is reigning in your life
3. Wisdom as a legacy
4. How wisdom and revelation are a perfect match

In order to find wisdom at the feet of Jesus, we need to learn how to cut through the noise of the world and sometimes even cut through the noise of our own thoughts and opinions. Once we're able to cut through the noise, we'll be able to receive what He has in store for us.

Father, I pray that these next four days will be filled with Your wisdom. Show us what wisdom looks like and how we can personally accept the wisdom and the plan You have for our lives. I pray that You bless these days with a stillness so that we won't get distracted by the noise of the world. Amen.

DAY 4: THE WISDOM OF GOD VS. THE WISDOM OF MAN

But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

—James 3:17 NIV

A few years ago, my husband and I started running a home group from our house. When we first started, we worked out the perfect plan that we were going to follow, planning in advance what we were going to speak about, and we had a picture of what we wanted each week to look like. It was “good,” but something was clearly missing. We soon realized that if we wanted to truly see God move and create an atmosphere in our home where people could be themselves and encounter Jesus, we had to let go of our own plans and allow the Holy Spirit to reign fully. We decided to lay down our plans, and we gave the home group to the Holy Spirit, asking Him to be in charge—this was His group, after all. We prayed a dangerous prayer, giving the Holy Spirit permission to do whatever He wanted to do. The Holy Spirit didn’t waste any time in accepting the invitation. Pretty soon, His presence was so tangible that we all experienced a deep peace and rest, leaving

us refreshed and restored. On some occasions, the presence of the Lord was so strong that all we could do was sit there in silence, while other times, we danced and celebrated while experiencing the angelic! Our hearts were ignited and awakened, and along with that, healing and deliverance started to flow. People from different churches and groups started showing up, and at one stage, we counted people from seven different churches. You see, it didn't matter which church we came from. We were simply a group of people with one common denominator: We were craving more of Jesus! It was incredible how God used the group to bring people together from different walks of life to experience His goodness. I imagine none of what I have described above would have happened if we hadn't surrendered our plans and stayed comfortable with our own ideas.

This is often one of the first things we need to learn as children of God: How to stop relying on our own wisdom and start trusting God's wisdom. So often, we do what we think is right instead of asking God what we should do, and only once things start looking bad do we ask Him to step in and save the situation. Relying on our own wisdom is a form of pride. When we think we've got it all figured out on our own, we won't take the time or see the need to align our thoughts and patterns with His Word. We allow God into certain areas of our lives, but in other parts, we try to compartmentalize and keep control. Imagine your life is a house: You allow God to enter through the front door and sit on the couch in the living room, but the other parts of the house are off limits because you don't want Him to see the mess or change the way you've been doing things. My friend, I want to encourage you to open your entire house to the Lord. In John 14:6, we read that Jesus is the Way, the Truth, and the Life. He is the answer to all the questions that you have. No amount of "worldly wisdom" will ever satisfy your soul in the way that His truth can. Like it says in 1 Corinthians 2:13-14, true wisdom will never come from words

taught by worldly wisdom but will only be revealed by the Holy Spirit. So how do we differentiate between worldly wisdom and Godly wisdom? Well, in James 3:13–18 in the NIV translation, the difference between world and Word is described clearly, as you can see in the columns below.

Worldly Wisdom	Godly Wisdom
Selfish	Considerate
Argumentative	Peace-loving
Envious	Full of mercy
Bitter	Pure and sincere
Brings disorder	Produces good fruit

True wisdom is never selfish or based on your own emotions—it flows from close intimacy with God, who rewards obedience with a fruitful life. If you’re not sure if you are acting out of your own wisdom or Godly wisdom, ask yourself what the reasoning and the root of your actions are. If there is even a doubt that the motives that are driving you are sincere and pure, take the opportunity to surrender your thoughts, decisions, and all areas of your life to His wisdom. My dear friend, it is never too late to allow God into all the rooms in your house. Maybe you’ve allowed Him into certain rooms, or perhaps even all the rooms but one, but God is a Father of relationship. He wants to be included in all the areas of your life, even the ones that you want to control on your own. Maybe today is the perfect opportunity to surrender your entire “house” to Him. My husband and I had a choice to make: Stick with what we know or surrender to Him and allow Him to rule fully. We could’ve played it safe and kept on doing what we were used to, or we could’ve stepped out of the way and made space for the Holy Spirit. Even though it was an uncomfortable choice and even a little intimidating, I will always be thankful that we decided to surrender to Him. I know that we would never have experienced His presence like we did if we hadn’t allowed Him to reign in that area of our lives as well.

FOUR STEP PLAN

Scripture

As you read through these scriptures today, allow God to stir in your heart. Meditate on these verses until it becomes the truth settled within your soul.

Proverbs 3:5 NKJV

Trust in the Lord with all your heart,
And lean not on your own understanding.

Psalms 118:8 NKJV

It is better to trust in the Lord
Than to put confidence in man.

1 Corinthians 2:13–14 TPT

And we articulate these realities with the words imparted to us by the Spirit and not with the words taught by human wisdom. We join together Spirit-revealed truths with Spirit-revealed words. Someone living on an entirely human level rejects the revelations of God's Spirit, for they make no sense to him. He can't understand the revelations of the Spirit because they are only discovered by the illumination of the Spirit.

Prayer

Holy Spirit, I come to You now with a humbled heart, and I give You permission to highlight any areas in my life where I rely on my

own wisdom instead of Yours. I give You permission to enter not only the rooms of my life with which I am comfortable but all the areas. Father, I know now that worldly wisdom will not get me very far and that it will only lead to destruction. I repent for being selfish and thinking I can do this on my own. I give it all to You now. Amen.

Activation

Put some time aside today to sit with God and ask Him to highlight the areas in which you've been relying on your own wisdom. As He highlights these areas to you, give Him permission to take control of those areas and allow Him to reign in your life. Picture yourself holding these areas in your hands and then handing them over to God. Ask Him for wisdom and begin to implement what He tells you to do, even if it seems unconventional and uncomfortable.

Journal

Journal the areas that God highlights to you and write down what you can do differently in those areas when you rely on the wisdom of God and not your own understanding. Write down everything that Jesus shares with you, and once you start implementing it, come back and write down the outcomes of listening to the wisdom of your Heavenly Father.

Lord, thank You for showing me the difference between worldly wisdom and Godly wisdom. I ask that You help me live by Your wisdom today, not my own understanding. Amen.

DAY 5: WISDOM REIGNING IN YOUR LIFE

He raised us up with Christ the exalted One, and we ascended with him into the glorious perfection and authority of the heavenly realm, for we are now co-seated as one with Christ! –Ephesians 2:6 TPT

My beloved daughter, how I love calling you My child. I knitted you together within your mother's womb, created in My image. Precious child of Mine, it is time that you realize the authority that you receive as My daughter. It's not just a nice title; it carries a weight and a power you've yet to realize. It is captured in Matthew 28:18 that I said to My disciples that they have all the authority in heaven and on earth, and I want to tell you today that nothing has changed since then. The same authority that My disciples carried, you carry today. So, I ask you, My beloved, why have you placed these limits on yourself? You don't believe that everything is possible with Me on your side, even though it is written in My book of life. You quote Matthew 19:26 (NKJV), proclaiming that "with God, all things are possible," yet you doubt your own identity and authority as a daughter. My child, you were never supposed to live with these restraints and limits. You are supposed

to live in abundance! I have created you to live vibrant lives in which you thrive! From the beginning, I created you to live in fullness. I called My daughter “Eve,” which means life, and placed her in Eden, which means “place of pleasure and delight.” It was part of My original design that you live in “Shalom,” meaning wholeness and complete well-being! My beautiful daughter, are you living in complete wholeness and well-being? Why are you filled with confusion and sorrow when it was not part of My original design?

My daughter, hear My call when I tell you that you’ll only find true Shalom when you enter My presence and are filled with My wisdom. When you operate within My Holy Spirit, Shalom and Zoe (Greek for Eve) will be on display in your life. It’s time to allow wisdom to reign fully in your life. Don’t deny her any longer. Listen to her when she tells you that you are called, wonderful, and uniquely made in My image. Listen to wisdom as she encourages you to dream big again and to open those gates you’ve been hiding your heart behind. Dream with Me, My beloved, and see that all things truly are possible with Me. Let’s exceed your wildest imagination together as you allow wisdom to be the ruler of your life.

You are stepping into a new era. An era where you’ll experience Me in a new way—a way that is fresh and rejuvenating! Come and experience Shalom and Zoe, as it is available to you 24/7. My daughter when I said that “it is finished,” I meant it. Your suffering has passed, and it is time to allow wisdom to guide you to a new path of freedom where you’ll be able to shine your light! You don’t have to work for victory, but you can already live from a place of victory! My glory is spreading over the earth like a light in the darkest night, and you’ll be there, experiencing the goodness of My love for you. You don’t have to try to receive My goodness and abundance; you just have to awaken to the reality that you are Mine, and I am yours. Those battles you’ve been trying to win. Watch as they disappear as My light touches it, along with the lies

and deceptions that the enemy has been feeding you. Turn away from the lies and fill yourself with the truth that I am your Father, and you are My beloved. Nothing can stop Me from getting to My precious daughter.

My daughter, I give you My wisdom. Accept her and welcome her into your home like you would an old friend. Trust her guidance and allow her to call the shots.

FOUR STEP PLAN

Scripture

Read and meditate on the following scriptures and allow God to move you and align you with His call over your life.

1 John 4:4 NLT

But you belong to God, my dear children. You have already won a victory over those people because the Spirit who lives in you is greater than the spirit who lives in the world.

Matthew 28:18 NKJV

And Jesus came and spoke to them, saying,
“All authority has been given to Me in heaven and on earth.”

Ephesians 2:18 NKJV

For through Him we both have access by one Spirit to the Father.

Prayer

Father, today I declare in accordance with Your Word, which is the truth, that I am seated in the heavenly realms with You. Jesus, I choose to acknowledge who I am in You, and I step into position as You reign in all areas of my life. Because of the authority that You have given me I refuse to believe that I am not good enough for a second longer, for I am the head and not the tail. I am the above and not the beneath. I am Your daughter, Your chosen beloved. I declare that I will begin to experience greater levels of “Zoe” and “Shalom” in my life as I welcome wisdom to be the ruler of my life. I open the door to You, my Father, and I shut all the doors of lies that the enemy has been forcing open. I rebuke the attack on my identity as I open my heart and mind to let the truth of who You say I am enter into my being. I declare this all in the mighty name of Jesus Christ, my Savior. Amen.

Activation

Today, I want you to close your eyes and imagine yourself seated with God in the heavenly realms. Imagine you are seated around the crafting table with Jesus next to you. Allow Him to start prompting new dreams in your heart, going beyond what you’ve ever thought possible. Remind yourself that nothing is impossible for Him, and therefore nothing is impossible for you because that same authority is within you. Start declaring these new dreams that you are having and speak them out loud.

Journal

Journal the dreams that are awakening within your spirit. It might be brand-new dreams, or it might be old dreams that were re-ignited inside of you. Write them down on a smaller piece of

paper and stick it somewhere where you'll be able to see it every day.

Father God, thank You for reminding me of who I am and who You called me to be. I pray that as I welcome wisdom to reign fully in my life today, I will start to produce the fruit of Your spirit. Amen.

DAY 6: A LEGACY OF WISDOM

Wise people are builders—they build families, businesses, communities. And through intelligence and insight their enterprises are established and endure.

—Proverbs 24:3 TPT

Have you ever wondered about your legacy? When your time here on earth comes to an end, how will you be remembered? Do you want to be remembered for your rash behavior and your short temper? Or do you want to be remembered for your wisdom and kindness? Leaving a legacy means making an impact that will last longer than you do. Often, a legacy goes beyond your character, and it refers to something that you built while you were here on earth, like a financial empire, a charity, or a healthy family. The good news about a legacy is that it's never too late to start building one. When we look at Jesus' time here on earth and the legacy He left behind, it puts the power of a legacy into perspective. The legacy of Jesus is one that we today still walk in and reap the benefits of. That's the thing with a legacy—it's not just for you. It is generational, and it impacts your children, and their children, and their children. God is all about generational blessings, and

there are so many scriptures in the Bible that highlight His heart for generational blessings. In Luke 1:50, we read that His mercy is for those who fear Him from generation to generation, and in Genesis 22:18, we read that your offspring shall be blessed because you obey God's voice. How powerful is that? To know that something you build here on earth carries a blessing to those you love.

Building a legacy is a form of wisdom. People without wisdom live without considering future generations, and they ignore the impact of generational blessings. However, a wise person builds something to leave behind long after she is gone. God created us to live connected to one another; therefore, a legacy is not just something you leave behind—it is something that you inherit. The work that our forefathers did or didn't do affects us today, even when we don't realize it. A legacy is about the bigger picture, and even when you can only see a small piece of the puzzle at a time, you form part of a much bigger masterpiece. That's why it is so important to let wisdom reign in your life so that even when you don't see the whole picture, you'll act on its best behalf, which is only possible through wisdom. This wisdom that you allow to reign in your life forms part of your legacy, and it is what you will leave behind to your children and those you affect. By welcoming wisdom into your life, you lead by example and teach those around you to welcome wisdom into their own lives as well.

There are many stories from the Bible that speak about legacy, one of which is the story of Abraham, Isaac, and Jacob. In Genesis 12, we read that God promised Abraham a multitude of things:

- A name that will be known
- That he would receive blessing and be a blessing
- That all the people on earth will be blessed through him
- That God will bless those who bless him and curse those who curse him
- That his offspring will have the promised land
- That he would be a father to the nations

Later we read how all of this came to be in the lives of Isaac and Jacob. God didn't just bless Abraham for the present time. But He blessed Abraham for many generations to come! This is a witness to Proverbs 24:3, which speaks on building family, business, and community, all of which Abraham did, and his children were able to reap the benefits thereof. Through His wisdom, we know that God always remains the same. He is the same yesterday, today, and tomorrow. Therefore, we can stand on the promise that God is still a God of generational blessing even today. One of the most evident examples of that today is the story of Heidi Baker, also known as mama Heidi. Heidi and her husband, Rolland, are Christian missionaries and founders of Iris Global, a humanitarian organization. They've done some incredible work, especially in Mozambique, where they take care of abandoned and orphaned children. She's never too busy to stop and help anyone, even when it's inconvenient. I once saw her speak at a conference, and all the children just flocked to her. She never turned them away; instead, she included them, and they hung on every word she spoke. She later released the children, telling them to go and lay hands on anyone who needed prayer, and that's exactly what they did. Mama Heidi is building a legacy of love and care that not only affects her biological children but thousands of children in Mozambique and families around the world.

Do you know what legacy you're leaving behind and what

generational blessing you're carrying? With wisdom on your side, you can build a legacy of love, kindness, and the heart of Jesus.

FOUR STEP PLAN

Scripture

Today, read and ponder on these scriptures as you ask God to come and speak to you about your legacy and generational blessing.

Deuteronomy 7:9 NLT

Understand, therefore, that the Lord your God is indeed God. He is the faithful God who keeps his covenant for a thousand generations and lavishes his unfailing love on those who love him and obey his commands.

2 Timothy 2:2 NLT

You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others.

Prayer

Father God, thank You for leaving behind a legacy of wisdom for my family and me. Father, I pray that You open my eyes to the bigger picture. Help me to focus on the legacy even when I can only see the "now." Forgive me for being short-sighted and not always realizing the enormity of my legacy. I pray that You will help me to leave behind a legacy of wisdom for all future generations by passing on what You have so generously given to me. I ask

You, Father, to bless my future generations with abundant wisdom, overwhelming love, and kindness. I praise Your name. Amen.

Activation

Ask Father to highlight to you who in your sphere of influence you can deposit wisdom that will be carried to the future generations. You don't have to have your own children in order to leave a legacy behind. If there is no one in your life to whom you can impart wisdom, ask God to bring someone into your life. Once you know who it is, start being intentional to connect with that person and start to sow seeds of wisdom into them.

Journal

Write down who the person is that God revealed to you during activation and journal your journey together as a testimony of His faithfulness.

Lord, thank You for Your wisdom and the opportunity to leave behind a legacy of wisdom. Amen.

DAY 7: WISDOM AND REVELATION: THE PERFECT MATCH

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. –Ephesians 1:17 NIV

After my encounter with God that night in the nightclub, I have needed His wisdom to walk in the revelation of His love every day since then. I imagine that if I hadn't followed up after my encounter, my revelation would have fizzled out quite quickly. I think as Christians, we often step into that trap: We receive revelation about something, assume it will stick with us forever, move on, and in a few weeks, we're right where we were before we had the revelation. In reality, revelation requires wisdom in order to endure. This reminds me of the parable of the Sower in Matthew 13. Jesus used the parable of the Sower to encourage people to listen, understand, and be wise. If the revelation of God falls on empty ears, like the seeds that fell on the path and stones, nothing will come from it. But if you apply wisdom to the revelation, it will prosper, just like the seeds that fell on the well-prepared soil. My dear friend, it's our choice whether we want to

seek wisdom and allow God to apply it to His revelation within our lives or whether we'll allow it to wither and die. I chose to follow the path of wisdom by continuing to pursue God and build a relationship with my Father on a daily basis. Don't get me wrong; it wasn't easy, and I don't always get it right, but as you learn how to persevere, grow from your mistakes, and keep going, you start making wiser choices day by day. Luckily for us, God is patient and kind, and He doesn't get angry at us when we fail or make mistakes. He is ever present and willing to guide and lead you on the path of wisdom. When you pursue God daily, the Word of God becomes a lamp to your feet and a light to your path, and finding the next right step gets easier and easier.

It can be scary and intimidating to seek God's wisdom in areas where you are comfortable because it often requires us to change. Luckily for us, we read in 2 Timothy 1:7 that God did not give us the spirit of fear, but of power, and of love, and of a sound mind. He also gifts us with the spirit of wisdom and revelation. Even though wisdom and revelation walk hand-in-hand, they aren't the same thing. Revelation can be defined as revealing what is hidden and disclosing truths that are unknown. Wisdom, on the other hand, leads you on the right path (Proverbs 4:11). To walk in a relationship with Christ, we need to have both wisdom and revelation. We first receive revelation, and then we receive the wisdom to apply the revelation that we received. If we have one without the other, our lives will be unbalanced.

The Israelites are the perfect example of having revelation but no wisdom. God showed them numerous signs and miracles and saved them from their despair multiple times. Yet, after a while, they always went back to their old ways, worshiping idols and forgetting that they were God's people. On the other hand, I was recently traveling on a long-haul flight, and as I was putting my seat back to try and get some much-needed sleep, the lady behind me started pushing her knees into the back of my chair aggres-

sively. At that moment, I knew the wise thing to do was to be kind, put my seat forward a little bit, and forgive the lady for not just asking nicely. But instead, I spent the next 30 minutes trying to ignore her, getting more and more annoyed by the second. In my mind, I was rehearsing all the scathing remarks I was going to say to her while convincing myself that I was justified in doing so. Amid all my anger, I decided to focus on Jesus. Through gritted teeth, I surrendered to Him and asked quietly, “Jesus, where are you in this situation right now?” To my surprise, He showed me that He was sitting in the empty seat next to the lady who was annoying me, and He was waiting for me to show her some kindness and follow His path of wisdom. So, I finally humbled myself and put my seat forward. Just as the plane landed, my son started feeling sick and began throwing up. To my surprise, it was the lady who now showed me kindness by finding me a sick bag and helping me out. I knew what was wise, but I needed the revelation to help me choose the right path and the good fruit that came from it.

My friend, can you see the difference and the need for both in your life? I want to encourage you to open your heart and allow God to impart revelation into your life and then choose to apply wisdom to that area daily.

FOUR STEP PLAN

Scripture

When you read the scriptures today, ask God to give you a fresh revelation and a new desire for wisdom as you continue this journey with Him.

Proverbs 1:23 TPT

Don't you know that I'm ready to pour out my spirit of wisdom upon you and bring to you the revelation of my words that will make your heart wise?

Deuteronomy 29:29 NIV

The secret things belong to the Lord our God, but the things revealed belong to us and to our children forever, that we may follow all the words of this law.

Proverbs 2:10 TPT

When wisdom wins your heart and revelation breaks in, true pleasure enters your soul.

Prayer

Lord, I ask You today to open my eyes to new revelation. Teach me to value revelation and wisdom as a pair. I see now that I need both in my life equally. I ask that You help me to understand the revelations that You give me and that I will have the wisdom to follow up on each revelation. Father, I value my relationship with You, and I ask that You provide me with both revelation and wisdom so that I can continue to grow. Thank You for loving me so much that You give me fresh revelation and the wisdom to accompany it daily. In Your name, I pray. Amen.

Activation

Today's activation might stretch you a little, but I want to encourage you to take the opportunity to grow in your revelation

of who He is. Ask the Holy Spirit to highlight a tricky situation you are facing. Ask Him for a fresh revelation, a solution, a new perspective, a strategy, or a next step. Then, ask Him how you can apply wisdom to this new revelation to prevent it from fizzling out.

Journal

Journal the revelation, solution, or strategy that God reveals to you during your activation time today. Write down how you can apply wisdom to pursue this new revelation fully. Make it as practical or poetic as you like.

Father, thank You for the fresh revelation and a new perspective. I ask that You now provide me with the wisdom to continue my pursuit of a closer relationship with You. Amen.

SECTION 3: KEYS TO WALKING IN WISDOM

Within these sayings will be found the revelation of wisdom and the impartation of spiritual understanding. Use them as keys to unlock the treasures of true knowledge. Those who cling to these words will receive discipline to demonstrate wisdom in every relationship and to choose what is right and just and fair. These proverbs will give you great skill to teach the immature and make them wise, to give youth the understanding of their design and destiny. For the wise, these proverbs will make you even wiser, and for those with discernment, you will be able to acquire brilliant strategies for leadership. –Proverbs 1:2–5 TPT

Walking in wisdom can be trickier than it sounds. Since it's not a once-off download that you receive from the Lord but a continuous relationship with the Father that grants you wisdom, it requires your willingness and open heart. Luckily for us, we aren't the first people to receive God's wisdom, but we have brothers and sisters in Christ who have walked the road we're walking now. We can learn from our brothers and sisters and, of course, the ultimate example of wisdom here on earth, Jesus. Section three is the longest part of this 21-day journey. Over the

next ten days, we'll look at ten keys to walking in wisdom. These will include:

- Intimacy with the Trinity
- Surrender
- Tuning in
- Receive mode
- Soul healing
- Purity
- Relationships
- Remaining teachable
- Speak life, not death
- Your body is included

I want to encourage you as you go through these keys to allow God to move within your soul. Allow Him to bring to the surface how you can practically grab ahold of these keys and give Him permission to reign freely and change your heart.

I pray that you enjoy the next ten days immensely, spending it in His wisdom and joy. I pray that you will find a deep revelation of His heart for you and how these keys relate to you personally. Amen.

DAY 8: INTIMACY WITH THE TRINITY

Become intimate with him in whatever you do, and he will lead you wherever you go. –Proverbs 3:6 TPT

A couple of years ago, I was listening to a testimony of an amazing woman of God, Katie Souza. She was sharing on the topic of fasting and how she often used fasting as a key to deepening her spirit in her relationship with God. One day she felt like God called her to feast instead of fast. This didn't mean a physical feasting of overindulging but a spiritual feasting on Jesus. It meant directing all her attention to Jesus! This included worshiping Him daily, reading scriptures by and about Him, praying, and speaking adoration to Him throughout the day. After a while, she found that not only did she grow closer to Jesus over this feasting period, but the fruit of the feast was undeniable. Signs and miracles started happening all around her as she basked in the goodness of Jesus. Her testimony resonated with my spirit as I realized I had never focused on Jesus so intentionally before. I felt called to set aside 21 days to feast on Jesus, and during those 21 days, I became intentional about really getting to know Jesus more.

After 21 days were over, I was unable to stop. I wanted more and more of Jesus. Since then, I haven't stopped my feast on Him.

Feasting on Jesus has had such a profound effect on my life. A close intimacy has been cultivated, and He will often show me things in heaven and take me on adventures in the spirit with Him. When I converse with Him, it's spirit to spirit, not linear dialogue. Often, no words are needed, as there is a heart exchange. I know what is on His heart, and He knows what is on my heart. I discovered new things about Him that I never knew before, and I also learned that He has the funniest sense of humor. On our adventures, He sometimes wears blue jeans and a white t-shirt, and He loves challenging my mindsets. Above all, He loves encountering all of us. He is eager for every one of us to engage Him in a deep and personal way. Chances are that your experience with Him will be much different from the one I just described, which in itself is amazing since you'll be able to discover your own personal relationship with Him. I once heard this analogy that encountering Jesus is like looking at a diamond: Where you are positioned will determine which facet you will see. It's the same Jesus, but our perspectives are different, and He loves encountering us in a way that is personal to us. I want to encourage you that if you feel distant from Jesus, decide to feast on Him, and I can promise you that He will meet you where you are.

When it comes to our relationship with the Trinity, the most important aspect is intimacy. When you have intimacy with God, you don't just have the knowledge about who He is, but you actually know Him personally. Wisdom and revelation will lead you to deeper intimacy, and in return, intimacy will lead you to more wisdom and understanding. God's heart for us is wide open. He is not distant, despite what it feels like to us sometimes. His arms are open, and we just need to believe to experience Him. We don't have to work for His love or perform for His affection. He loves us

regardless of where we've been, what our circumstances look like, and in which mindset we're stuck. He loves us just the way we are!

The key to intimacy with Him lies in including the whole Trinity in your pursuit. In John 14:20–21, we read that we are one with God, just like Jesus is one with His Father and the Holy Spirit. The key is to open your heart to experience the whole of the Trinity: The Father, the Son, and the Holy Spirit. Come before Him with an open heart and no agenda. When I decided to feast on Jesus, I had to lay my agenda down, surrender the things that I thought were more important, and just enter into His presence. As God's children, we can use the Word of God as a gateway into deeper intimacy with Him, but it is up to us to decide whether we want to just read the Word or engage with it.

A couple of years ago, I participated in a 21-day prayer and fast, where each day had a specific focus. This specific day was called "intimacy with Father God," and so I journaled a prayer. I expressed my need to be closer and more intimate with Him, and I asked Him to reveal more of His heart to me. The very next day in church, I saw (in the spirit) a door before me with a keyhole in it. As I looked through the keyhole, I saw a bright light, and I knew that heaven was on the other side of that door. In my spirit, I heard the Lord speak to me, and He told me that I held the key to unlocking that door and that the door represented Jesus since He is the way into the heavenly realms. By faith, I unlocked the door, and it flung open! I stumbled through the door, not very gracefully, and I immediately felt the presence of Jesus and the Holy Spirit. I looked around me and saw bright white clouds all around me, but I didn't see the Father. So, I asked, "Father, where are you?" To my surprise, He answered: "You are inside me; you are inside my heart." I was in awe, but I also needed confirmation as this was a new experience for me. So, the Father gifted me with Song of Songs 1:4 from The Passion Translation.

“Draw me into your heart. We will run away together into the king’s cloud-filled chamber.”

At that moment, I knew that my experience was real and that the heavenly realms are accessible to us even while we live here on earth. We don’t have to wait for our earthly deaths to experience the Trinity and the heavenly realms. Through intimacy with our Father, we can experience them now.

FOUR STEP PLAN

Scripture

Read and ponder on these scriptures today. Allow God to move closer to you and open your heart to experience the heavenly realms.

John 14:20–21 TPT

So when that day comes, you will know that I am living in the Father and that you are one with me, for I will be living in you. Those who truly love me are those who obey my commands. Whoever passionately loves me will be passionately loved by my Father. And I will passionately love him in return and will reveal myself to him.

John 15:4–5 TPT

So you must remain in life-union with me, for I remain in life-union with you. For as a branch severed from the vine will not bear fruit, so your life will be fruitless unless you live your life intimately joined to mine. “I am the sprouting vine and you’re my branches. As you live in union with me as your source, fruitfulness

will stream from within you—but when you live separated from me you are powerless.”

Prayer

Holy Trinity, I open my heart fully to You as Father, Son, and Holy Spirit. My heart desires to walk in close intimacy and union with You. I thank You that I am one with You. I come before You as I am because I know that You love me just the way I am, and nothing can change that. I ask that You reveal more of who You are to me. Amen.

Activation

Choose one of the scriptures from today’s reading and speak it out loud as you meditate on His truth today. Allow yourself to draw closer to Him and into a more intimate place with the Trinity. Remember that accessing a close intimacy with God is not a once-off thing—it is something that you can access at any time.

Journal

Journal your experience today as you draw closer in intimacy with Him.

Lord, thank You for drawing me closer and for creating me with intimacy in mind. Amen.

DAY 9: SURRENDER

For all who belong to me now belong to you. And all who belong to you now belong to me as well, and my glory is revealed through their surrendered lives. –John 17:10 TPT

I sometimes find myself in a place where I want God's will for my life, and I want all the benefits that come with it, but I don't want to do it in God's way. I know I'm probably not the only one, right? We say we trust God, and we rely on Him, but we find ourselves not trusting His timing. We get impatient, and then we do things out of our own strength. It's like we want God's plan, but our own action, since it can often feel like God's timing is the 11th hour. My husband and I recently experienced this kind of timing, and it was hard not to take control into our own hands.

Not so long ago, we felt like God was calling us into a new season. We knew He was preparing us for something new, but other than that, we were completely left in the dark. We prayed, and all we heard God say was that my husband was to leave his job before the end of the year. That was it! No nicely laid out plan. No, "first do this and then do this." Just one command and it was up to

us whether we wanted to be obedient or not. We chose to obey and with my husband's finish date approaching rapidly, we received the second step: sell your house. He didn't tell us where we were going to move next or what the next step would be. He just told us to sell our house. Immediately we got to work. We renovated the upstairs, put the house on the market, and soon after that, we sold the house. We originally thought we would buy another house locally, but even when it seemed scary, we kept on surrendering to God, praying that He would open the right doors and close the wrong ones. Well, He definitely listened, and the doors were closing left, right, and center. I started having moments of feeling panicky. Although I knew that my life was in His hands, it felt like He might have forgotten about us mid-planning session. It was tempting to buy one of the local houses and then "take it from there," but we knew that God had a better plan for us—we just had to wait. So, we kept praying and asking God to lead and guide us. Eventually, we found the perfect house; the only problem was that it was on the other side of the country. We decided to take a trip to go and look at the property, and the moment we stepped onto the land, we knew that this was the land that God was calling us to. We had to take a giant leap of faith, leaving behind our church, our friends and family, our jobs, and our comfort. But we surrendered to God and His plan and timing. We received confirmation after confirmation that this was His plan for us, and within two weeks of selling our house, we bought a new one. We later found out that this wasn't the norm in the housing market at the time, which was another confirmation that it was God's timing and not ours. I can now testify that we are fully reaping the fruit of being obedient to God's voice and timing. We surrendered our own plans, and now we know that we are exactly where God wants us for this next stage of our lives.

I think that is why intimacy with God is so important. I would never have been able to trust and surrender to God's timing and

plan if I didn't have a close relationship with Him. It's hard, almost impossible, to trust someone you don't know, but if you walk in a close relationship with someone, you know that they have your best interest at heart. The same goes for God. It's easier to trust His timing and surrender to His plans when you have a close relationship with Him. When you humble your heart before God because you trust His ways more than yourself, you position yourself in a way that is ready to receive wisdom. You cannot surrender if your heart is not humble, and you cannot receive wisdom if you aren't surrendered to His ways. Having a humble heart does not mean that you believe you are inferior to others. That is false humility, which is actually another branch of pride. Humble people celebrate who they are, and they appreciate who God made them to be, but they don't see themselves as more important than others, and above all, they know that God knows better than they do.

Do you have a humble heart? Do you live with the personal conviction that your own plans are, in fact, not always the right ones? In John 17:10, we read that His glory is revealed to surrendered lives! Isn't that incredible? As women, we often feel like we need to find solutions and answers for everything, but the truth is that all we need to do is surrender. Once we do that, God can have His job back and do what He does best. He is the one who created us and the one who designed a plan for our lives. Who better to trust than the one who created you? Are you ready to surrender your plans, timing, and ideas to Him and trust that Father will guide you step by step? I want to encourage you to humble your heart before Father today and ask Him to reveal to you one step at a time.

FOUR STEP PLAN

Scripture

Meditating on scripture is one of the many signs of a humbled heart. When you know that you don't have all the answers, you seek them within Him and His Word. Take some time today to read and meditate on the following scriptures.

Romans 8:28 TPT

So we are convinced that every detail of our lives is continually woven together for good, for we are his lovers who have been called to fulfill his designed purpose.

Proverbs 3:5–6 NLT

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

Prayer

Lord Jesus, I surrender my agenda, my plans, and my timings right now. I lay them down at Your feet, and I come to You with a humbled heart. I repent for the times when I've been prideful, and I ask that You forgive me for all the times that I didn't wait on You. Jesus, I come to You now to ask You: What is on Your heart today? Amen.

Activation

Today, come before the Lord with a heart posture of humility. Surrender to Him and ask Him to share what is on His heart for you. Allow Him to show you things in the spirit and give you your next step. Align your heart with His and begin partnering with what He shows you. It might even be something unexpected, but whatever it is, be open to Him and act upon it, even if it pushes you out of your comfort zone.

Journal

Journal your experience and write down the next step that God reveals to you during your time of activation today.

Father, thank You that it is safe to surrender my heart to You. Thank You that Your timing is perfect. Amen.

DAY 10: TUNING IN

So Jesus explained, 'I tell you the truth, the Son can do nothing by himself. He does only what he sees the Father doing. Whatever the Father does, the Son also does.' –John 5:19 NLT

Have you ever wondered if God is speaking to you? Or perhaps you're struggling to discern between your own thoughts and the voice of God? Well, no matter the case, it's sometimes a struggle to hear the voice of God because our human brains get in the way. We overthink things, doubt whether we're truly hearing God's voice, and get confused by the noise of the world. Hearing God's voice and guidance requires us to tune in. Tuning in simply means intentionally turning your attention to the Father and His voice. This often requires us to do things a little differently than what we're used to. In John 5:19, we see Jesus as the perfect example of tuning in. He specifically mentions that alone He can't do anything. He needs to observe and copy the actions and words of the Father in order to live according to His will. For Jesus, this often meant withdrawing from the crowd and from people to be alone and pray. In Luke 5:16, we read that Jesus

withdrew into the wilderness to pray on His own. Jesus knew that as human beings, we need to tune into God to receive wisdom from the heavens here on earth.

We often overthink whether we are hearing God's voice or just our own thoughts, and as a result, we miss the beauty of communicating with God. We doubt everything and often write His voice off as "just my imagination." Well, God gave you that imagination, so why wouldn't He use it to communicate with you? Tuning in requires us to realize that God is always communicating with us because He is in all things! He communicates to us in the physical realm, as well as the spiritual realm. He talks to us through nature, other people, signs, numbers, you name it. But we need to become more aware of His voice and not brush it off as "just me."

I think the biggest problem we face with hearing God's voice is that we are fearful of being deceived. Tuning in means trusting your relationship with God and knowing that Satan can never snatch you from the Father's hand. One way to discern whether you are hearing God's voice is by using wisdom to test all things. In 1 Thessalonians 5:21 AMPC, we read, "But test and prove all things (until you can recognize) what is good; (to that) hold fast." If you are unsure if God is speaking to you or not, you can also ask God for confirmation. Take the example of Gideon. In Judges 6, we can read the story of how Gideon asked God to confirm to him what he thought God was saying. He asked God for a specific sign, not once, but twice! God gave him that confirmation without getting angry at Gideon or getting impatient. He supplied Gideon with confirmation so he could act on that word confidently. Don't be scared to ask God for confirmation. He is a patient and kind God, and He knows your heart. He won't get mad at you for asking for confirmation, and He'll never leave nor forsake you.

I primarily hear God's voice through sensing, feeling, knowing, and the Word. I've also recently found His voice in new ways as I practiced tuning in and as I became more aware of Him. I now

experience His voice through nature, seeing, numbers, heart to heart, smelling different fragrances, hearing audibly, dance, frequency, colors, music, worship, stillness, and song. I feel a leap in my spirit, or a deep peace when He speaks to me and that is how I know that it is the Holy Spirit speaking within me. But it wasn't always as easy as I made it sound just now. It was a process, and it took some practice, time, intentionality, and consistency to get to a place where I could confidently hear God's voice. I went from not believing, brushing things off, and even being skeptical about whether God was talking to me at all, to being in constant communication with Him. I now trust my relationship with Him. I was a bit slow to get it at first, and it took me getting a direct word from God through two different prophets on different occasions, specifically telling me to stop thinking it was just me and dismissing what the Holy Spirit was trying to tell me. I was so used to pushing this voice to the side that I wasn't even aware of the fact that I was doing it. God showed me that He's been talking to me my entire life—I just didn't recognize His voice. He even took me back to some childhood memories and showed me where He had spoken to me. I was completely blown away and in awe.

God is trying to communicate with everyone all the time, not just when you become a Christian. The only difference is that you become more aware of His voice when you have a relationship with Him. It's like a radio tuned to receive a clear signal. You need to tune in to the right frequency to receive a clear message.

FOUR STEP PLAN

Scripture

Ephesians 4:6 NKJV

One God and Father of all, who is above all, and through all, and in you all.

John 10:27–29 NKJV

My sheep hear My voice, and I know them, and they follow Me. And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of my Father's hand.

Prayer

Father God, thank You that You are always communicating with me. I ask that You help me to tune in to Your Word and Your voice more and more with each passing day. I declare that as I tune into Your voice more, I will recognize Your voice faster and clearer, and I will become aware of the ways that You are speaking to me. I ask that You help me become more aware of the special and unique ways You talk with me. Thank You that You don't get mad when I ask for confirmation and when I distrust Your ability to speak to me. I love You, and I ask that You speak to me today in a way that I've never experienced before. Amen.

Activation

Today, take some time to still yourself. Calm your mind and your body by breathing in deeply through your nose and out through your mouth. Repeat this and begin to become aware of how close God is to you. Tune into Him by aligning your heart with His. Practice this throughout the day and as you turn your attention to Him, become aware of the different ways He is talking to you personally. Ask God for a special message of encouragement for this day.

Journal

As God reveals new ways that He is speaking to you, write them down and hold fast to them. Write down all the promises He is giving you and stand fast on the truth that He is speaking to you. Write down your doubts when it comes to hearing His voice and find a verse of encouragement about His voice to write down next to each doubt you have.

Father, thank You for speaking to me right now. Amen.

DAY 11: RECEIVE MODE

Freely you have received; freely give. –Matthew 10:8 NIV

Hello, beautiful, God-fearing woman. It is Wisdom speaking, and it's an honor to spend some time with you, not just today but for the rest of your life. I've been calling out to you for some time now. That feeling you've had, knowing that there is more, that's me calling you closer to the Father. Just like I called out to the people on the streets and at the city gates thousands of years ago, I still call out to His people today. I still wander the streets, calling out to all who are seeking Him. I know you've been seeking my guidance and counsel, wondering what more you can do to welcome me into your home and into your life. So today, I want you to listen closely: It's time to position yourself to receive more of me by abiding in God's presence!

I am not hard to find, and I am not found in striving, dead works, or performance. I've already been calling out to you. If you heed my words your life will begin to transform from the inside out, but you need to be in God's presence in receive mode every day. Hear me and take my words to heart when I say that you

cannot give when you are empty, and in order to be continually filled with Him, you need to receive from Him daily, and not just a couple of hours every Sunday. Every single day. When you open your heart to receive the Holy Spirit into your inner rooms, you will be filled with peace, love, joy, kindness, patience, goodness, faithfulness, gentleness, and self-control. Then you'll be filled to the point of overflow, and only then will you be able to give as freely as you have received.

You cannot give what you do not have, and positioning yourself to receive from the Lord requires surrender, humility, and obedience. If you think I'm calling out to you just so that you can live better, you're missing the point. I am calling out to you—begging you to listen to me—so that you'll have the knowledge to respond to the call of the Father. You all carry a special puzzle piece that is unique to you. A special purpose that He has placed within your heart. Do you trust that you have a special piece to the puzzle? Do you know what your piece is and what you carry? Receive me, and I will guide you. I will show you the way and open your heart to Godly understanding and insight.

Can I come into your home, sit on the couch, and chat with you candidly? As you grow in me, you'll be able to sow my seeds to others. I will plant inside of you a deep well that is incapable of running dry because you allow me to fill it daily. Receive me, and you will be able to bring life to others and to other situations, just like it says in Proverbs 16:22. Don't shut the blinds of the living room and keep me locked inside. Pass me on to others. The more you share me with others, the more I will grow within you. The more you sow, the more you will reap. I will crown you with a wreath of knowledge and grace, enabling you to share the fruit of the spirit with those you encounter.

One of your dear sisters in Christ struggled to allow me into her home. I knocked on the front door, but she thought she wasn't worthy of opening it up to me. She felt her living room was too

untidy for me to enter. So, I started knocking on the windows. I could see that she was struggling. Her three children, all younger than five, were keeping her busy. She was having a hard time managing them all while maintaining her household duties and taking care of herself. She was stuck in dead work and performance, unable to receive. But I kept calling out to her, and then it happened: In desperation, she opened the front door and allowed me in. She received me freely and was able to hear Father's voice. She received, was filled up, and in return, she started producing the fruit of the spirit. Her family saw the change as she started sowing me into their lives as well. She now understands the special piece of the puzzle that she is carrying, and I am at home with her.

Receive me into your home today, friend. Allow me to take off my shoes, grab a cup of coffee, and just receive what I have for you.

FOUR STEP PLAN

Scripture

Proverbs 1:20-21 NLT

Wisdom shouts in the streets. She cries out in the public square. She calls to the crowds along the main street, to those gathered in front of the city gate.

Proverbs 16:22 TPT

Wisdom is a deep well of understanding opened up within you as a fountain of life for others, but it's senseless to try to instruct a fool.

Galatians 6:9 TPT

And don't allow yourselves to be weary in planting good seeds, for the season of reaping the wonderful harvest you've planted is coming!

Prayer

Father, I position myself today to be in receive mode. I open the door to Your wisdom, and I allow her to come and sit on my couch. I declare that as freely as I receive from You today, Lord, so freely I will give to others. Abba Father, I ask that You help me to open the door to Your wisdom daily and show me where I can give more than what I am currently giving. Allow me to overflow with Your presence and Your fruit of the spirit. Amen.

Activation

Take some time and think about what you've received from the Lord, not just today but throughout your entire life. Ask God to highlight what you can give to others to share His heart for His people. Begin to sow that into other people's lives today through love, grace, an encouraging word, a hug, a smile, a friendship, a listening ear, or an act of kindness.

Journal

Write down what you are feeling today and what it is that you have received from the Lord. Write down the ideas that God gave you on how you can sow into someone else's life. Journal the changes you see in those around you as well as in your own life.

Father, thank You that I am able to receive Your wisdom daily. Amen.

DAY 12: SOUL HEALING

He restores my soul; He leads me in the paths of righteousness for His name's sake. –Psalm 23:3 NKJV

When God created Eden, everything was perfect. Unfortunately, with the fall of man, sin entered our lives. This sin has been the cause of many heartaches, soul wounds, and hurts. As humans, our first instinct when we get hurt is to protect ourselves. For some, that means getting offended or angry, while for others, it means hiding and protecting our hearts. Whatever the case, we build walls to protect ourselves, but in the meantime, we cannot walk in freedom. The key to walking in freedom is getting your soul healed, but before you can heal your soul, it's important to understand what your "soul" is. Your soul includes your mind, will, and emotions.

The Wounded Soul by Katie Souza is a book that really blessed me and helped me with my own soul healing. Katie was a drug dealer, sent to prison for her crimes. In prison, she found Jesus and had a radical turnaround. Now she runs a massive prison ministry in the USA and has seen some crazy creative miracles and physical heal-

ings of people when they get their souls healed. In order for healing, or anything for that matter, to flow through your life, you first need to remove the blockages. Imagine that wisdom, peace, and love are a river that flows from the Father into your life and from your heart into the world. For this river of living water to flow, you need to make sure that you don't have any blockages stopping the water from reaching your heart. When something is blocked, the water becomes stagnant and putrid. Only when you get free from the things of the past that are holding you back will the river be able to flow through you freely. Your circumstances might not change immediately, but the way you view them can.

Two of the biggest blockages we hold on to that hinder the flow of the river are offense and unforgiveness. Just as our bodies can get wounded, so too can our souls get wounded. When we get offended, we carry wounds in our souls, and if we don't forgive those who offend us, the wounds are left unhealed, and they begin to fester and cause us to become bitter. This then manifests in our physical health in the form of disease and illness. Wounded areas in our souls are like landing strips for the demonic. If we are unable to forgive, it gives the demonic legal right to attack our health, mental well-being, relationships, and finances.

There are two major keys to soul healing: The blood of Jesus Christ and the Resurrection power.

The Blood of Jesus Christ

The blood of Jesus Christ is one of the weapons that Paul refers to in 2 Corinthians 10:4. The blood that Jesus shed on the cross is powerful enough to wash away all sin. Just as you clean a wound and remove the dirt before you dress it, you apply the blood of Jesus to the wounds in your soul to cleanse them and wash away the sin and trauma that caused the wounds. The blood of Jesus is like medicine to our souls, and that's why the first thing you need

to do to be set free from soul wounds is to apply the blood of Jesus and wash your soul in it.

Resurrection Power

The second thing you need to do to get your soul wounds healed is to apply resurrection power, or in the Greek *Dunamis*. *Dunamis* literally means “power for performing miracles” and “excellence of soul” and focuses not only on the cross but on the rest of the story. There is no forgiveness without Calvary, but the ultimate victory came when Jesus walked out of the tomb. When Jesus died on the cross, He washed away our sins, and when He rose from the dead, He gave us the power to rise from the dead with Him! The cross and the empty tomb together tell the story of our faith. Jesus gave us the authority to raise people from the dead. This same power that gives us the authority to raise from the dead gives us the power to heal our wounded souls and to become excellent of soul.

Soul healing is so important that Bethel ministries developed an entire healing tool to aid people all around the world with their soul healing, called *Sozo*. The word *Sozo* means delivered and set free in Greek, and aims to get to the root of your soul wounds, apply the blood of Jesus, forgive those you need to forgive, and allow Jesus to fill you with the truth. If you feel like you need extra support and guidance while dealing with soul wounds, particularly trauma, then I recommend reaching out to a *Sozo* ministry or using a tool like *Soul Decrees* by Katie Souza. Allow yourself to tap into the wisdom of your brothers and sisters in Christ to walk freely in wisdom going forward.

FOUR STEP PLAN

Scripture

1 John 1:7 NKJV

But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

Ephesians 3:16 AMPC

May He grant you out of the rich treasury of His glory to be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality].

Prayer

Father, I choose today to surrender to Your healing process. I let go of any offense and unforgiveness in my heart so that my soul may be restored, and I may walk in paths of righteousness for Your name's sake. Amen.

Activation

Today, give the Holy Spirit permission to show you any areas of your soul that are wounded and that need to be healed. Then as led, use the tools you learned above by applying the blood of Jesus to cleanse and then *Dunamis* power to heal the wounds. Allow Jesus to love you and allow the power of His love to flood your

wounds and bring wholeness. Remember that this is an ongoing process, and it might take time to receive healing in all areas.

Journal

Journal your experience with soul healing and write down the wounds you want to surrender to God today.

Father, thank You for Your goodness and Your healing. Thank You for the cross and the empty tomb. Amen.

DAY 13: PURITY

*When I look at you, I see how you have taken my fruit and tasted my word.
Your life has become clean and pure, like a lamb washed and newly shorn.
You now show grace and balance with truth on display.*

—Song of Songs 4:2 TPT

On day twelve, we spoke about the importance of soul healing. Today, I want to continue with that topic since I believe it is essential for every woman and man to receive soul healing. My friend, God wants to set you free. He already paid the ultimate price, and the Holy Spirit has the ability to heal your wounded soul. I believe the question that we all need to ask ourselves is this: What do you feed your soul?

Your soul, just like your body, requires food and substance. When you fill your body with unhealthy food and expose yourself to harmful substances, you compromise your immune system and fall ill. Whatever you put into your body, you will receive from your body. It's the same with your soul. If we feed our souls rubbish, our souls will become ill. So how do we feed the soul? By what we watch on television or on the computer, what we look at,

what we listen to, and what we fill our minds with. Since your soul equals your mind, will, and emotions, everything that affects those three areas is either feeding your soul with nourishment and the good news or feeding it rubbish and being harmful to your entire being. You are the gatekeeper of what you allow into your life. When you allow things through your gates that are unhealthy, it will affect your mental and emotional health, and eventually, it can also manifest as a physical illness.

As gatekeepers, we need to be aware of our gates in order to protect them. Some of the major gates to our souls are:

- Ear gates—what we listen to
- Mouth gates—what we speak
- Eye gates—what we look at
- Touch gates—what we engage with
- Mind gates—our thought life
- Will gates—our choices
- Emotional gates—our feelings

In Matthew 6:22–23 in NLT, we read, “Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. But when your eye is unhealthy, your whole body is filled with darkness.” This is the perfect scripture to explain soul gates and how they work. Whatever you allow through the gates will affect the rest of your body. At some point in our lives, we’ve all allowed things through our gates that we shouldn’t have. We’ve watched movies that we knew we shouldn’t have or listened to songs with trashy words. Maybe we’ve spoken gossip about someone behind their back. Whatever it is, with the power of the Holy Spirit, we can detox our gates, just like you can detox your body. Katie Souza refers to this as a “soul detox.”

With a soul detox, you make use of the tools you learned on Day 12, as well as using the power of scripture. In James 1:21 NIV,

we read that we should “get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.” We do so by following the guidance of the Holy Spirit, and we can use the following steps to guide us (Souza, 2017):

Release: When detoxing your soul, the first step is to release the blood of Jesus onto your gates. Releasing the blood of Jesus over your gates also means surrendering to Him and taking every thought captive. In 2 Corinthians 10:5 TPT, it says, “We can demolish every deceptive fantasy that opposes God and break through every arrogant attitude that is raised up in defiance of the true knowledge of God. We capture, like prisoners of war, every thought and insist that it bow in obedience to the Anointed One.” Use this scripture as your guide to release the blood of Jesus over your entire being.

Command: The next step is to command your gates to be covered by the blood of Jesus. There will be no hiding, and no gate will be left unturned.

Decree: Decree that Jesus Christ is your Lord and Savior and that all the gates should align with Him. Decree the blood of Jesus over every gate.

Confess: Next, confess that you’ve not been a good gatekeeper and that you’ve allowed toxins into your soul. Confess that you’ve been sleeping on the job, but you will now be diligent and awake, watching over your gates with a Holy Spirit vigilance.

Repent: Repentance is more than just saying sorry; in fact, the word itself means “return” or “turning back.” When we repent, we are turning back to the ways of our Father, celebrating how blessed we are to be able to return to Him. Repent and receive the new beginning He has for you.

Renounce: Next, renounce all sickness, disease, and death from your body. Renounce all generational curses and decree that Jesus has washed you clean. By renouncing these things, you are

breaking any agreement you have with sickness, disease, and death and realigning yourself with God's truth which is that you will prosper and be in health, even as your soul prospers.

Fill: Finally, fill your gates with *Dunamis* resurrection power, glory, and light. Meditate on God's character and His Word and allow your gates to be filled with what is good for your soul. Ask the Holy Spirit to be your gate watcher and give Him permission to convict you when you are allowing things through the gates that you shouldn't.

One of the most powerful testimonies I've heard about soul healing was an inspiring story of a woman in her forties who's been struggling with depression her entire life. Over the years, she's attempted suicide multiple times but thankfully never succeeded. She was at her end when she decided to give this soul-healing thing a chance. She started with the process, and the Holy Spirit sovereignly took her into the heavenly realms. He showed her that when she was a teenager, she allowed a spirit of depression through her gates when she played a game with her friends where they were calling up evil spirits. She got delivered from that spirit by repenting of that time as a teenager, applying the blood of Jesus to cleanse her gates from that activity, releasing *Dunamis* power to heal the wound in her soul that sin had caused, and then commanding that spirit to leave in the name of Jesus. Once her soul was healed, all legal rights for that spirit to have access to her life were gone. Depression instantly left her body, and she was completely healed and set free.

Today, surrender your heart and speak the transformative blood of Jesus over your gates. Fill your soul with whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, and whatever is admirable (Philippians 4:8). Wisdom looks like choosing healthy values.

*FOUR STEP PLAN***Scripture****Psalm 24:7–10 TPT**

So wake up, you living gateways! Lift up your heads, you doorways of eternity! Welcome the King of Glory, for he is about to come through you. You ask, “Who is this King of Glory?” Yahweh, armed and ready for battle, Yahweh, invincible in every way! So wake up, you living gateways, and rejoice! Fling wide, you eternal doors! Here he comes; the King of Glory is ready to come in. You ask, “Who is this King of Glory?” He is Yahweh, armed and ready for battle, the Mighty One, the invincible commander of heaven’s hosts! Yes, he is the King of Glory!

Proverbs 31:13 TPT

She searches out continually to possess that which is pure and righteous. She delights in the work of her hands.

Prayer

I decree that Jesus Christ is my Lord and Savior and that every ancient gate will open right now. I send the blood of Jesus to the gates of my eyes, ears, mouth, touch, mind, will, and emotions. I command these gates to lift up right now, and by the power of His blood, I command all darkness to leave. I repent of any time that I have been a lousy gatekeeper. I ask for forgiveness for my slumber, and I repent for acting ungodly, unholy, and unwise. I decree that I am now being washed and purified by the blood of Jesus. I apply the blood of Jesus to any appetites that were of the world and not

from the Kingdom of God. I release *Dunamis* resurrection power to heal all wounded areas in my soul, and I declare that I am excellent of soul! Amen.

Activation

As you go about your activities, ask the Holy Spirit to highlight any garbage you may be feeding your soul unknowingly. It might be a TV show, social media, or even conversations with certain people. As you become aware of these things, make a conscious decision not to engage with these things and fill your soul with clean and pure options. Devote some time to doing a soul detox, apply the blood of Jesus to your gates, and release the *Dunamis* resurrection power that is within you.

Journal

Journal what the Holy Spirit reveals to you and record what happens in your day.

Thank You, Jesus, that Your blood and resurrection power has purified me and healed my soul. Amen.

DAY 14: RELATIONSHIPS

Let love and kindness be the motivation behind all that you do.

—1 Corinthians 16:14 TPT

In our day and age, we're often influenced by our surroundings and our culture. Without realizing it, we change our views slightly or loosen the reins on our beliefs to fit into the picture of the world. When I look at the world, I don't see a community of connected people—I see every man and woman fighting for themselves. Whether it's hustling to get that promotion, isolating yourself because of trauma and heartache, or just pure distrust in humanity, the world is telling us to face everything on our own. We often see phrases such as “Only rely on yourself” or “You're the only one looking out for you,” and quite frankly, this is wrong. It creates a culture of selfishness and isolation. I strongly believe that is why we are faced with so many cases of depression, anxiety, and even suicide—we're trying to go through life alone, relying only on ourselves.

Well, my sister, God didn't design us to live in such a way. In fact, He created us for relationship and community, both with Him

and with others. Do you truly believe that the God of love would create you without the capability of loving others? He created us in His image, and He is literally love! Whether you are an introvert or an extrovert, we are all in relationships with others. Whether we do relationships poorly or well, that is where the difference comes in. Only when we apply wisdom to relationships will we be able to be in community successfully. This begs the question: How do you view other people? It's impossible to love others the way we are called to when we have a skewed view of others and ourselves. When we walk in pride and view others as less important than we are, we will never be capable of loving the way we should. The truth is that we are all loved by God, regardless of our different beliefs, mindsets, financial status, skin color, background, or families.

When God calls us to love others, He calls us to love all, not just those close to us or those who think and speak like us. In John 13:34–35 in *The Passion Translation*, we read where Jesus is speaking and saying that we should love each other as much as He loves us, for only when we love as He loves will people know that we are His followers. So, maybe we should ask ourselves the following question:

If people observe how you love others, would they think that you are a follower of Jesus?

God created us for relationships and community, not just because it sounds nice, but because He knows that it is good for us to surround ourselves with others. Let's be real; none of us has all the answers. We all carry a special piece of the puzzle that together creates a massive masterpiece. When everyone brings their special piece to the table, we're able to see a bigger picture—the picture that God created. Instead of trying to conform others to see things the way we do, we should instead celebrate each other's uniqueness without judgment or ulterior motives. Even if you've been hurt or

disappointed in the past, we still need each other. I want to encourage you that if you've been isolating yourself, lay it down at the feet of Jesus and ask Him to help you to walk in forgiveness. We've already spoken about the importance of Soul Healing, and I want to encourage you to take it to heart. If there are still parts of your soul that need healing, allow God to highlight them to you today.

Loving others doesn't mean everyone has to be your best friend. In fact, in Proverbs 4:23, Wisdom tells us to guard our hearts above all else, for it will determine the course of our life. Loving others means being kind to strangers, welcoming people into your home, and sometimes it means simply not judging someone. Even when we look at Jesus as the perfect example, we can see that He didn't allow everyone into His inner circle, but He did show love to all. He went out of His way to interact with people that others judged and shunned. In John 4, we read the story of Jesus and the Samaritan woman at the well. In those times, a Jewish man talking to a Samaritan woman was unheard of! It was out of the norm and against culture, but He chose to love her anyway. We see the same principle in Luke 19, where Jesus had dinner with one of the most hated men in the city, a tax collector, of all people. Not only did Jesus talk to this man, but He also went into his home! In Mark 5, we also read the story of the demon-possessed man who Jesus saved and the little girl that Jesus raised from the dead.

Jesus showed compassion and love to everyone He interacted with, even those He knew would betray Him later, but not everyone was His close friend. Even when we look at the disciples, we see that Jesus had a few men in His inner circle. Although He loved all twelve disciples, Peter, James, and John were considered His inner circle. Do you have an inner circle that you can do life with? Or have you been isolating yourself for too long? Do you love and value others, despite your differences? Take some time

today and allow God to move within your relationships with wisdom.

FOUR STEP PLAN

Scripture

As you read today's scriptures, ask God to provide you with wisdom into each of the scriptures and what they mean to you personally.

Proverbs 4:23 TPT

So above all, guard the affections of your heart, for they affect all that you are. Pay attention to the welfare of your innermost being, for from there flows the wellspring of life.

Proverbs 13:20 NLT

Walk with the wise and become wise; associate with fools and get in trouble.

Prayer

Lord, I ask for wisdom in my relationships with others. Just as You love me unconditionally, I ask that You help me to love others. Please make me aware of the areas where I should be loving people better. Help me to extend the same grace that You give me towards others and to love, not judge. Father, I pray that You will reveal the relationships in my life that I need to work on, as well as highlight who I should allow into my inner circle. Amen.

Activation

For today's activation, take some time and be intentional about giving grace and showing other people that you love them, especially those who have different opinions from you. Ask God to show you how to showcase His love to others while staying true to who you are.

Journal

Journal how you interacted differently with people today and the responses that you got. Can you see a difference? Even if you didn't, know that God is proud of the steps you've taken today.

Father, thank You for creating me for relationships. I ask that You continue to reveal Your heart for other people to me. Amen.

DAY 15: REMAINING TEACHABLE

Teach a wise man what is right and he'll grow even wiser. Instruct the lovers of God and they'll learn even more. –Proverbs 9:9 TPT

Having a teachable spirit means that you are always open to receiving God's limitless wisdom and that you welcome the Holy Spirit as your teacher. The Holy Spirit should always be your first and primary teacher. However, God often blesses us with fore-runners, people further along in their walk with God, who can also teach us and impart the wisdom they have learned from their experiences to us. My previous pastor used to say, "Follow a leader while leading a follower." When everyone collectively applies this principle to their lives, it creates a strong foundation for a community of people who love, support, encourage and teach each other while also being taught.

Being in community means having good mentors in your life and, at the same time, being a good mentor to someone else. My number one mentor throughout my life has been my mom. She is the most faithful prayer warrior I know, and I'm pretty sure if it weren't for her praying for me every single day when I was

wandering around in the wilderness doing my own thing, my life would have turned out very differently. My dad becoming a Christian at age 59 after being a staunch atheist his whole life is also testimony to her steadfast, unwavering faith in God. She taught me the Word of God when I was growing up, how to pray, the importance of worship, and a whole lot more. And even though I wandered away from God for a season like the prodigal son, all those seeds were planted inside me, ready to bloom when the time was right. So I am eternally grateful to my mom for that, and she continues to be an inspiration to me now. I am also so grateful to a group of older ladies who took me under their wings, prayed for me, made time for me, and gave me wise advice and space to grow, who believed in me even when I didn't believe in myself and who loved me. I want to honor these special ladies in my life—you know who you are. Thank you. That is why I know how important it is to pass on to others what these ladies gave me because I know how much value they added to my life.

Another amazing source of mentorship for me has been through online groups. The Holy Spirit has led me to different mentorship groups in different seasons in my life, and that is perfectly normal. For example, the Holy Spirit led me to Katie Souza's mentoring group right when I needed to learn the tools to get my soul healed. Then He led me to Liz Wright's mentoring group when I was ready to learn more about union and intimacy with God.

Having a teachable spirit opens the door to receiving wisdom today that might prevent pain tomorrow. In Proverbs 2:2, we read that we must tune our ears to wisdom and concentrate on understanding, which means remaining teachable and being open to others' counsel. The wisdom we receive today might not always make sense, but it might mean the difference between life and death tomorrow. It has happened to me often when I would receive counsel from my mentors, which wouldn't make sense to me, but

skip a few weeks, and that wisdom is exactly what I needed! Opening yourself up to a mentor is a humbling experience because it requires vulnerability. It also means facing your fears and being challenged with your reputation and what others might think of you. It isn't always pretty and perfect when you share with a mentor or a mentee how you're feeling or truly doing. That's the beauty of vulnerability; when you allow things into the light and open up to receive wisdom from others, God never disappoints.

Over the years, I've found that the more I pursue God and the deeper I get into a relationship with Him, the more I realize how little I actually know. There are unlimited depths to God, so much so that we are truly only scratching the surface! When we come before God with an open heart and teachable spirit instead of thinking that we've got it all figured out, He will continue to reveal the mysteries of Heaven to us. Are you ready to come before God with an open spirit?

FOUR STEP PLAN

Scripture

As you read through the following scriptures, choose one that resonates with you the most and meditate on it throughout the day to remind yourself to have an open spirit.

Proverbs 2:2 TPT

So train your heart to listen when I speak and open your spirit wide to expand your discernment—then pass it on to your sons and daughters.

1 Corinthians 2:10 TPT

But God now unveils these profound realities to us by the Spirit. Yes, he has revealed to us his inmost heart and deepest mysteries through the Holy Spirit, who constantly explores all things.

Prayer

Jesus, I open my spirit wide to You. Holy Spirit, I invite You to be my number one mentor. I ask that You lead me to other wise mentors whose input and wisdom I can trust and learn from. I also ask that You highlight someone to me right now whom I can, in return, mentor and impart what I've learned from You so far. Father, I ask that You lead me to good mentors, respectful mentees, and peers whom I can trust and do life with. Amen.

Activation

Now, take some time and truly sit with God and allow Him to show you who He would like you to mentor and who you can be mentored by. Ask God for the perfect opportunity to connect with the ones He has shown you.

Journal

Journal everything that the Holy Spirit reveals to you and write down the names of the people or groups that He wants you to connect with.

Father, thank You that we don't have to have all the answers all the time. I pray now that You will help me to always have a teachable spirit. Amen.

DAY 16: SPEAK LIFE, NOT DEATH

Death and life are in the power of the tongue. –Proverbs 18:21 NKJV

My bride, it breaks My heart when you don't realize the power of your words. My words created the universe. I spoke and created everything out of nothing. I spoke galaxies into existence, yet you seem to forget that your words carry power that can move mountains. In My Word, it is written that death and life are in the power of the tongue. This is not an exaggeration or simply a poetic metaphor. My daughter, when you speak, you are either speaking life or death. I see the hurt that you carry with you because of words spoken over you as a child. You believe the lies that others spoke when they chose to speak death and not life, but My daughter, this is not the end. You have the ability to choose life! You can choose to speak with kindness, peace, and encouragement. Allow your soul healing to affect what you say. What you fill yourself with will flow out of your mouth like a constant river, so fill yourself with the Life, with Me, and you will overflow with life-speaking words.

My beloved, take inventory of what is in your heart. In Luke 6:45, it is written that what flows out of you is a result of what is in your heart. Why do you allow negativity to enter your heart and flow out of your mouth? Allow Me to examine your heart, My beloved, and let Me reveal to you the contents of your heart. Let Me point out the wounds, not because I am condemning you, but because I love you so much that I want you to live with life-speaking freedom! It starts with declaring My Word. Don't underestimate the power of My Word. Even after thousands of years, it is still active, accurate, and applicable. Declare My Word, and it will be established within you. Light will shine on you when you meditate on My Word, standing steadfast in the life-giving promises it holds for you and your family.

Just like I said in Matthew 16:19, I give you the keys of the kingdom of heaven. Whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. My Word and promises will not return void. Speak life into the situations and declare My goodness and mercy with faith. My bride, I beg of you to stop speaking death over your own life. Wake up, realize the power of the tongue, and use it wisely. The wise use their words to build, but fools choose destruction and to tear down.

One of My daughters learned the true power of words when she decided to put it to the test. Her mind was skeptical, but her heart was in the right place. She decided to speak life over her family, over her mind, and over her marriage. Each morning, she would speak life over her family: While she was making their breakfast, packing their lunches, helping them with homework, folding their clothes, and all the other tedious jobs that filled her day. She declared each morning that depression and anxiety didn't have a hold on her because she belonged to Me, and throughout the day, she spoke life over her mind. She encouraged herself and even

complimented herself instead of the usual tearing down she was so used to. She ended each day speaking life over her marriage, declaring that they would communicate better than the day before and that nothing would come between them. Seeing her growth and the spiritual seeds she was sowing was beautiful. Even though she couldn't see the difference immediately, in the spiritual realm, it was obvious. Pretty soon, she felt the difference: Her family was closer than ever before, and all the tedious jobs became a joy. She saw the blessing in her family, and her marriage thrived. Things that used to come between them were nowhere to be found, and her mind was clearer and more peaceful than ever before.

My daughter, learn from your sister and decide to speak life today over the situations that feel dead. Recognize the power of the tongue and use wisdom to speak life over every area of your life. Allow Me to reveal My goodness to you in this area and choose to speak life today.

FOUR STEP PLAN

Scripture

Take time today to read the following scriptures and meditate on them. Pick one and proclaim it throughout the day as a reminder to speak life and not death. Remember the power of the tongue and the authority of your Heavenly Father.

Proverbs 13:3 TPT

Guard your words and you'll guard your life, but if you don't control your tongue, it will ruin everything.

Job 22:28 NKJV

You will also declare a thing,
And it will be established for you;
So light will shine on your ways.

Prayer

Lord, thank You for reminding me so kindly of the power of my tongue. I declare that the words I speak will be words of life, not death. I come before You now and speak life into the situations I thought to be dead. I ask that You highlight the areas where I'm speaking death unknowingly. Make me aware, Father, so that I can begin to speak life where I have been speaking death. I ask that You will help me, Holy Spirit. Be my compass and my guide. Be the guard of my tongue and let no words of destruction exit my lips. Amen.

Activation

As you go about your day today, become aware of the things that you are speaking. If negative words are your default, streaming out of your mouth like a river, cut them off and replace them with words of life. Ask the Holy Spirit to reveal the root of the negativity and replace it with His truths. Ask the Father to reveal to you which areas you should speak life into.

Journal

Journal how your day went. How did it feel to choose life over death? Write down what you experienced as well as the areas that God revealed to you where you need to speak life and not death.

Father, thank You for speaking life over me and not death. I ask that You would help me to do the same. Amen.

DAY 17: YOUR BODY IS INCLUDED

The ways of wisdom are sweet, always drawing you into the place of wholeness. Seeking for her brings the discovery of untold blessings, for she is the healing tree of life to those who taste her fruits.

—Proverbs 3:17–18 TPT

One thing that most of us struggle with at some point in our lives is rest. We have so much to do that we fall into the trap of thinking that our worth as Christians, wives, daughters, sisters, employees, mothers, and friends is connected to how much we're capable of doing. Over the last couple of years, I've spoken to many women who are either recovering from burnout or taking drastic steps to avoid burnout. We love reminding ourselves of scriptures like Proverbs 31 and Proverbs 6 that speak of working hard, not being lazy, and being a woman of value. But my friend, using those scriptures in an unbalanced way to push yourself beyond what is healthy is not wisdom.

Your body is a temple for the Holy Spirit, and you were created in God's image. Do you really want to host the Holy Spirit in a run-down temple that is tired and hanging on by a thread? The Lord of

lords didn't create you in His image just so that you can push yourself and see how far you can go before you break. Even God rested on the seventh day, not because He physically needed it, but because it is good. He set an example for us to utilize our time and prioritize rest. You can honor the temple of the Holy Spirit by loving and caring for your body. Taking care of yourself as a whole means caring for your body, soul, and spirit.

One of the best ways to truly rest and rejuvenate your body, soul, and spirit is by practicing biblical meditation. I say biblical meditation because often, as Christians, we can have negative connotations associated with the word "meditation." But the truth is that God created meditation for us to connect with Him—to focus on Him. Meditation, or meditate, is mentioned 23 times in the Bible! It's simply letting go of distractions and filling your mind with Him. Meditation holds so many benefits proven by science that it's incredible to think that we don't use this tool that God gave us more often. Meditation helps with relaxing the body, renewing the mind, and de-stressing. It physically changes your brain waves from anxiousness to peace. By meditating on God and His character, we can access a rest that is deep and nourishing. In Psalm 46:10, we read that we are to be still and know that He is God. That is exactly the reasoning behind meditation.

The very well-known prophet, Bob Jones, gave a 100-year prophecy when he was still here on earth. In that prophecy, he said that the 2020s would be filled with the rest of God. My friend, I'm not saying or claiming for a second that the pandemic was sent by our Father, but I am saying that He can turn any situation into something good. What the enemy means to steal, kill, and destroy, God can use to give us rest. He is working in all things, and even in a mandatory lockdown, He was working within us. A lot of people rested for the first time in years during the pandemic. Others finally took time to meditate on His Word and found a deeper

purpose or new calling. Whatever the case, God created our bodies to receive rest; we should honor and value that.

Being kind to your body also includes eating healthy and drinking plenty of quality water. There are many examples in the Bible of how God instructed His people to eat or not to eat certain things. I'm not saying that we should all eat and live like that, but I am saying that you should invite God into your eating habits. As bizarre as that might sound, God wants to be involved in every aspect of your life, and when you ask Him for instructions and wisdom regarding your eating habits, He will be faithful and provide you with insight. Our bodies all work in different ways, and what works for you might not work for someone else. No matter the case, God holds the answer. He can help you to take good care of your body. It's your responsibility, however, to prioritize your eating habits and lifestyle choices enough to ask God about it. Another way that we can take care of our bodies is by having fun and laughing! In Proverbs 17:22, we read that a merry heart does good and is better than medicine. When was the last time you had fun and did something you enjoyed? Do you laugh often, or are you consumed by stress and anxiety? Take some time to focus on your body's well-being and do something you truly enjoy today. One of the ways in which I nurture my body, soul, and spirit is by being in nature and surfing. Exercising and enjoying the sunshine and fresh air is proven to be good for your physical and mental health (Weir, 2022).

Romans 8:2 in the New King James Version says, "For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death." As Christians, we've become quite good at believing we're free from sin, but we somehow leave out the part about death. I think we mainly ignore that part because we are scared of disappointment. Death is a heavy subject, especially if you've lost someone close to you. But death doesn't just represent physical death; it also represents death in our health, marriages,

relationships, finances, and even our minds. Jesus came to set us free from death, and He gave us life in abundance. It's time that we start believing that He didn't just come to set us free from sin but also to set us free from death.

In Genesis 5:24 and 2 Kings 2:11, we read the stories of Enoch and Elijah. Did you know that neither Enoch nor Elijah ever physically died? They were blessed enough to be taken straight into the heavens. How amazing is that? The law of death had no effect on them because the God who created the heavens and the earth is more powerful than any law. Do you believe that? Do you believe that your body was created by God, who is stronger than death? It's time that we start believing that our bodies are also included in the price that Jesus paid.

FOUR STEP PLAN

Scripture

1 Corinthians 6:19–20 NKJV

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

John 10:9–10 NKJV

I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

Prayer

Thank You for my body, Jesus. Thank You for dying for me so that I can be alive in You! Father, I pray that I will fully embrace this body that You have given me and live my life full of energy and vibrancy for my body, soul, and spirit. I ask that You help me to see the areas where I need rest and recognize where I've been pushing myself beyond a point of health. Thank You for being the perfect example. Thank You for freeing me from sin and death. Amen.

Activation

Get up, find a mirror, look at yourself and say, "I am made in God's image. I am beautiful. I am fearfully and wonderfully made. I am loved unconditionally. I am worthy. I am enough!" If you are struggling to proclaim these things, your next step is to ask the Father to reveal to you the lies that you've been believing about yourself. Once He reveals the lies to you, let them go, forgive who you have to forgive, and then replace them with the truths that He speaks over you. Ask God to share His view of you. Repeat these truths over and over again. Practice it in the mirror until it sinks deep within your soul.

Journal

Write down your experience and the truths God revealed about who He says you are. Write down how this makes you feel and be sure to come back to these truths whenever you feel like you're falling back into old habits of not appreciating, loving, and caring for your body.

Father, thank You that my body was included in the price that You paid. Thank You that I can walk in freedom, knowing that You set me free from sin and death. Amen.

SECTION 4: THE FRUIT OF WISDOM

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me. –Saint Patrick

I love this poem from Saint Patrick. It inspires me to comprehend how omnipresent the Lord our God truly is. We've reached the final section of this 21-day journey: The Fruit of

Wisdom. In the previous section, we dealt with a lot and embraced all the keys to allowing wisdom to reign in your life fully. But what happens when we do so? What happens when we embrace wisdom in our lives? Well, the Bible tells us that being wise bears fruit. Over the next four days, we'll dive into four of the fruits that wisdom produces:

- Becoming love
- Clarity and confidence
- Rest
- Maturity

Over the next couple of days, I want to encourage you to allow God to reveal these fruits to you and plant the seeds of wisdom deep within your heart and mind.

Father, I speak life over these next couple of days. I proclaim that these last four days will be a fruitful time in the spirit and that You will pour out Your wisdom, insight, guidance, and love over each beautiful daughter that is journeying with You. I pray that in Your name alone. Amen.

DAY 18: BECOMING LOVE

A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are my disciples, if you have love for one another. –John 13:34–35 NKJV

My dearest daughter, I adore you so much. I look at you, and My heart smiles; pride beams within My eyes as I behold you. My love for you is like a never-ending river, constantly flowing, carrying you to a place of rest and restoration. I've seen the beginning, and I've been to the end, and nowhere does My love for you end. My love for you is more than the sand on the beach and bigger than the highest mountains. My love for you is unchanging and everlasting. You, My beloved, inspire poetry and love songs. Oh, how I wish you could experience even a fraction of My love for you! I hope you've also found love on this quest for wisdom because wisdom looks like love. When you walk in My wisdom, you will have no choice but to believe and experience My love for you! The answers you seek will only be found within My love.

Some of My children have made love cheap. They say they love

one another, but it's superficial love, not covenant love. They believe in contract love, a love that can end when they feel unsatisfied. My love for you is covenant love: There is no end to it. I will love you forever. If you're looking for a definition of love, don't go looking in the world. Love in such a way that the world will come looking at you. Hold fast to 1 Corinthians 13:4–7 TPT, which says,

Love is large and incredibly patient. Love is gentle and consistently kind to all. It refuses to be jealous when blessing comes to someone else. Love does not brag about one's achievement nor inflate its own importance. Love does not traffic in shame and disrespect, nor selfishly seek its own honor. Love is not easily irritated or quick to take offense. Love joyfully celebrates honesty and finds no delight in what is wrong. Love is a safe place of shelter, for it never stops believing the best for others. Love never takes failure as defeat, for it never gives up.

That is love. My daughter, I am Love.

When you receive wisdom, you will also receive the fruit of insight, and you will understand that wisdom is not about theology or proving to others that what you believe is right. Wisdom leads to a better understanding of love. You are called to love Me, the Lord your God, with all your heart, soul, and mind and to love others in the same way you love Me. Beloved, look in the mirror, see what I've created, and know that it is good. You don't have to act or dress a certain way to receive love, so don't wait for others to do certain things before you love them in return—love them regardless. It is the power of love that is capable of changing the world, and you are a carrier of this powerful love. When you walk in wisdom with Me, you will soon find that your focus will shift. You will stop trying to love others and focus on becoming love. When you embody love, you will operate at a

higher frequency. You will function in My frequency—the frequency of love.

The more you start to love others instead of judging them, the more your frequency will awaken the light within them. Your love will call them out of the darkness and into My truth. My daughter, I am calling you higher than merely preaching words at everyone you come across about love. What good is preaching words when they cannot see evidence of the thing you're preaching about in your own life? I am calling you to become love! Your love is what will lead the prodigal sons home. My darling don't be nervous; I will show you how to become love. All you have to do is walk in intimacy with Me, take your place in unity with My Word, and receive the revelation that you are loved so deeply. Soon My love will flow out of you and into places where you thought it would be impossible to find love. You will be able to walk into a room and change the atmosphere as a carrier of My love.

It's time to stop the division. I've seen My church turn My children away based on their beliefs, their looks, or their status. My church has been suffering for too long because of the "us vs. them" mentality. I am calling you to love others deeply. Show the world that I still love them, no matter where they've been or what they've done. I am Love, and I am within you.

A daughter of Mine, Nancy Coen, is exceptionally blessed with an atmosphere of love. She carries a deep revelation of My love for her, and she carries that with her no matter where she goes. She doesn't just love in the safe and expected places; she loves in the most dangerous, darkest places of the world. She's seen lives transformed radically by becoming love and radiating the frequency of My love to people who have been in deep darkness. One of My favorite moments with My daughter, Nancy, was when I sent her to The Headhunters, a cannibalistic tribe known for their cruelty and savage ways. I called her there not to test her but because there was something hidden in My children there, and I wanted to see

them step into My light. I sent her there, and one of the headhunters threw a spear at her, trying to kill her, but it couldn't touch her. I sent my angels with her to protect her from all evil. The headhunter tried a second and third time, but the spear fell to the ground before her each time. She then called out to Me and asked Me to pull back the veil so that the headhunter could see the multitude of angels that were protecting her. As I pulled back the veil, he saw the light, fell to the ground, and gave his life to Me.

My daughter, just like I have a special call and purpose for Nancy, I have a special call for your life too: Love and be loved.

FOUR STEP PLAN

Scripture

I truly pray that as you read these scriptures, something will shift in your heart today. I pray that you will experience a deep understanding of the love of God and be so filled with it that you won't be able to not share it with everyone you encounter.

1 Samuel 16:7 NKJV

For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart.

John 1:9 AMP

There it was—the true Light [the genuine, perfect, steadfast Light] which, coming into the world, enlightens everyone.

Prayer

Thank You for Your love, Father God. I receive it. I open my hands, heart, mind, and soul and I receive Your covenant love for me. I experience Your love now as it rushes over me and overflows me. Let it spill out of me into the people that you bring across my path. May I be a carrier of Your light, intentionally pouring Your love into the corners of the world that we've been avoiding. Father, I pray for fresh eyes to see people the way You see them, through the lenses of Your love. Amen.

Activation

As you go about your day today, look at every person you encounter through the lenses of love. Allow God to love them passionately through you, just as He loves you unconditionally. Let your actions speak louder than your words as you become love.

Journal

Journal your experience and how you encountered people differently today. Did you feel a difference within yourself? Did you sense a difference in those you encountered?

Father, thank You that You love me in abundance, and thank You that I can now do the same. Amen.

DAY 19: CLARITY AND CONFIDENCE

As you listen to me, my beloved child, you will grow in wisdom and your heart will be drawn into understanding, which will empower you to make the right decisions. –Proverbs 23:19 TPT

When we started this journey, I mentioned that some of you might be here, reading this book because you're not sure which decisions to make. When we're young, we make decisions with such boldness and fierceness, but with the confusion of the world and the fear of making mistakes, we start to doubt our own abilities to make the right decisions. Well, in retrospect, it's a good thing to doubt your own ability when you're only relying on yourself. But with the wisdom and insight of God, we get to turn a page and make decisions with confidence and clarity. When God speaks, we don't have to doubt whether we're doing the right thing or not; we only have to trust His voice and be obedient.

Despite all the chaos and change in the world, we, as Christian women, get to confidently make decisions as a fruit of wisdom. Just like it says in Proverbs 23:19, wisdom will empower us to be bold and confident. The road to wisdom, however, is not an "I do it

once, and it's finished" kind of road. It's a constant journey with the Most High. After these 21 days, you may not get it right every time or have all the answers. But you know what you will have? The right tools to consistently seek God and build pathways in your mind of clarity and confidence. They say it takes 21 days to build a new habit, so by the end of this journey, you should've built the habit of seeking God and finding wisdom within Him. Isn't that spectacular?

My heart for you and for this journey is that you will have truly built the habit of seeking God daily. Putting Him first and giving Him your yes is the best decision you can make daily. In Matthew 6:33, we read that we should put God first, actively seek Him, and then everything else will be added to us. When we seek God first, before freaking out, before calling our friends to vent, before trying to fix it in our own power, but truly seeking God, we will find wisdom and insight that isn't obtainable any other way. Only through the Father can we make decisions confidently, knowing that the God of the universe has given us the answers we seek.

The key lies in not just seeking God to find answers but in being open to God challenging our mindsets. The Holy Spirit recently challenged me regarding some of my mindsets, which turned out to be religious mindsets. He asked me why I believe what I believe, and to my surprise, I found that my number one answer was, "well, because that's what I've been taught." To this, the Holy Spirit invited me to dig deeper. I began a journey of discovery, researching topics that the Lord put on my heart, and to be honest, I was deeply challenged by some of the origins of my beliefs. It wasn't comfortable, but it was an eye-opening experience that truly shook me to my core. But that is the beauty of wisdom and our God. He shakes things up until only the unshakable is left: Him. As I surrendered to Him on this journey, my trust in the Lord has deepened, and I've found so much clarity and confidence in what I believe now. The Lord fine-tunes us in order to develop and

sharpen our discernment, so we are able to walk a path of wisdom all the time. When we dig deeper into our relationship with God, we receive unexplainable clarity and confidence.

My friend, it's time to commit to wisdom fully, not only to receive the fruit of clarity and confidence but to build a deep relationship with Father. He will not leave you hanging, and He will never abuse your vulnerability. Choose to surrender to Him again today. Lay down all your fears and all the questions that you have, and just receive His love for you. Seek Him for who He is, not for what He can give you, and you will find that He is right here with you, amidst the chaos and the chatter.

FOUR STEP PLAN

Scripture

Read today's scriptures and meditate on them as you go about your day.

Proverbs 10:13 TPT

Words of wisdom flow from the one with true discernment. But to the heartless, words of wisdom become like rods beating their backside.

Romans 12:2 TPT

Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in His eyes.

Prayer

Thank You, Jesus, that You are my Shepherd and that You provide everything that I need daily, including the wisdom that I need to confidently make the right decisions according to Your will. I ask that You help me to become more aware of Your wisdom as the day progresses and that I would continue building the habit of seeking You daily. Father, thank You for not hiding from me and that I always find You when I seek You. I love You. Amen.

Activation

Today, let's practice meditation to renew our minds. We'll start with a five-minute meditation; unless you're well experienced, then you can meditate for as long as you'd like. Start by getting comfortable, away from all and any distractions. Use a small portion of scripture to start (I recommend choosing one verse that really speaks to you) and take your time to focus on this scripture. Allow the Holy Spirit to breathe on the scripture and to bring it to life. Focus on the fresh revelation that the Holy Spirit imparts into your mind. You can even break the scripture into smaller pieces, meditating on it word for word.

If you find it hard to meditate or struggle to still your mind, use a scripture that addresses the situation, such as "Be still and know that I am God." Psalms 46:10 (NIV) You can also try using a meditation app; just make sure that it is Christian based. Remember, meditation is letting go of all the other distractions bombarding our minds and focusing our attention on Jesus and allowing Him to saturate our minds and our whole being with His glorious presence.

Journal

Journal everything that the Holy Spirit revealed to you during your meditation time. Take note of the scripture that you used and how your perception of this scripture has now changed or deepened.

Thank You, Lord, for taking care of my needs and renewing my mind so that I can seek You first. Amen.

DAY 20: REST

But the one who always listens to me will live undisturbed in a heavenly peace. Free from fear, confident and courageous, that one will rest unafraid and sheltered from the storms of life. –Proverbs 1:33 TPT

God has been speaking to me a lot about living from a place of rest. I have mentioned previously about the importance of rest for our body. But the rest I am talking about here, goes even deeper than that. It took me a while to understand what God was trying to teach me, and I'm sure I'm far from knowing and understanding all there is, but I've learned that living from a place of rest is all about *being* rather than *doing*. The absence of the need to do is true rest.

Over the last couple of years, it's become overwhelmingly clear how many people struggle with burnout. Young and old cases have been popping up all over the world. We push ourselves to the point where we cannot physically and mentally keep up anymore. I'm sure we have all experienced this to some degree at certain times in our lives. For a long time, I saw rest as a recovery period. I worked and served until I couldn't anymore, recovered, and then

repeated the process. I thought that was how things should be done, especially when you look at the world. But God truly spoke to me about the importance of living out of a place of rest. Living in God's rest doesn't mean you sit around all day doing nothing. It simply means you prioritize being in His presence, and from that place of peace, you then complete the work He has prepared for you to do. I love looking at the example of Mary and Martha. Before anything else, Mary sat at the feet of Jesus. She rested in His presence, soaking up His wisdom and guidance. It's not like Martha didn't want to do this too. I'm sure she also wanted to sit at the feet of Jesus; otherwise, she wouldn't have gotten so annoyed with her sister. Yet, she had a list of things that she needed to do before she felt she could rest at His feet in His presence. I am personally so guilty of that. "I'll spend time with You, Lord, as soon as I finish with X, Y, and Z." I understand the demands of life, especially having children. So, for me, I started getting up earlier to spend time sitting at the feet of Jesus, in that window of stillness, before the kids got up. That one little change has made such a huge difference in my life.

Rest is yielding to God's will and ways, which means living by faith, being obedient, and trusting in Him. True rest can only come from a place of living within His flow and ease. That's not to say that difficult things will never cross your path, but when you have that deep relationship with God, even in the most difficult of times, you can rest in who He is, trusting Him to provide you with everything that you need. Nothing is as tiring as moving in the opposite direction to God. When we struggle against His will and ways, we experience a level of tiredness that penetrates deep within our bones. When you rely on His plans and His flow, you will save yourself a whole lot of energy. In Hebrews 4:10 in The Passion Translation, it states so clearly that "As we enter into God's faith-rest life we cease from our own works, just as God celebrates his finished works and rests in them."

Circumstances around you may be crazy, but you can still be in a place of rest even within the storms. In Mark 4:37–40, we read how Jesus literally slept in the middle of a storm, and when the others were scared and woke Him up, He asked them where their faith was and why they didn’t trust Him.

My sister, do you trust God within the storm, or are you trying to work for your rest? Are you too busy and neglect your rest? It might sound weird, but even being busy with good things can be a bad thing sometimes. Martha was busy preparing food and being a good host. She was doing what she thought was expected of her, yet she could have been resting at the feet of Jesus. It’s okay to say no, even to good things. There was a time when I had to start saying no to church-related activities because I was simply juggling too many balls. My husband and I were very involved in our previous church, and we were part of nearly everything we could. We were doing these things because we genuinely wanted to serve. When you are in leadership, naturally, expectations also increase, and don’t get me wrong, all the things we were involved in were really good things. But coupled with jobs, young children, and life in general, somewhere, we crossed over a seemingly invisible line into a place of “doing” instead of “being.” We had started allowing busyness to steal our rest, and that is when we asked God, “what is it that You truly want us to do?” So, when God suddenly shifted us to the other side of the country, it wasn’t a surprise that He said to me, “Now that I’ve got your attention, we can begin.” And the first thing He truly wanted us to focus on was resting at the feet of Jesus like Mary, and pursuing greater intimacy with Him. Because from that place of deep intimacy with Jesus, everything else flows.

If you are feeling stretched thin, I want to encourage you to go before God and lay it all down. Ask for His wisdom to guide you in what you should say no to and what you should take on. Don’t wait until you have burnout to prioritize rest. Use wisdom to guide you into a place of true rest, even amidst the storm.

FOUR STEP PLAN

Scripture

Hebrews 4:10 TPT

As we enter into God's faith-rest life we cease from our own works, just as God celebrates his finished works and rests in them.

Mark 4:40 TPT

Then he turned to his disciples and said to them, "Why are you so afraid? Haven't you learned to trust yet?"

Prayer

I declare today that as I listen to You, Lord, and follow Your will and ways, I will live undisturbed in heavenly peace. I declare that I will find rest in the storm, free from fear and confident that I am sheltered by You. I hold firmly to Your promises, and I declare that I will not allow burnout and anxiety to enter my life. Father, Your rest is what I crave. Amen.

Activation

When you spend time with the Lord today, bring each of the things that you "do" before Him. Ask Him if these things are from Him and if they are things that He really wants you to be doing right now. If He says yes, ask Him to guide you in managing your time so that you can find rest within the busyness and not do things in your own strength. Have an honest conversation with

Him, and if He tells you to change things or lay some things down, I want to encourage you to be obedient to His voice.

Journal

Journal your conversation with the Lord, and as you are obedient to what He says, take note of how your life begins to change.

*Father, thank You that I can live from a place of “being” and not “doing.”
Amen.*

DAY 21: MATURITY

For all creation is waiting eagerly for that future day when God will reveal who his children really are. –Romans 8:19 NLT

Wisdom is such a gentle and beautiful concept. I used to think of wisdom as an old woman, sitting on her porch in her rocking chair, looking on as the neighborhood lived its life. I'm not sure how I got to that picture, but God challenged me on this point of view. I think it's because I saw wisdom as being passive. After reading through the book of Proverbs again, I realized that wisdom is quite the opposite of that old lady just watching everyone pass by. Wisdom is described as laughing, dancing, and playing and is, in fact, very active! We read in multiple verses in Proverbs that wisdom walks the streets, crying out to people to listen to her, begging people to take her insight into consideration. Wisdom's attributes should be active and on display in our lives, for our benefit, and for those around us. One of the fruits of wisdom is maturity.

Despite what some may think, maturity as a fruit of wisdom is not based on how long you've been in church, how many Bible

schools you've attended, or how many scriptures you can memorize. Maturity is when you have a deep trust and intimate relationship with God and operate in the deeper things that He manifests here on earth and in the heavens. Maturity goes beyond knowledge. Someone can tell you about God until they're blue in the face, and it will help you to a certain point, but there comes a time when it requires a level of maturity to take responsibility for your faith and encounter God for yourself.

Maturity is when you become aware of who you truly are in Christ and start operating from your true identity. In Colossians 3:4 in The Passion Translation, we read, "And as Christ himself is seen for who he really is, who you really are will also be revealed, for you are now one with his glory!" So, where does it start? How do we start to mature in our faith? God revealed to me that maturity in Him is directly related to our level of surrender until it is no longer I who lives, but Christ who lives in me. Maturity also starts by asking questions. Don't just accept as I did, beliefs that had been handed down—dig deeper and go to the source itself. Ask God for the truth; He will provide you with the answers you need. In the Jewish culture, it is considered a compliment to the Rabbis when their students ask more questions at the end of a lesson than they did at the beginning because they want to teach students how to think and question what is presented to them as the truth. It is important to note that there are truths and then there are higher truths. What do I mean by that? Well, take the old covenant that was adhered to in Old Testament times. It is true and good, but when Jesus came, He revealed a higher truth through the new covenant. You see we are all on a constant journey towards maturity and we are all at different stages on our journey. God is revealing things to us now that He has never revealed in previous times. Just like Jesus revealed radical higher truths to the people of His time, Jesus is revealing radical higher truths to us now in these times as we step into a new era and grow in wisdom and maturity

in Him. Therefore, we need wisdom more than ever! In Ephesians 4:14 TPT, we read that “And then our immaturity will end! And we will not be easily shaken by trouble, nor led astray by novel teachings or by false doctrines of deceivers who teach clever lies.”

Maturity leads to clarity and discernment, something we all need a lot of when we look at our world. There are so many teachings out there claiming to be the truth that it can get really hard to see the truth within the lies. With the maturity that wisdom provides, it will become clear to us what the truth is, not because we are smart or intelligent, but because we have the living God within us to guide and direct our steps. But for that to be the case, we need to develop our own personal relationship with God. You can’t rely on your pastor, or small group leader, to spoon-feed you the Word of God each Sunday or each session. If you do, then you will remain a baby. They can’t develop your relationship with God for you. Of course, we should always honor our leaders and I have already spoken about the value of mentorship. However, it is ultimately our own responsibility to grow our relationship with God in order to mature.

As we’re coming to the end of our 21-day journey, I want to encourage you to continue the pursuit. There is an awakening happening across the earth, and I believe that God is shifting us from experiencing Him and His kingdom intermittently to experiencing His fullness continuously as children of God and the Bride of Christ. There will be fruit in this union you have with God. I believe that signs, wonders, and miracles will start to break through, and as it says in John 14:12, we will do even greater things than Jesus did when He was on earth. I know that you are being called deeper into this place of union with the Trinity, and I want to encourage you to continue to allow Him to move within you after the 21 days are over.

We are kingdom people having an earthly experience, releasing light on earth through us as doorways. –Liz Wright

When Jesus died on the cross, our former selves died with Him. We were buried with Him, and then we also rose with Him as new creations. This is our reality! We are new beings, full of power, light, life, love, peace, and joy! This earthly realm does not define us; we are meant to define it by bringing His presence and shining His light.

FOUR STEP PLAN

Scripture

Ephesians 4:14–15 NLT

Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.

Colossians 3:4 TPT

And as Christ himself is seen for who he really is, who you really are will also be revealed, for you are now one with him in his glory!

Prayer

Father, I want to grow more mature in You. I now open my

heart to the deeper ancient pathways You want to lead me on. I count the cost and trust You, Lord, and I give You my Yes! Lord, I ask that You will continue to meet me in this pursuit of a closer relationship with You. Amen.

Activation

Today, open your heart to the Father and allow Him to reveal some of His greatest mysteries to you. Trust Him to lead and guide you and enjoy the ride as you step into your true identity as a child of God.

Journal

Journal the encounter you have with God and ask Him to give you guidance on how you can continue this journey further. Write it down, meditate on His truths and His call for your life, knowing that it will become a reality through an intimate relationship with your Heavenly Father.

Lord, thank You for loving me so deeply and helping me mature in Your Word and in Your ways. Amen.

CONCLUSION

Follow those who follow wisdom and stay on the right path. For all my godly lovers will enjoy life to the fullest and will inherit their destinies.

–Proverbs 2:20–21 TPT

My lovely friend, this marks the end of this 21-day journey, but it also marks the beginning of the rest of your journey. I hope and pray that you've been blessed beyond measure through this book and that you've developed a deeper intimacy with the Trinity. I sense the Lord saying that He is proud of you and that there is a seat at His table for you to go and feast with Him. By His grace and love, you can apply wisdom to your everyday life. You now have the tools to walk in close intimacy with Him. I sense such a special moment in the spirit, like at a wedding when the bride and groom have their first dance. Jesus is extending His hand to you for a first dance. His love for you is beaming out of Him and shining on you. Take the hand of your first love and focus on His eyes. In this moment, forget the rest of the world and allow the close intimacy to grow and a deeper relationship to cultivate.

After these 21 days, I hope that you feel equipped. You might

CONCLUSION

have started this journey feeling confused and overwhelmed, seeking Him for guidance and a deeper relationship. I pray that you now feel confident in His wisdom, not because of something I've done or something you've done, but because of who He is. I want to encourage you to continue applying and reinforcing the principles you've learned over the last 21 days. Continue to build a habit of seeking Him by reading the Word, praying, activating what you've learned, and journaling with Him daily.

I also want to encourage you to pray and ask the Holy Spirit if there are any specific days that you need to repeat, or even if you feel like you want to go through the 21 days again. Be open to hearing from God what the next step is. Perhaps repeat the 21 days with a friend or a small group this time and revisit your previous journaling to remind yourself of the progress you've made.

My sister, I would love to hear your story and continue this journey with you, so please feel welcome to share your testimonies with me by contacting me via my website at www.rachaelwhelan.com.

Before we say goodbye, I want to give thanks and glory to God and pray over you for your journey forward.

Lord, You are so good and magnificent. Thank You that Your love seeks us out and always finds us. Thank You that you died on the cross for our salvation, and rose again, leaving behind an empty tomb. I glorify Your name, and I stand in awe before You. God, I pray that the woman reading this will be blessed into the deepest parts of her bones. I pray that You will not only bless her but her family and her entire legacy. I ask that You guide her on the next steps. Thank You that we can stand on Your truths, knowing that this journey is not over but that You will be with her and never forsake her. Lord, it is written that those who seek shall find, so I pray that this beautiful woman will find You in her daily walk of life. I pray that Your presence will be overwhelming and undeniable, even in the mundane. Thank You for imparting Your wisdom to us so that we can live wise. I pray this all in the mighty name of Jesus. Amen.

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Rachael Whelan has a huge desire to see others step into their true identity as sons and daughters of God. She has years of experience in various ministry leadership roles with a particular passion to see people encounter God and experience the supernatural for themselves. Her heart is to pass on the wisdom she has learned through her own personal journey, to encourage others towards a deeper relationship with God. She shares through books, a blog, speaking, and other social media platforms. Rachael currently lives in New Zealand with her husband and two children.

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